



Lesson Plan Presentation

Introduction of our teaching

Targeted contents

Teaching aims

Targeted students

Teaching procedure

Teaching methodology

Reflections and highlights



Teaching contents



Unit 1 Good to Great



Explore the meaning
of success

1

2

Discuss the different
routes to success



New College English (4th Edition) Book 1 Unit 1

Targeted students

01

Freshman

02

Non-English majors

03

Normal university

04

CSE (Level 4-5)

05

**Relatively good at reading
and listening**

06

Willing to speak when motivated

07

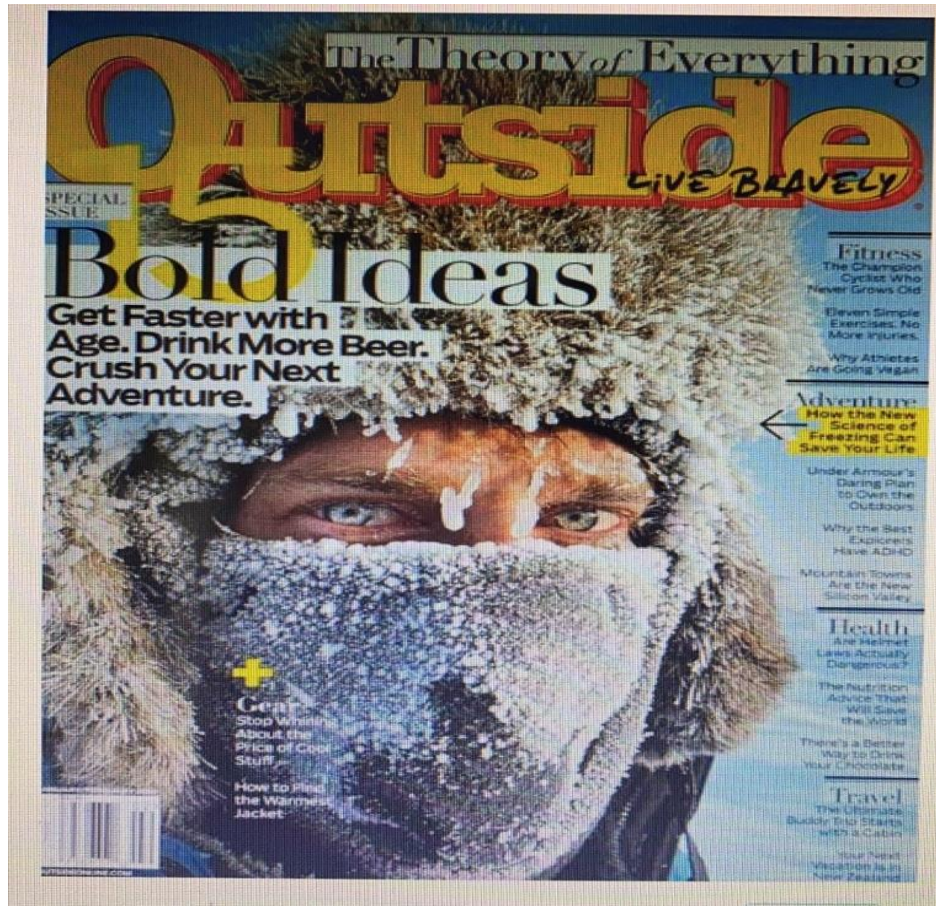
**Find critical thinking and productive
writing as challenging**

Post-reading



Reading 2 It's **OK to be good enough**
and not great

From reading to thinking and writing



Redefine the “good-enough mindset”



The core principle is striving for your personal best, but not pushing yourself too hard



The true nobility is in being superior to your previous self.
(Ernest Hemingway)

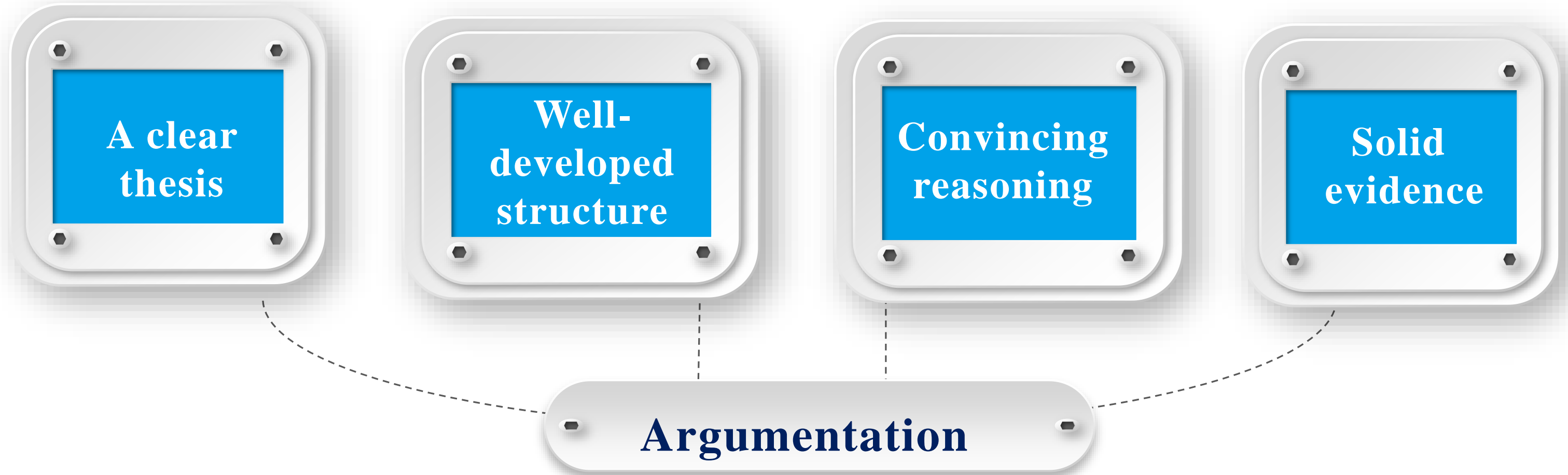


An Eastern philosopher on suggests that true success means feeling content with the unfolding of your life. It is “finding happiness in your work and life, in the here

It's OK to be good enough
and not great



Scaffolding for productive writing tasks



Teaching aims

Students will be able to:

1

✓ **Think critically** about the “good-enough” mindset by referring to its defining features in the passage

2

✓ **Form their own grounds** on the different routes to success by brainstorming

3

✓ **Foster a more positive attitude** towards success by writing a speech draft with the help of the scaffoldings from the text

Teaching methodology



• Deep Learning Approach

• 深度学习理论

(崔允漷, 2016; 郭华, 2016; 安富海, 2014; 曾家延, 2017; Marton & Saljo, 1976; Jannifer, 2015; Heather, 2013)



• Deep Teaching based on Deep Learning Approach

• 基于深度学习理论的深度教学

Adapted Version

01 **Real-life puzzles**
真实情景 问题提出

Starting out

02 **Inquiry of conflicts**
认知冲突 主题探究

Understanding

03 **Critical thinking**
多元思辨 迁移创造

Developing ideas

04 **Inspirations and values**
以读促写 感悟升华

Presenting ideas

An English speech contest

Always striving to be great
It's ok to be good enough

Re-examine the meaning of success

**Found own grounds in the form of a
speech draft**

Production-Oriented Approach

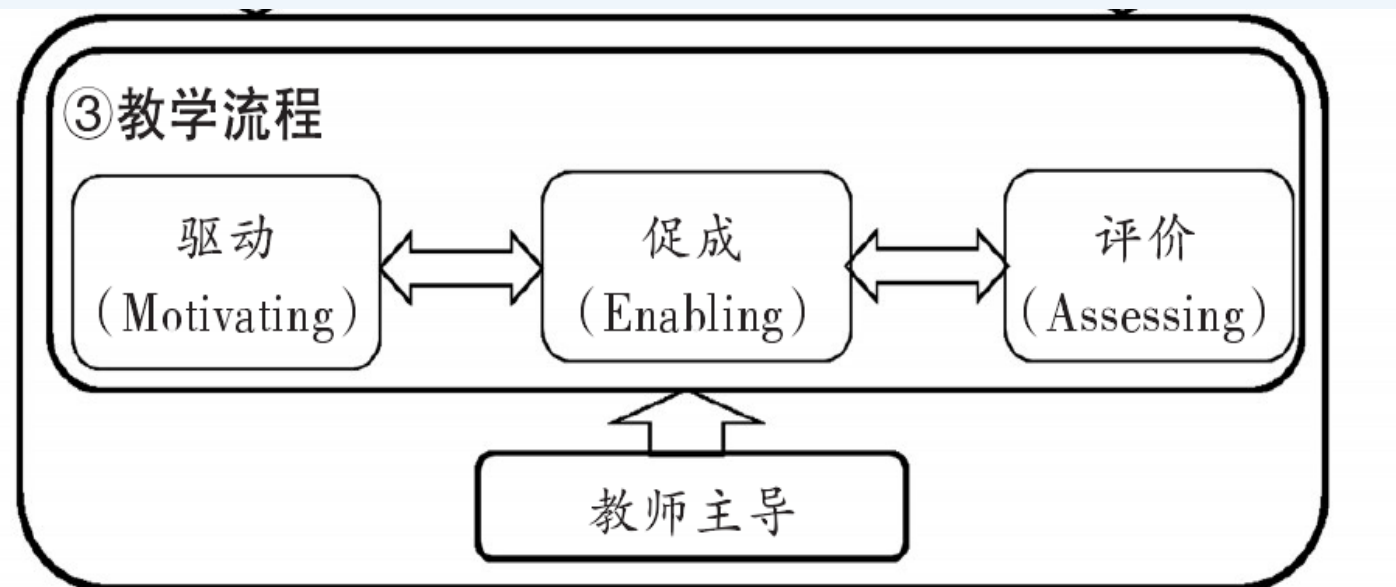


图1 POA 的理论体系(改编于文秋芳 2015: 548)

Output-driven and input-enabled hypothesis.

Start with production and end with production through enabling activities.

Teaching procedure



01

Setting a real-life situation of a speech contest ——“Success in my eyes”

(Motivating)

02

Defining features of “good-enough” mindset

(Analyzing)

03

Re-examining the meaning of success

(Evaluating)

04

Founding own grounds from diverse perspectives

(Creating)

05

Writing a speech draft with the scaffoldings

(Assessing)



Checklist for assessment

After reading the speech draft, I know

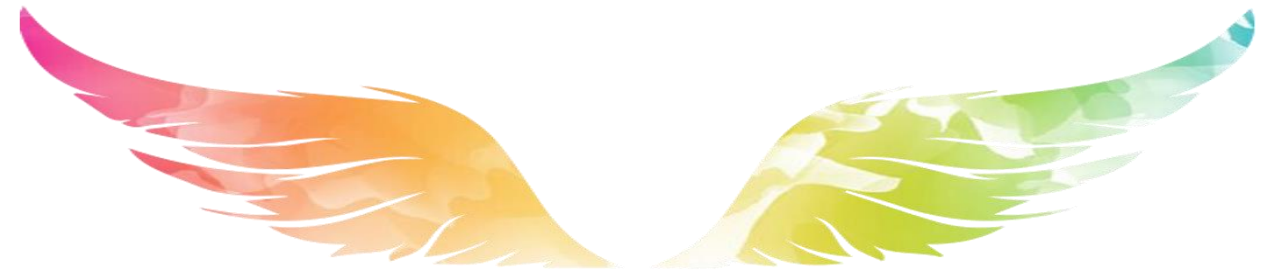
- ★ his /her definition of success YES / NO
- ★ clear defining features of success YES / NO
- ★ his/her route to success YES / NO

In the speech draft, I can find the following features

- ★ clear thesis statement YES / NO
- ★ using contrast, parallelism etc. YES / NO
- ★ using examples to illustrate YES / NO
- ★ using helpful expressions in the text YES / NO

Total: _____

Reflections and highlights



(1) Education is not the filling of a bucket, but the lighting of a fire!

(William Butler Yeats)

(2)... interpretation and response are the core of a text-based lesson.

(Nuttall, 1982)

(3) “借文本之例，得语文之道” (叶圣陶)


Text is a medium for creating learning opportunities.



追夢
在路上

UNIT 1 Good to Great

Text B It's OK to be good enough and not great



Learning objectives

Think critically about the “good-enough” mindset

Form your own grounds on the different routes to success

Write a speech draft on “Success in My Eyes”





What is your understanding of success?



making _____ to the society.

feeling _____.

changing people for _____.

...

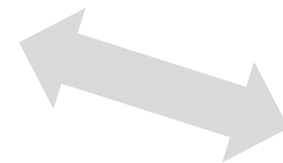
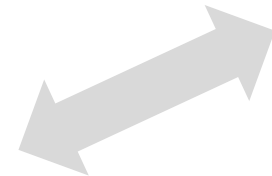
A popular notion (Text A)

Making
maximum
efforts

Success

Dreaming
big dreams

Striving
to be
great





A counter notion (Text B)

It's OK to **be good enough**
and **not great**

Post-reading:

From reading to thinking and writing

Step 1 | Reexamining the author's view

A “good-enough” mindset
might be the key to

being great and happy

Writing strategy 1: Defining success by **contrast** & **parallelism**

Success is about

*feeling **content** with your life (Para.4)*

*doing something with a **relaxed mind** (Para.6)*

*being grounded and at **peace** (Para. 8)*

Success
is not about

*making **heroic efforts** every day (Para.5)*

***overextending** yourself in training (Para.6)*

*striving to meet **ever-increasing** expectations (Para.7)*

(From Text B: P15-16)

Writing strategy 2: Illustrating with examples (Paras. 6-7)



Player B

Player A

Player A:
free, relaxed, peaceful

Player B:
*anxious, distracted,
frustrated*

Step 2 | Evaluating the good-enough mindset

Success = Personal best + A good-enough mindset

A bold idea

**Another route
to success**

Core principles of “good enough” mindset

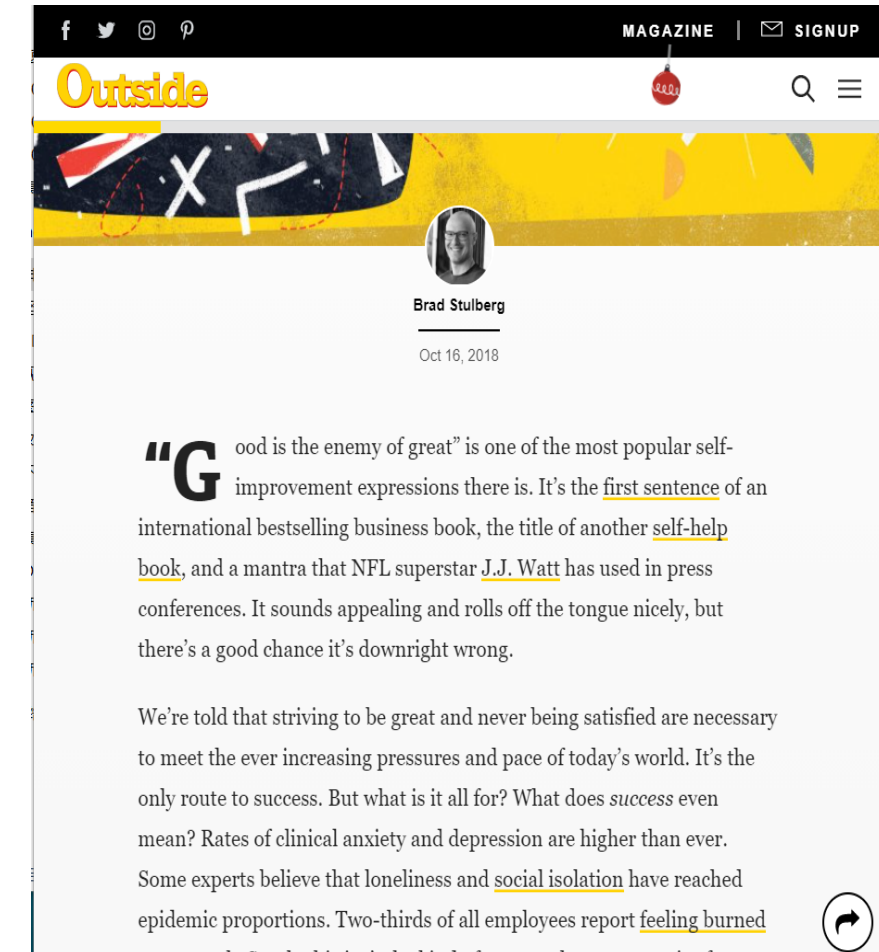
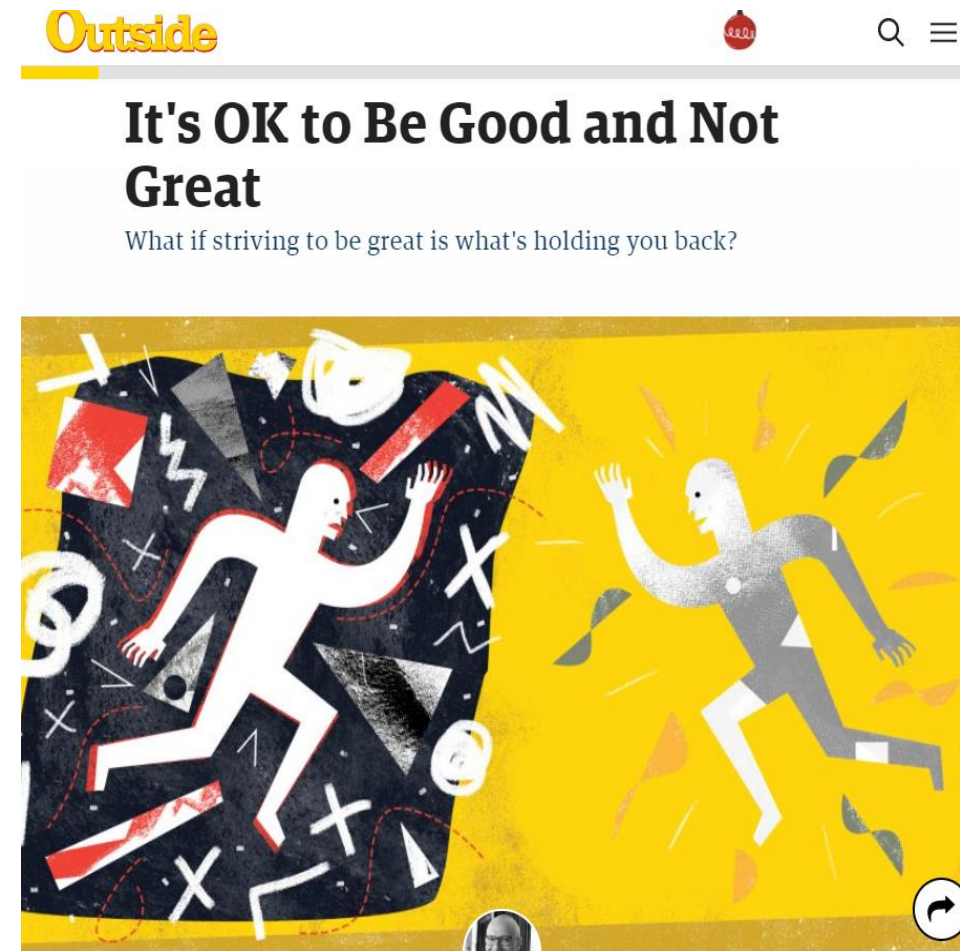
- 😊 Focus on making the most of today.
- 😊 Be content with what you have or who you are.
- 😊 Take real pleasure in the process of achieving something.

*The true success lies in constantly **surpassing** your **previous self**.*



Outside, 2018 (10)

Published in the American magazine *featuring bold ideas*



Inspiration from Eastern Philosophy

It's OK to be good enough
and not great

1. What if striving to be great is what's holding you back?
2. "Good is the enemy of great" is one of the most popular self-improvement expressions. It's the title of an international best-selling business book, the title of another self-help book, and the belief that NFL² superstar J.J. Watt has shared in press conferences sounds appealing and rolls off the tongue nicely, but there's a good chance it's wrong.
3. We're told that striving to be great and never being satisfied are necessary to meet the ever-increasing demands and pace of today's world. It's the only route to success. But what is it all for? What does success even mean? Rates of anxiety and depression are higher than ever. Some experts believe that loneliness and social isolation have become widespread. Two-thirds of all employees report feeling burned out at work. Surely this isn't the kind of success that everyone is after.
4. An Eastern philosopher once suggests that true success means feeling content with the unfolding of your life. It is "finding happiness in your work and life, in the here

Zen master named Thich Nhat Hanh
A Buddhist monk from Vietnam



An Eastern philosopher
once suggests that true
success means feeling
content with your life ...
(Para. 4, P15)

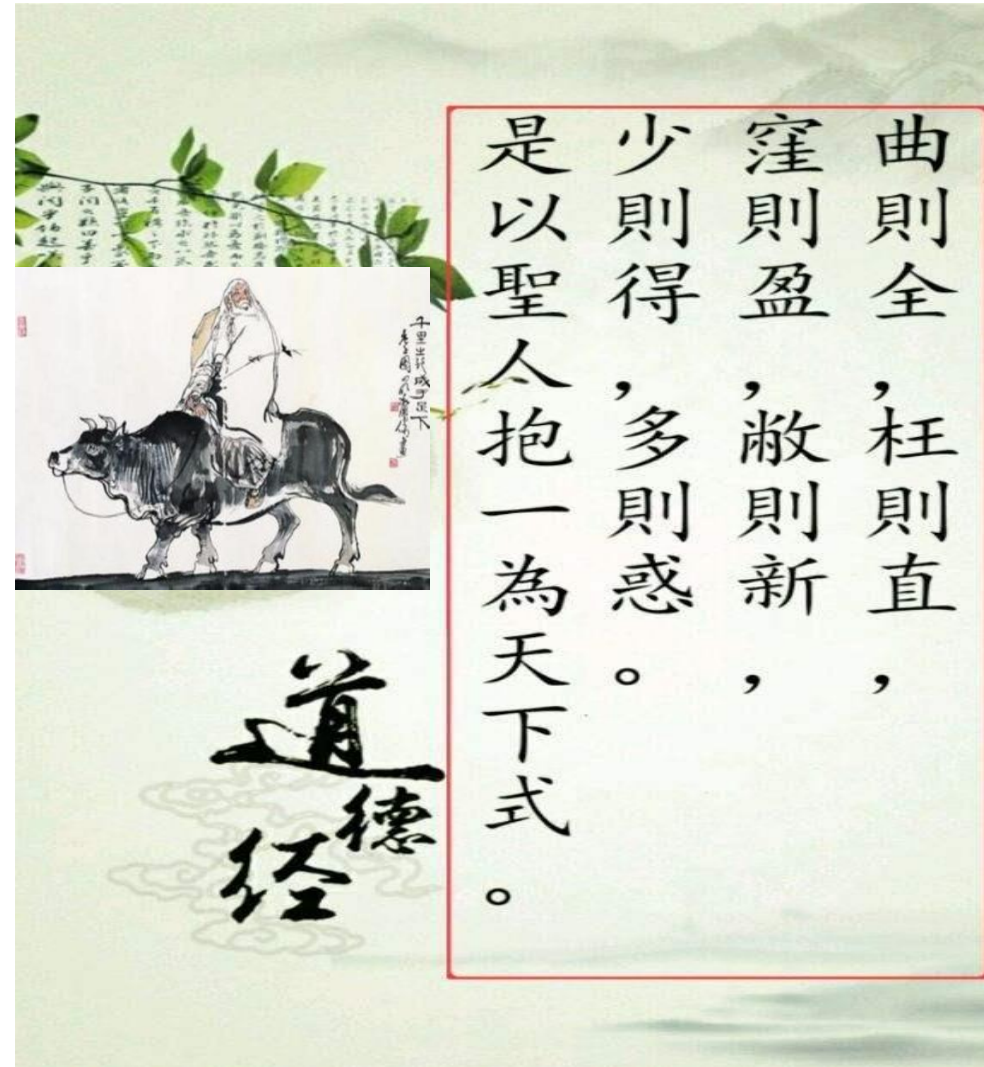
Chinese wisdom



知足常乐

**A contented mind is
a continual feast.**

Chinese wisdom



少則得，多則惑。

— 老子《道德经》第22章

To be in want is to possess;
To have plenty is to be confused.

(Chapter 22, *Tao Te Ching* by Lao Tzu)



**Do the hardest things with the
most natural mind.**

Step 3 | Speech draft

Success in My Eyes



Defining success by contrast & parallelism.

Illustrating the ways to success with examples.

Using the useful expressions from the text.



Expressions for reference

What if ... is ... ?

It sounds ... and rolls of the tongue nicely, but actually, quite the opposite.

Surely it isn't the kind of ... that everyone is after.

The kind of ... is not about ... , but it is about ...

What's interesting is that ... is not just the path to ...

A wonderful case study is ...

... might well be the key to ...

Though it may run counter to ... , adopting ... is likely the best route to...



Checklist for assessment

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