Map of the book **

| | Topic | Listening and speaking | Reading | Writing |
|-----------------------|-----------------------------|--|--|--|
| UNIT 1 P 001 | How is language learned? | Advice on how to learn English Difficulties in learning English | A. General tips for language learning B. Why are bilinguals smarter? | The importance of learning English |
| UNIT 2 P 021 | Knowing our body | Which body part is the most important? Discussion on important body parts | A. The most important body partB. Body language in business | Experience related to body parts |
| 3 P 041 | Food | Natural and healthy foodFood problems | A. A wine and cheese party B. Food not just for eating | E-mail about planning a party |
| UNIT 4 P 064 | Help and responsibility | A real story about a brave and faithful dog Discussion about responsi- bility | A. How to be some- body? B. Heroes among us | A situation you need help badly |
| 5 P 084 | What's playing tonight? | Getting together for a filmInviting friends to a film | A. Steven Spielberg B. Film reviews | Favourite films |
| UNIT 6 P 103 | Where is your opportunity? | How to seize opportunities for success? A poem about life by Mother Teresa | A. When the door of opportunity opensB. Is your opportunity really too good to be true? | Views on success and opportunity |
| 7 P 122 | Does money make you happy? | Two British men's livesHappy or unhappy life | A. The more money, the happier? B. The stone soup | Views on money |
| UNIT 8 P 143 | Do you stereotype people? | Stereotypes about different nationalities Discussion on stereotypes | A. You kids are all alike B. Tourism does not change national stereotypes | Writing about Chinese people in the south and north |
| 9 P 163 | Person of the millennium | The choice of the person of the millennium Most influential people in China | A. Who is the "Person of the Millennium"?B. Steve Jobs' Stanford commencement speech | A great person's life and work |
| UNIT 1 () P 184 | The creative brain | Brain powerHow to improve the brain power | A. Creativity and the brain B. Creativity takes practice | How to become more creative? |

Appendix: Glossary

| | Grammar | Vocabulary | Project | Culture tips | Learning to learn |
|--|--|--|---|---|---|
| | Countable and uncountable nouns | Ways of word formation | The best way to learn English | Gestures | Attitudes towards learning English |
| | Comparatives and superlatives | Base adjectives and strong adjectives | A portrait of a person's body part | Human body and English idioms | Study English with friends |
| | Tag questions | Suffixes "-en", "-ify", "-ize" or "-ise" | Preparing for a food fair | Food proverbs | Extensive reading in English |
| | Indirect questions | The suffix "-able" to form adjectives | Find someone who once helped in | Why don't we ask for help? | Techniques of recording new words |
| | Modal verbs | Prefixes "en-" and "em-" | Making film posters | American movie industry | Ways to record the meaning of new words |
| | Past tenses | English idioms | How do they live? | Every dog has his day | Ways of studying English |
| | Negative form of asas | Antonyms | The happiest job | Credit cards | English learning outside the classroom |
| | Emphatic structures | Synonyms | Stereotypes in advertisements | Brazilians voted best tourists, Germans worst | Habits of learning English |
| | Defining and non-defining relative clauses | Word class | Choosing the greatest Chinese in the past 1,000 years | Psalm of Life | Evaluate your English knowledge and skills |
| | Parallel structures | Phrasal verbs with take and put | Brainstorming: A way of thinking | Intelligence across cultures | Continuing English study after this course |