新时代的中国青年

(2022年4月)

中华人民共和国

国务院新闻办公室

Youth of China in the New Era

The State Council Information Office of the People's Republic of China

April 2022

目录

前言

- 一、新时代中国青年生逢盛世、共享机遇
- (一)拥有更高质量的发展条件
- (二)获得更多人生出彩机会
- (三)享受更全面的保障支持
- 二、新时代中国青年素质过硬、全面发展
- (一)理想信念更为坚定
- (二) 身心素质向好向强
- (三) 知识素养不断提升
- (四) 社会参与积极主动
- 三、新时代中国青年勇挑重担、堪当大任
- (一) 在平凡岗位上奋斗奉献
- (二) 在急难险重任务中冲锋在前
- (三) 在基层一线经受磨砺
- (四) 在创新创业中走在前列

(五) 在社会文明建设中引风气之先

四、新时代中国青年胸怀世界、展现担当

(一)更加开放自信地融入世界

(二)展现构建人类命运共同体的青春担当

(三)中国青年的全球行动倡议

结束语

Contents

Preamble

I. The New Era: Great Times with Ample Opportunities

II. All-Round Development in the New Era

III. Shouldering Heavy Tasks and Responsibilities

IV. Having a Global Vision and a Strong Sense of Responsibility

Conclusion

前言

Preamble

青年是整个社会力量中最积极、最有生气的力量,国家的希望在青年,民族 的未来在青年。中国青年始终是实现中华民族伟大复兴的先锋力量。

近代以后,中国逐步沦为半殖民地半封建社会,国家蒙辱、人民蒙难、文明 蒙尘,中华民族遭受了前所未有的劫难,中国青年深切感受到日益深重的民族危 机。 中国青年的觉醒,点燃了中华民族伟大复兴的希望之光。五四运动前后,一 大批率先接受新思想、新文化、新知识的有志青年在反复比较中选择了马克思列 宁主义,促进中国人民和中华民族实现了自鸦片战争以来的第一次全面觉醒。 1921年7月,平均年龄仅28岁的13位代表参加中国共产党第一次全国代表大 会,宣告了中国共产党诞生这一开天辟地的大事变,吹响了全民族觉醒和奋起的 号角,开启了民族复兴的新纪元。在中国共产党的领导下,中国共产主义青年团 于1922年成立,中国青年运动翻开了新的历史篇章。

回首百年,无论风云变幻、沧海桑田,中国青年爱党、爱国、爱人民的赤诚 追求始终未改,坚定不移听党话、跟党走的忠贞初心始终未变。在新民主主义革 命时期,中国青年不怕牺牲、敢于斗争,经受了生与死的考验,为争取民族独立、 人民解放冲锋陷阵、抛洒热血。在社会主义革命和建设时期,中国青年勇于拼搏、 甘于奉献,经受了苦与乐的考验,在新中国的广阔天地忘我劳动、发愤图强。在 改革开放和社会主义现代化建设新时期,中国青年开拓创新、勇立潮头,经受了 得与失的考验,为推动中国大踏步赶上时代锐意改革、拼搏奋进。

党的十八大以来,中国特色社会主义进入新时代。以习近平同志为核心的党 中央高度重视青年、热情关怀青年、充分信任青年,鲜明提出党管青年原则,大 力倡导青年优先发展理念,着力发挥共青团作为党的助手和后备军作用,推动青 年发展事业实现全方位进步、取得历史性成就。在这个伟大的新时代,中国青年 展现了亮丽的青春风采、迸发出豪迈的青春激情。 新时代中国青年刚健自信、胸怀天下、担当有为,衷心拥护党的领导,奋力 走在时代前列,展现出前所未有的昂扬风貌:追求远大理想,心中铭刻着对马克 思主义的崇高信仰、对共产主义和中国特色社会主义的坚定信念;深植家国情怀, 与国家同呼吸、与人民共命运,时刻彰显着鲜明的爱国主义精神气质;传承奋斗 担当,先天下之忧而忧、后天下之乐而乐,勇做走在时代前列的奋进者、开拓者、 奉献者。

历史清晰而深刻地昭示,没有中国共产党就没有朝气蓬勃的中国青年运动, 矢志不渝跟党走是中国青年百年奋斗的最宝贵经验,深深融入血脉的红色基因是 中国青年百年奋斗的最宝贵财富。

2021 年 7 月 1 日,习近平总书记在庆祝中国共产党成立 100 周年大会上深 情寄语:"新时代的中国青年要以实现中华民族伟大复兴为己任,增强做中国人 的志气、骨气、底气,不负时代,不负韶华,不负党和人民的殷切期望!"

展望未来,民族复兴大业已经站在新的历史起点、踏上新的伟大征程。新时 代中国青年迎来了实现抱负、施展才华的难得机遇,更肩负着建设社会主义现代 化强国、实现中华民族伟大复兴中国梦的时代重任。

中国梦是历史的、现实的,也是未来的;是广大人民的,更是青年一代的。 新时代中国青年必将以永不懈怠的精神状态、永不停滞的前进姿态,在接续奋斗 中将中华民族伟大复兴的中国梦变为现实。 为充分展示新时代中国青年的风貌和担当,值此中国共产主义青年团成立100周年之际,特发布本白皮书。

Youth is the most active and vital force in society. The hopes of a country and the future of a nation lie in the hands of its young generation. Young Chinese have always played a vanguard role in the quest for national rejuvenation.

After 1840, China was gradually reduced to a semi-colonial, semi-feudal society and suffered enormous hardships. The country endured intense humiliation, the people were subjected to great pain, and China's civilization was plunged into darkness. China's youth gradually came to recognize the mounting national crisis.

The enlightenment of its youth lit a beacon of hope for the rejuvenation of the Chinese nation. Around the May Fourth Movement in 1919, a large number of aspiring and progressive young intellectuals assumed the lead in accepting new ideas, new culture, and new knowledge. After careful consideration they chose to follow Marxism-Leninism, which led to a widespread awakening of the people and the nation for the first time since the Opium War. In July 1921, 13 delegates, of an average age of only 28, participated in the first National Congress of the Communist Party of China (CPC) and announced the founding of the Party, an epoch-making event that sounded the clarion call for the awakening and rise of the nation. This marked the beginning of a new era of national rejuvenation for China. Under the CPC's leadership, the Communist Youth League of China (CYLC) was established in 1922, opening a new chapter of the Chinese youth movement.

Looking back on a century of relentless change, China's youth have never wavered in their determination to love the Party, the country and the people, nor in their commitment to the original aspiration of following the instructions and guidance of the Party. During the New Democratic Revolution (1919-1949), they rose to the occasion without fear of death and fought bravely for national independence and the people's liberation. During the socialist revolution and reconstruction (1949-1978), they endured hardships and dedicated themselves to building the newly-founded country. In the new period of reform, opening up and socialist modernization, those with a talent for innovation who were open to challenges stood out and forged ahead, led reform, and ensured that China progressed with the times.

The 18th CPC National Congress held in 2012 marks the beginning of a new era in the development of socialism with Chinese characteristics. The CPC Central Committee with Comrade Xi Jinping at its core attaches great importance to young people, and cares deeply about them, and fully trusts them. It is committed to the principle that the Party exercises leadership over youth, gives top priority to youth development, and ensures the CYLC plays its role to the full as an aide to the Party and a reserve force. This will enable the younger generations to develop fully and achieve historic progress. In this great new era, China's youth have shown amazing vibrancy and great passion.

Young Chinese people in the new era are confident, aspirant and responsible. They wholeheartedly support the leadership of the Party. With a global vision, they stand at the forefront of the times bursting with commitment: pursuing lofty ideals with a firm

belief in Marxism, communism and socialism with Chinese characteristics; full of patriotism, sharing weal and woe with the country and the people; displaying the sterling quality of living up to responsibilities; being the first in the country to worry about the affairs of the state and the last to enjoy themselves; striving to be pioneers in, pacesetters for and contributors to the country's development.

History shows clearly that without the CPC, the Chinese youth movement would have achieved little. For China's youth, commitment to the CPC is the most valuable experience, and the revolutionary traditions passed down are the most precious wealth accumulated over the past century.

In his speech addressing a ceremony celebrating the CPC centenary on July 1, 2021, Xi Jinping, general secretary of the CPC Central Committee, emphasized that "In the new era, our young people should make it their mission to contribute to national rejuvenation and aspire to become more proud, confident, and assured in their identity as Chinese people, so that they can live up to the promise of their youth and the expectations of our times, our Party and our people."

We have stood at a new historical starting point and embarked on a new journey in achieving the rejuvenation of the Chinese nation. Looking ahead to the new era, China's youth are embracing precious opportunities to realize their ambitions and display their talents, as they shoulder the important responsibility of building a great modern socialist country and realizing the Chinese Dream of national rejuvenation. The Chinese Dream is a dream about history, the present and the future. It is cherished by all of the people, but even more so by the young. China's youth in the new era will keep on striving with boundless energy, to turn the Chinese Dream of national rejuvenation into reality.

In order to fully showcase the vigorous image and the invaluable contribution of China's youth in the new era, China is releasing this white paper on the occasion of the 100th anniversary of the founding of the CYLC.

一、新时代中国青年生逢盛世、共享机遇

I. The New Era: Great Times with Ample Opportunities

时代造就青年,盛世成就青年。新时代的中国繁荣发展、充满希望,中华民 族迎来了从站起来、富起来到强起来的伟大飞跃,实现中华民族伟大复兴进入了 不可逆转的历史进程。新时代中国青年生逢中华民族发展的最好时期,拥有更优 越的发展环境、更广阔的成长空间,面临着建功立业的难得人生际遇。

Great times make fine young people and flourishing ages nurture true talent. The Chinese nation has achieved a tremendous transformation from obtaining independence and becoming prosperous to growing in strength, and the current new era bestows prosperity and hope. China's rejuvenation has become an unstoppable process. Living in the best times in Chinese history, the current young generation enjoys an enabling environment for development, a broad space to grow, and wonderful opportunities to make a good career.

(一) 拥有更高质量的发展条件

随着中国的经济实力、科技实力、综合国力不断迈上新台阶、取得新跨越, 新时代中国青年的发展基础日益厚实,发展底气越来越足。

物质发展环境更为优越。青年高质量发展,物质丰裕是基础。中国创造了世 所罕见的经济快速发展和社会长期稳定"两大奇迹",2021年国内生产总值超过 110万亿元、稳居世界第二。超过2500万贫困青年彻底摆脱贫困,中国青年共同 迈向更高水平的小康生活。中国青年向往更有品质的美好生活,消费方式从大众 化迈向个性化,消费需求从满足生存转向享受生活,从有衣穿到穿得时尚、穿出 个性,从吃饱饭到吃得丰富、吃出健康,从能出行到快捷通畅、平稳舒适。中国 青年的生活水平实现了质的跃升,高质量发展有了更加丰盈、更为坚实的物质基 础。

精神成长空间更为富足。青年高质量发展,离不开精神生活的多姿多彩。受益于图书馆、博物馆、文化馆、美术馆等惠及青年的公共文化设施的不断完善①,中国青年享受的公共文化服务水平显著提高,逐渐从"去哪儿都新鲜"转变为"去哪儿都习以为常",精神品位不断提升。随着图书、电视、电影、文艺演出等传统文化产业和数字创意、网络视听、数字出版、数字娱乐、线上演播等新兴文化产业迅猛发展,青年所需所盼的公共文化产品日渐丰富,逐渐从"有什么看什么"

转变为"想看什么有什么",文化视野更加开阔。文化旅游、乡村旅游、红色旅游、国际旅游等各类旅游产品应有尽有,青年走出去看世界的需求得到更好满足, 逐渐从"只在家门口转转"转变为"哪里都能去逛逛",见识阅历更加广博。不 断扩展的精神文化生活空间,为中国青年追求更有高度、更有境界、更有品位的 人生提供了更多可能。

在与互联网的相互塑造中成长。互联网深刻塑造了青年,青年也深刻影响了 互联网。2020年底,中国6岁至18岁未成年人网民达1.8亿,未成年人互联网 普及率达94.9%,城乡普及率差距从2018年的5.4个百分点缩小至0.3个百分 点,互联网已经成为当代青少年不可或缺的生活方式、成长空间、"第六感官"。 随着互联网的快速普及,越来越多的青年便捷地获取信息、交流思想、交友互动、 购物消费,青年的学习、生活和工作方式发生深刻改变。在网络视频(短视频)、 网络直播、网约车用户中,青年都是主体。中国青年日益成为网络空间主要的信 息生产者、服务消费者、技术推动者,深刻影响了互联网发展潮流。面对纷繁复 杂的网络信息,中国青年在网上积极弘扬正能量、展示新风尚,共同营造清朗网 络空间。

(1) Better Conditions for Development

China's economic and technological influence and composite national strength keep growing, which offers a sound foundation for China's youth to develop with increasing confidence. Better material conditions. Affluence provides a good foundation for the young generation to develop and grow.

China has achieved two miracles - rapid economic growth and lasting social stability. In 2021, its economy ranked second in the world in size, with GDP exceeding 110 trillion yuan. As more than 25 million young people have escaped poverty, this generation can look forward to a better future of greater prosperity.

In pursuing a life of high quality, young people are changing their consumption habits from consuming mass products and services to customized ones. They are changing from buying to meet their basic needs to buying to enjoy life, from having clothing to wear to dressing fashionably, from having food to eat to eating well for good health, and from taking affordable transportation to choosing fast and comfortable vehicles. Their standard of living has seen qualitative changes and their prospects for development are supported by a solid material foundation.

Greater space for rich intellectual and cultural life. A rich and colorful intellectual and cultural life is a precondition for young people to prosper and grow.

With a growing number of libraries, museums, cultural centers, art galleries and other public cultural facilities being built, [By the end of 2020, the number of registered museums had reached 5,788 across the country, with one new museum being opened every two days on average during the period 2016-2020.] young people now enjoy notably improved public cultural services. Instead of feeling amazed at any new place

they visit, they are getting used to visiting all kinds of places, thus refining their cultural tastes. Through the buoyant growth of traditional cultural industries such as publishing, television, movies, and artistic performance, and emerging cultural sectors such as the digital creative industry, online audio and visual, digital publishing, digital entertainment and online performance and broadcasting, young people now find diverse public cultural products available to them. Instead of reading and watching whatever they could get hold of, they can read and watch whatever they would like, thus broadening their vision. As a huge variety of tourist products are created for them to choose, such as cultural tours, countryside tours, CPC heritage tours and international travel packages, their desire to travel around the world is now satisfied. Instead of affordable sightseeing trips near their homes, they can travel anywhere they wish, thus enriching their knowledge and experience. These expanding intellectual and cultural spaces offer greater possibilities for young Chinese to achieve more, set lofty goals, and refine their tastes.

Growing with the internet. The internet has profoundly shaped the current generation, and the current generation has also influenced the internet.

At the end of 2020, the number of netizens aged 6 to 18 reached 180 million in China, with the internet available to 94.9 percent of minors, and the gap in internet accessibility between cities and rural areas narrowed to 0.3 percentage point from 5.4 percentage points in 2018. The internet has become the "sixth sense" of contemporary young people and part of their lives, and offers them a space to grow.

Along with rapid popularization of the internet, more and more young people are using the internet to access information, exchange ideas, make friends, and shop, and their ways of learning, living and working are changing profoundly. Young people make up the majority of the users of short online videos, live-streaming viewers, and ride-hailing customers. As they become the main producers of information, consumers of services, and promoters of technologies related to cyberspace, they are exerting a tremendous influence on internet trends. In a complex online environment, young people are spreading positive energy and shaping new social trends in an effort to ensure a clean cyberspace.

(二)获得更多人生出彩机会

国家好,青年才会好。随着经济社会快速发展,新时代中国青年获得了更优 越的发展机遇,实现人生出彩的舞台越来越宽阔。

教育机会更加均等。中国教育事业优先发展不断深化,中国青年享有更加平等、更高质量的教育机会。2021年,中国义务教育巩固率达95.4%;高中阶段毛入学率达91.4%;高等教育毛入学率达57.8%、在学总规模达4430万人,居世界第一,越来越多的青年打开了通往成功成才大门的重要路径。覆盖学前教育至研究生教育的学生资助政策体系建成且日趋完善,2020年资助资金总额超过2400亿元、资助学生近1.5亿人次,实现"三个全覆盖"②。义务教育阶段进城务工人员随迁子女、农村和贫困地区学生等群体受教育权益得到充分保障。2020年,85.8%的进城务工人员随迁子女在公办学校就读或享受政府购买学位服务;2012

年至 2021 年, 农村和贫困地区重点高校专项招生计划定向招生超过 82 万人, 让 更多的青年公平享有接受更好教育的机会, 阻断贫困的代际传递。

职业选择丰富多元。中国青年职业选择日益市场化、多元化、自主化,不再 只青睐传统意义上的"铁饭碗",非公有制经济组织和新社会组织逐渐成为青年 就业的主要渠道。"非工即农"的就业选择一去不返,第三产业成为吸纳青年就 业的重要领域。2020年,第三产业就业占比47.7%,比十年前增长13.1个百分 点。特别是近年来快速兴起的新产业、新业态,催生了电竞选手、网络主播、网 络作家等大量新职业,集聚了快递小哥、外卖骑手等大量灵活就业青年,涌现了 拥有多重身份和职业、多种工作和生活方式的"斜杠青年",充分体现了时代赋 予青年的更多机遇、更多选择。

发展流动畅通自由。随着社会主义市场经济体制不断完善,市场主体活力持续提升,各类要素流动日益频繁,青年的发展渠道更加畅通、流动更加自由。在 区域协调发展战略深入实施大背景下,中国青年逐渐由单向的"孔雀东南飞"转 变为多向的"自由随心飞",在自己喜欢的城市寻找发展机会,在适合自己的地 区拓展成长舞台。一批又一批农村青年走进城市,挥洒汗水、奋力拼搏,安家落 户、实现梦想。2020年,外出农民工总数近1.7亿,其中多数为青年;青年常住 人口城镇化率达71.1%、比十年前增加15.3个百分点、高于整体常住人口城镇化 率7.2个百分点,更多青年通过城乡之间的发展流动更好融入城市生活、实现发 展跃迁。

(2) More Opportunities to Fulfill Potential

Only when the country prospers can its young people prosper. With rapid economic and social development, young people in China in the new era have access to better opportunities for development and a growing stage on which to fulfill their potential.

Equal access to education. Young people in China enjoy more equal and higher-quality educational opportunities as the country continues giving high priority to education. In 2021, the completion rate of compulsory education in China reached 95.4 percent, the gross enrollment rate in senior secondary education reached 91.4 percent, and the gross enrollment rate in higher education reached 57.8 percent, with 44.3 million students on campus, ranking first in the world. More and more young people have stepped onto this important path to success and excellence.

The country has established and been improving the system of financial aid to students, which offers full coverage from preschool to postgraduate education. By 2020, subsidies had totaled over 240 billion yuan and assisted nearly 150 million students, achieving full coverage from preschool education, compulsory education, and senior secondary education to undergraduate and postgraduate education, across public and privately-run schools, and for all students from families with financial difficulties. The right of particular groups to receive compulsory education and their interests have been well protected, including children living in cities with their parents who are migrant workers, and students from rural and poor areas. In 2020, 85.8 percent of children living in cities with migrant worker parents studied in public schools or filled the slots purchased by the government in privately-run schools. From 2012 to 2021, more than 820,000 students from rural and poor areas were enrolled in key universities through

special enrollment plans. More young people have thus been granted equal opportunities to receive better education, which prevents poverty from passing down from one generation to the next.

Diverse career options. The career choices of young people in China are increasingly diverse and market-oriented, and made, more often than not, on their own. Young people now look beyond a stable lifelong job in the traditional sense, and non-public economic entities and new social organizations are gradually becoming their main channels for employment. The options of "either workers or farmers" are a thing of the past, and the tertiary industry has become an important gathering place for the young workforce. In 2020, the tertiary industry employed 47.7 percent of those in employment across the country, up 13.1 percentage points from a decade ago. In particular, new and rapidly-rising industries and new business forms have given birth to a large number of new career options, such as esports players, live-streaming hosts, and web writers, and engaged a large number of young people in flexible employment, such as parcel and food couriers. There have emerged what they call "Slash" people with multiple titles, jobs, and ways of working and living. All these have testified to the greater range of opportunities and choices available to young people as times change.

Unimpeded mobility and more development opportunities. As the socialist market economy develops, the vitality of market players increases, and various factors of production flow more easily, young people enjoy more development opportunities and greater mobility. With the extension of the strategy for coordinated regional development, young people in China, who used to flock to economically developed southern and eastern regions of the country, have gradually diversified the target cities where they seek development opportunities and where they can fit in and thrive. Many young people from rural areas settle down and realize dreams in cities through hard work. In 2020, the number of migrant workers reached nearly 170 million and most of them were young people. Young permanent urban residents accounted for 71.1 percent of the total young population in the country, 15.3 percentage points higher than ten years ago and 7.2 percentage points higher than that of the permanent urban residents in the city and leaping forward in development through urbanization.

(三)享受更全面的保障支持

青年的发展离不开国家的坚实保障。在社会公平正义不断彰显、人民发展权 益得到有效维护的大背景下,新时代中国青年成长成才有了更良好的法治环境、 更有力的政策支持、更可靠的社会保障、更温暖的组织关怀。

法治保障不断完善。随着全面依法治国深入推进,中国特色社会主义法治体 系日益完善,为青年发展提供了坚实的保障。作为国家根本大法,宪法明确规定 "国家培养青年、少年、儿童在品德、智力、体质等方面全面发展",为建立青 年法治保障体系提供了根本遵循。青年发展涉及面广、系统性强,需要各个领域 齐抓共管、共同发力。民法典赋予了青年各类民事权益,教育法、义务教育法、 职业教育法、高等教育法、民办教育促进法、家庭教育促进法等全面构筑了保障 青年受教育权的完备法治环境,就业促进法、劳动法、劳动合同法、社会保险法、 科学技术进步法、人口与计划生育法、体育法、妇女权益保障法等充分保障了青 年各领域发展权益,刑法、未成年人保护法、预防未成年人犯罪法、反家庭暴力 法等共同构建了保护青少年合法权益的法律屏障。

政策保障日益完备。针对中国青年多元化发展需求,国家强化政策服务导向, 健全完善政策体系。国民经济和社会发展"十三五"和"十四五"规划鲜明体现 青年元素,科教兴国、人才强国、创新驱动发展、乡村振兴、健康中国等国家重 大战略充分关注青年群体,青年发展得到越来越多的项层设计支持。2017 年 4 月,中共中央、国务院制定出台新中国历史上第一个国家级青年领域专项规划一 一《中长期青年发展规划(2016-2025 年)》,为新时代中国青年发展提供根本政 策指引。针对青年在毕业求职、创新创业、社会融入、婚恋交友、老人赡养、子 女教育等方面的操心事、烦心事,党和政府高度重视,各项政策举措持续出台, 青年发展型城市建设蓬勃开展,青年优先发展理念日益深入人心。目前,从中央 到地方的青年工作机制基本建成,具有中国特色的青年发展政策体系初步形成。 青年充分享受政策红利,实实在在感受到关爱就在身边、关怀就在眼前。

社会保障更加健全。中国建成世界上规模最大的社会保障体系,普惠型社会 保障服务进一步发展。中国青年不仅能在步入社会之初就享受到社会保障的"遮 风挡雨",也能在拼搏奋斗时免除各种"后顾之忧",生活得更舒心、工作得更安 心、对未来更放心。政府出台一系列支持多渠道灵活就业的政策,逐步完善灵活 就业社会保障,支持青年从事灵活就业。青年住房保障力度不断增强,更多大城 市面向新市民、青年人加大保障性租赁住房供给,缓解青年住房难题。基本养老 保险实现全国统筹,失业保险、工伤保险持续向青年职业劳动者扩大覆盖,青年 社会保障水平不断迈上新台阶。 组织保障坚强有力。组织是青年成长的大熔炉,是青年发展的倍增器。作为 中国共产党领导的先进青年的群团组织,中国共产主义青年团始终把维护青年发 展权益放在重要位置,着力推动落实青年优先发展理念,充分发挥组织优势,大 力调动社会资源,聚焦青年"急难愁盼"突出问题开展政策倡导,千方百计为青 年解决具体困难,为广大青年成长发展创造良好环境。作为中国共产党领导下的 基本的人民团体之一,中华全国青年联合会始终坚持代表和维护各族各界青年的 合法权益,引导青年积极健康地参与社会生活,努力为青年健康成长、奋发成才 服务。作为中国共产党领导下的中国高等学校学生会、研究生会和中等学校学生 会的联合组织,中华全国学生联合会依法依章程表达和维护青年学生的具体利益, 通过开展健康有益、丰富多彩的课外活动和社会服务,努力为青年学生成长发展 服务。

(3) More All-round Protection and Support

The development of young people calls for strong protection and support of the state. As fairness and justice in society have steadily improved and people's rights and interests have been effectively safeguarded, young people in China in the new era can grow and prosper in a better legal environment and enjoy stronger policy support, more reliable social security, and greater care from a range of organizations.

Better legal protection. With progress in the rule of law in all respects, the system of the socialist rule of law with Chinese characteristics is steadily improving, providing strong protection for young people to develop. As the fundamental law of the country, China's Constitution clearly stipulates that "the state shall foster the all-round moral, intellectual and physical development of young adults, youths and children", which has laid a basic foundation for a legal framework to protect youth development. The youth development involves a wide range of areas and requires highly systematic, concerted efforts from all sectors. The Civil Code stipulates various civil rights and interests of young people. Laws including the Education Law, Compulsory Education Law, Vocational Education Law, Higher Education Law, Law on the Promotion of Privatelyrun Schools, and Family Education Promotion Law, among others, have prescribed a sound legal environment to ensure young people their right to education. Laws including the Employment Promotion Law, Labor Law, Labor Contract Law, Social Insurance Law, Law on Scientific and Technological Progress, Law on Population and Family Planning, Law on Physical Culture and Sports, and Law on the Protection of Rights and Interests of Women have effectively safeguarded the rights and interests of young people in various fields. Laws including the Criminal Law, Law on the Protection of Minors, Law on the Prevention of Juvenile Delinquency, and Anti-Domestic Violence Law have helped build a legal shield protecting the legitimate rights and interests of young people.

More considerate policy support. China has made policies and improved its policy system to cater to the diverse needs of young people in the country. Considerations for young people have been clearly embodied in the 13th and 14th Five-year Plans for National Economic and Social Development, and the needs of young people have been given particular attention when putting in place major national strategies, such as the strategy for invigorating China through science and education, the strategy on developing a quality workforce, the innovation-driven development strategy, the rural

revitalization strategy, and the Healthy China initiative. Increasing attention and support have been given to young people in top-level design. In April 2017, the CPC Central Committee and the State Council issued the Middle- and Long-term Youth Development Plan (2016-2025), the first national-level plan directed towards young people in the history of the People's Republic of China, providing fundamental policy guidance for young people in China to grow and develop in the new era. The Party and the government have paid close attention to issues of immediate concern to young people in areas including job-hunting after graduation, innovation and entrepreneurs hip, social integration, dating and marriage, support for the elderly, and children's education. A series of policies and measures have been introduced, and the building of youthdevelopment-friendly cities is in full swing, with the concept of prioritizing young people growing in popularity. Now, a basic mechanism for youth work from the central level to the local level has been generally put in place, and a preliminary policy system for youth development with Chinese characteristics has taken shape. Young people have been benefiting from the policies fully and they feel that they have been taken care of and their important needs are being addressed.

Improved social security services. As China has built the largest social security system in the world and further developed inclusive social security services, young people in China are shielded by social security when they enter the workforce, and free from various worries when pursuing their dreams. They can therefore live a more comfortable life, feel more at ease at work, and have greater confidence about the future. The government has introduced a series of policies to support flexible employment through multiple channels, gradually improved the social security services for those engaged in such employment, and supported young people in taking up flexible jobs. Housing supply for young people has been increased, and more big cities have increased the supply of government-subsidized rental housing for new urban residents and young people, mitigating housing problems for young people. The country is working towards an integrated national scheme for basic old-age insurance, and will continue to expand the coverage of such insurance policies as unemployment insurance and work-related injury insurance to young working population. Young people are better protected by the social security system.

Strong institutional safeguards and support. Organizations help young people grow and develop. As a CPC-led people's organization composed of progressive young people, the CYLC has always prioritized safeguarding the rights and interests of young people, and their development opportunities. It has earnestly advocated the idea of prioritizing youth development, made full use of its organizational strengths and vigorously mobilized social resources to carry out policy advocacy on the pressing difficulties and problems that are of the greatest concern to young people. It has been doing its best to address specific problems by every means possible to create a good environment for young people to grow and develop. As one of the basic people's organizations under the leadership of the CPC, the All-China Youth Federation has always represented and all sectors of society, guided them in their active and healthy participation in public activities, and worked hard to help them healthily grow and prosper. As a federative body of student unions and graduate student unions at universities and colleges and student unions at secondary schools under the leadership of the CPC, the All-China

Students' Federation has voiced and safeguarded the specific interests of young students in accordance with the law and the Constitution of the Federation, and organized healthy, positive, and colorful extracurricular and community service activities to help them grow and develop.

二、新时代中国青年素质过硬、全面发展

II. All-Round Development in the New Era

奋斗锤炼本领,磨砺增长才干。新时代中国青年积极主动学理论、学文化、 学科学、学技能,思想素养、身体素质、精神品格、综合能力不断提升,努力成 长为堪当民族复兴重任的时代新人。

Hard work builds ability, and adversity builds resilience. In the new era, China's youth actively study the theory and practice of science and other knowledge and skills, improving their physical and moral qualities and their all-round ability. They are growing into a new generation that is capable of shouldering the responsibility of national rejuvenation.

(一)理想信念更为坚定

理想指引人生方向,信念决定事业成败。新时代中国青年把树立正确的理想、 坚定的信念作为立身之本,努力成长为党、国家和人民所期盼的有志青年。 坚信中国道路。中国青年通过历史对比、国际比较、社会观察、亲身实践, 深刻领悟党的领导、领袖领航、制度优势、人民力量的关键作用。2020年有关调 查显示,绝大多数青年对中国特色社会主义道路由衷认同,对实现中华民族伟大 复兴充满信心。用习近平新时代中国特色社会主义思想武装起来的中国青年,在 展现国家发展成就的一系列生动事例、客观数字、亲身体验中,深切感受到"中 国速度"、"中国奇迹"、"中国之治",做中国人的志气、骨气、底气进一步增强, 为实现中华民族伟大复兴中国梦团结奋斗的思想基础更加牢固。

坚守价值追求。青年的价值取向决定了未来整个社会的价值取向。中国青年 主动"扣好人生第一粒扣子",从英雄模范和时代楷模中感受道德风范,积极倡 导富强、民主、文明、和谐,倡导自由、平等、公正、法治,倡导爱国、敬业、 诚信、友善,成为社会主义核心价值观的实践者、推广者。一大批青年优秀人物 成为全社会学习的榜样,1500 余名中国青年五四奖章获奖者引社会风气之先, 各级"优秀共青团员"发挥先锋模范作用,2万余名"向上向善好青年"展现青 春正能量。面对社会思潮的交流交融交锋,中国青年有困惑、有迷惘,但有一条 主线始终未变,就是对党和国家的赤诚热爱、对崇高价值理念的不懈追求。

坚定文化自信。文化是一个民族的精神和灵魂,高度的文化自信是实现民族 复兴的重要基础。中国青年不断从中华优秀传统文化、革命文化、社会主义先进 文化中汲取养分,特别注重从源远流长的中华文明中获取力量。2020 年有关调 查显示,超八成受访青年认为"青少年国学热"的原因是"国人开始重视传统文 化的内在价值"。从热衷"洋品牌"到"国潮"火爆盛行,从青睐"喇叭裤"到 "国服"引领风尚,从追捧"霹雳舞"到"只此青绿"红遍全国,中国青年对中 华民族灿烂的文明发自内心地崇拜、从精神深处认同,传承中华文化基因更加自觉,民族自豪感显著增强,推动全社会形成浓厚的文化自信氛围。

(1) Firmer in Ideals and Convictions

Ideals provide direction in life, and convictions determine the success of a cause. In the new era, young Chinese should hold lofty ideals and be firm in their convictions, which are fundamental to their success, and they should strive to become aspiring young people, living up to the expectations of the Party, the country and the people.

Confidence in the Chinese path. Through comparison with the past and the rest of the world, and through social observation and hands-on practice, young Chinese keenly understand the importance of the Party's leadership and leader's guidance, the merits of the socialist system, and the strength of the people. A youth survey conducted in 2020 demonstrated that the majority of China's youth wholeheartedly support socialism with Chinese characteristics, and are full of confidence about the rejuvenation of the Chinese nation.

Under the guidance of Xi Jinping Thought on Socialism with Chinese Characteristics for a New Era, they have learned about China's speed, the China miracle, and the governance of China through vivid examples and objective data showcasing the country's achievements, and through their own personal experience. They become prouder to be a member of the Chinese nation, and are more determined to join forces and achieve the Chinese Dream - the rejuvenation of the Chinese nation. Commitment to core socialist values. The value orientation of youth will decide the values of the whole of society. Young Chinese learn morals and values from heroes and role models of our times. They proactively uphold and promote core socialist values - prosperity, democracy, civility, harmony, freedom, equality, justice, the rule of law, patriotism, dedication, good faith and amity. A large number of outstanding youth have become role models for others to emulate, including more than 1,500 youth who have been awarded the China Youth May 4th Medal, and Excellent Communist Youth League Members at various levels. More than 20,000 young people have been honored as Positive and Kind Youth for exuding positive youthful energy. Although sometimes confused by exchanges, mingling and clashes of ideas, young Chinese always love the Party and the country sincerely, and continue to pursue their lofty values and ideals.

Stronger cultural confidence. Culture is the soul of a nation, and strong cultural confidence is a vital foundation for realizing national rejuvenation. China's youth draw nutrients from the best of China's traditional culture, revolutionary culture, and advanced socialist culture, and gain strength from the time-honored Chinese civilization.

A youth survey in 2020 showed that more than 80 percent of the respondents believed that the reason for the enthusiasm for Sinology among youth and adolescents is that "Chinese citizens have begun to pay attention to the innate value of traditional culture". Young people have switched from coveting foreign brands to preferring national ones, from wearing Western attire to wearing traditional costumes, and from favoring Western dance styles to traditional Chinese ones. Young Chinese identify more and more with the splendors of Chinese civilization. They are deeply proud of the Chinese nation, and are more active in promoting traditional Chinese culture and boosting cultural confidence across society.

(二) 身心素质向好向强

少年强、青年强则中国强,强健的体魄、阳光的心态是青年成长成才的重要 前提。新时代中国青年素质过硬,首先就体现在身心素质更好更强,能够经得起 风雨、受得住磨砺、扛得住摔打。

身体素质持续提升。在校园里,随着体育课时持续增加,更多青年学生既在 课堂内"文明其精神",也在操场上"野蛮其体魄"。超过 3700 万名农村义务教 育学生受惠于政府开展的学生营养改善计划,身体素质得到明显提升。2018年, 14岁至19岁青年学生体质达标测试合格率达91.9%,优良率持续上升。在社区 中,青年积极参加各种群众性体育运动,跑步、游泳、各项球类运动成为年轻人 的运动时尚,体育健身场馆"人头攒动"。北京冬奥会激发了中国青年的冰雪运 动热情,18岁至30岁青年成为参与冰雪运动的主力军,参与率达37.3%,为各 年龄段最高。在竞技场上,奥运会、亚运会等国际赛事中始终活跃着中国青年争 金夺银的身影,青年健儿大力弘扬中华体育精神和女排精神,向全世界诠释了"更 快、更高、更强——更团结"的奥林匹克新格言,展示了中国青年强健有力的民 族精神。中国青年关注体育、参与体育、享受体育,成为体育强国建设的积极开 拓力量。 心理素质自信达观。中国青年从身边做起、从小事做起,努力将牢固的理想 信念、健康的价值认知、坚定的文化自信转化为良好的社会心态。虽然在就业、 教育、住房、婚恋、养老等领域还面临不小压力,但在党和政府的关心关注和全 社会的共同支持下,中国青年面对困难不消沉、面对压力愈坚韧,2021年有关调 查显示,88.0%的受访青年认为自己可以做"情绪的主人"。对未来发展的信心斗 志、对美好生活的向往追求占据着中国青年的主流,自信达观、积极向上是中国 青年的鲜明形象。

(2) Better Physical and Mental Health

The key to China's development lies in the younger generations. A strong body and mind are important for the healthy development of young people. Chinese youth in the new era are of the highest caliber. This is first reflected in their sound physical and mental health, which sustain them in trials and tribulations.

Improved physical health. In schools, as the class hours for physical education continue to increase, students study academic courses in class, and engage in physical activities on the playground. More than 37 million rural students receiving compulsory education have benefited from the student nutrition improvement program, and their physical health has markedly improved. In 2018, 92 percent of students aged between 14 and 19 passed the physical fitness test, and the proportion of those rated good or excellent increased substantially.

In communities, young people participate actively in mass sports. Running, swimming and ball games are popular. Sport and fitness venues are crowded. The Beijing Olympic Winter Games have boosted young people's enthusiasm for winter sports in China. Youth aged 18 to 30 are the main force in winter sports, with the participation rate reaching 37.3 percent, the highest among all age groups.

In competitive sports arenas, especially in international events such as the Olympic Games and the Asian Games, Chinese youth have taken golds and silvers inspired by the Chinese Women's Volleyball Team known for its unyielding spirit, living up to the new Olympic motto "Faster, Higher, Stronger - Together". They have manifested the vigorous spirit of the Chinese nation. Chinese youth enjoy, value, and participate in sports, becoming an active force in building a country strong in sports.

Confidence and optimism. Young Chinese begin by doing small things around them, then work hard to turn their firm ideals and convictions, sound values, and strong cultural confidence into a healthy social mindset. Although they are under significant pressure in terms of employment, education, housing, dating and marriage, and often have to take care of elderly family members, yet with care and support from the Party, government and society, they rise up to the challenge.

A 2021 questionnaire on the emotions of China's young people showed that 88 percent of the respondents believed that they were capable of managing their emotions. China's mainstream youth are confident about their future, and dream of and pursue a beautiful life. Confidence, optimism and self-motivation are their salient characteristics. (三)知识素养不断提升

知识改变命运,教育改变人生。乘着教育事业优先发展的东风,新时代中国 青年亲眼见证、亲身经历了教育事业取得的历史性成就,享受了更加公平、更高 质量的教育,学习的主动性、自觉性进一步提高,科学文化素养迈上新台阶。

受教育水平大幅提升。在科教兴国、人才强国等国家战略支持下,亿万中国 青年通过教育获得成长成才的机会,实现创造美好生活、彰显人生价值的愿望。 2020年,新增劳动力平均受教育年限达13.8年,比十年前提高1.1年;大学专 科以上在职青年占同等文化程度就业总人口比例超过50%,比在职青年占就业总 人口比例高约20个百分点。提高学历层次、接受高质量教育,依然是中国青年 改变命运、追梦逐梦、实现人生理想的主要方式。

热爱学习渐成风尚。越来越多的青年把学习作为一种生活乐趣、一种人生追 求,学习提升的社会氛围愈加浓厚。有相当数量的青年在离开校园后选择继续深 造、提升学历,2020年成人本专科在校生超过770万人,网络本专科在校生超 过840万人。青年在职学习专业技能的热情空前高涨,调查显示,超过50%的社 会青年参加过职业技能培训,工作之余"充充电"、"加加油"成为越来越多青年 的共同选择。受益于网络媒体迅猛发展,数千万青年通过"慕课"(大型开放式 网络课程)等方式选学课程、获取知识。

(3) Stronger Intellectual Foundations

Knowledge can shape one's future and education may change one's life. As China makes headway with its education programs, the younger generations have borne witness to and benefited from the historic progress. They have received a better education on a fairer footing; their enthusiasm for learning keeps growing and their scientific and cultural achievements have flourished.

A much better education. Thanks to the strategy for invigorating China through science and education and the strategy on developing a quality workforce, hundreds of millions of young Chinese have been provided with opportunities to tap their potential and hone their talents through education. This has enabled them to create a better life and realize their value.

Take 2020 for example. The new additions to the workforce that year had an average education of 13.8 years, 1.1 years more than a decade earlier. More than 50 percent of employees with college or higher education were young people while young employees accounted for only 30 percent of the total workforce. Receiving higher and better education is still one of the best ways for young Chinese to shape their future, realize their dreams, and attain their ideals.

Learning is becoming popular. More and more young people take delight in learning and make it part of their everyday life, fostering a positive atmosphere of selfimprovement through continuous learning. A large number of young graduates pursue advanced studies after leaving school. In 2020, the number of adults receiving continuing on-campus education exceeded 7.7 million and more than 8.4 million people received online college education. Enthus ias m for on-the-job training is also very high. Surveys show that more than half of young workers have taken vocational training, choosing to add to their knowledge base after work. Thanks to the fast-growing network media, they have more study choices available: through MOOC (massive open online courses) for instance.

(四) 社会参与积极主动

社会是青年成长发展的重要课堂。新时代中国青年以更加自信的态度、更加 主动的精神,适应社会、融入社会,参与社会发展进程,展现出积极的社会参与 意识和能力,成为正能量的倡导者和践行者。

有序参与政治生活。中国青年追求政治进步,积极参与全过程人民民主实践。 共产主义远大理想始终激励青年砥砺前行、奋发向上,青年加入中国共产党、中 国共产主义青年团的意愿持续高涨。截至 2021 年 6 月,35 岁及以下党员共 2367.9 万名,占党员总数的 24.9%。中国共产党第十八次全国代表大会以来,每年新发 展党员中 35 岁及以下党员占比均超过 80%。截至 2021 年底,共青团员总数达 7371.5 万名。青年广泛参与各级人大、政协,积极履职尽责、参政议政,2019 年 县级人大、政协中青年代表、委员分别占 10.9%、13.7%。青年踊跃参与各类民 主选举、民主决策、民主管理、民主监督,围绕经济社会发展重大问题建言献策, 针对关系青年切身利益的实际问题充分行使民主权利、广泛开展协商、努力形成 共识。 积极参与社会事务。近年来,越来越多的青年热情参与公益慈善、社区服务、 生态保护、文化传播、养老助残等社会事务,不仅在很多有影响力的社会组织中 发挥重要作用,还组建了一批以自愿成立、自主管理、自我服务为特征的社会组 织。目前,全国有 7600 多个共青团指导的县级志愿服务、文艺体育类青年社会 组织,带动成立青年活动团体 15 万余个,基本实现县域全覆盖。中国青年充分 利用这些社会参与的重要渠道,在依法承接政府职能转移、开展行业自律、满足 社会公众多样化服务需求、倡导文明健康生活方式、促进政府与社会沟通等方面 发挥建设性作用,展现了强烈的参与意识和社会责任感。

(4) Active Participation in Social Activities

Society offers an important space for young people to learn and practice skills. The younger generations of the new era have actively adapted to and integrated with society with more confidence and kept pace with social progress, displaying an acute sense of participation in society and the skills required, and acting as advocates and creators of positive energy.

Participation in political activities in an orderly manner. The younger generations are actively involved in politics and in China's application of whole-process people's democracy. Inspired by the lofty ideals of communism, they work hard and forge ahead, and an increasing number of them have applied to join the CPC and CYLC organizations. By June 2021, the CPC had nearly 24 million members under the age of 35, accounting for 25 percent of its total membership. More than 80 percent of the CPC members admitted each year since the Party's 18th National Congress in 2012 were under 35. The number of CYLC members (age range: 14-28) almost reached 74 million at the end of 2021.

A large number of young people have served as deputies to the people's congresses or as members of the Chinese People's Political Consultative Conference (CPPCC) committees at all levels. Through these organizations they have performed their duties and participated in the deliberation and administration of state affairs. In 2019, young people accounted for 10.9 percent of the deputies to the county-level people's congresses and 13.7 percent of the county-level CPPCC committees. Young people are active participants in democratic elections, decision-making, management and oversight, making suggestions on major issues relating to economic and social development, and exercising their democratic rights and engaging in consultation to reach agreement on issues concerning youth.

Active participation in social programs. In recent years, a growing number of young people have taken part in charity and public-welfare activities, providing services in the communities, protecting the eco-environment, conducting cultural programs, and offering elderly care and assistance to people with disabilities. While playing an important role in influential social organizations, they have also set up self-management and self-service bodies.

At present, there are more than 7,600 county-level organizations of volunteers or artistic and sports organizations for young people, which are operating under the guidance of the CYLC. With these as the driver, more than 150,000 youth organizations have been set up, covering all counties. Through such organizations, young people have played a constructive role in providing many public services on behalf of the government, enforcing industrial discipline, meeting diverse public needs for services, leading socially conscious lifestyles, and promoting communication between the public and the government. All of this displays their strong sense of participation and social responsibility.

三、新时代中国青年勇挑重担、堪当大任

III. Shouldering Heavy Tasks and Responsibilities

中国特色社会主义新时代,是青年大有可为,也必将大有作为的大时代。新 时代中国青年争做经济高质量发展的积极推动者、社会主义民主政治建设的积极 参与者、社会主义文化繁荣兴盛的积极创造者、社会文明进步的积极实践者、美 丽中国的积极建设者,在实现第二个百年奋斗目标、建设社会主义现代化强国的 新征程上努力拼搏、奋勇争先。

The new era of socialism with Chinese characteristics is a grand stage on which young people can enjoy bright prospects and accomplish great things. In the new era, China's youth are striving to support high-quality economic growth, participate in the development of socialist democratic politics, create a flourishing socialist culture, promote socialist moral and ethical progress, and build a beautiful China. They are working hard and forging ahead boldly on this new quest to realize the second centenary goal of building a modern socialist country.

(一) 在平凡岗位上奋斗奉献

新时代中国青年坚守"永久奋斗"光荣传统,把平凡的岗位作为成就人生的 舞台,用艰辛努力推动社会发展、民族振兴、人民幸福,靠自己的双手打拼一个 光明的中国。

无论是传统的"工农商学兵"、"科教文卫体",还是基于"互联网+"的新业 态、新领域、新职业,青年在各行各业把平凡做成了不起、把不可能变成可能, 将奋斗精神印刻在一个个普通岗位中。在工厂车间一线,青年工人苦练本领、精 益求精,拧好每个螺丝、焊好每个接头,争当"青年岗位能手",让"中国制造" 走向世界;在田间地头,青年农民寒耕暑耘、精耕细作,用科学技术为粮食增产、 为土地增效,努力把中国人的饭碗牢牢端在自己手中;在建筑工地,青年农民工 不畏辛劳、日以继夜,用一砖一瓦筑造起一座座高楼大厦,将都市装点得更加美 丽;在训练场上,青年健儿刻苦训练、顽强拼搏,以过硬的作风和惊人的毅力向 世界顶峰发起冲锋,让五星红旗在国际赛场高高飘扬;在城市的大街小巷,快递 小哥、外卖骑手风里来、雨里去,为千家万户传递幸福与温暖,他们用勤劳和汗 水生动展现了中国青年"衣食无忧而不忘艰苦、岁月静好而不丢奋斗"的整体风 貌,让青春在平凡岗位的奋斗中出彩闪光。

(1) Dedicated in Grassroots Work Posts

In the new era, respecting the PRC's great tradition of "perpetual struggle", treating their grassroots work posts as a stage to realize the value of their life, and applying their diligence, young Chinese are working for social progress and striving for happiness, national rejuvenation, and a bright future for the country.

Young people work in various fields - conventional fields such as industry, agriculture, commerce and the military, as well as in science, education, culture, health, and sports, and now in internet-based new business models, areas and occupations. Through their hard work in their grassroots work posts, they have turned the ordinary into the extraordinary, and make the impossible achievable.

In factory workshops, young workers hone their skills and strive for excellence. They tighten every screw and weld every joint to perfection. They vie to be "young people who excel at their jobs" and they help "made-in-China" gain a competitive edge in the global market. In rural areas, young farmers cultivate the fields meticulously, increase grain yield and field fertility with technology, and work hard to ensure food security. On construction sites, young migrant workers painstakingly work all hours of the day and night to build skyscrapers, making the city more beautiful. At training venues, young athletes train hard and persevere in spite of all difficulties. With sporting prowess and indomitable spirit, they strive for Olympic games medals and see China's national flag being raised at the awards ceremony. In city streets, couriers and takeaway delivery riders brave wind and rain to pass on happiness and warmth. Their sweat and toil demonstrate that Chinese youth have not forgotten the hard times, even though they

now live in better days and no longer need to worry about food and clothing. They work hard and shine in their grassroots posts.

(二) 在急难险重任务中冲锋在前

新时代中国青年不畏难、不惧苦,危难之中显精神,关键时刻见真章,总能 够在祖国和人民需要的时候挺身而出,自觉扛起责任,无私奉献,无畏向前,彰 显青年一代应有的闯劲、锐气和担当。

在体现综合国力、弘扬民族志气的重大工程之中,在抗击重大自然灾害面前, 在应对突发公共危机时刻,青年的身影始终挺立在最前沿。无论是西气东输、西 电东送、南水北调、东数西算等战略工程现场,还是港珠澳大桥、北京大兴国际 机场、"华龙一号"核电机组等标志性项目工地,"青年突击队"、"青年攻坚组" 的旗帜处处飘扬。新冠肺炎疫情发生以来,青年不畏艰险、冲锋在前、舍生忘死, 32万余支青年突击队、550余万名青年奋战在医疗救护、交通物流、项目建设等 抗疫一线,为打赢疫情防控的人民战争、总体战、阻击战作出重大贡献。援鄂医 疗队 2.86 万名护士中,"80 后"、"90 后"占 90%。在武汉火神山、雷神山医院 建设工地上,占总数达 60%的青年建设者组建 13 支青年突击队,靠钢铁般的意 志和攻坚克难的勇气,拼搏在前、奉献在前,创造了令世人惊叹的建设奇迹,用 事实证明中国青年面对困难挫折撑得住、关键时刻项得住、风险挑战扛得住。

(2) Leading the Charge in Difficult Situations and Emergencies

In the new era China's youth have shown no fear of difficulties and hardships in times of crisis, displaying their grit at critical moments. They rise to the occasion whenever the country and the people need them; they shoulder their responsibilities, make selfless contributions, and press ahead with the intrepidity typical of their generation.

Young people stand at the forefront in major projects emblematic of China's composite national strength and national pride, in catastrophic natural disasters, and in other emergencies.

Youth teams have played a prominent role in the strategic projects that transport natural gas and electricity from western to eastern regions, divert water from the south to the north, and channel computing resources from the east to the west, as well as the construction of many milestone facilities, including the Hong Kong-Zhuhai-Macao Bridge, Beijing Daxing International Airport, and Hualong One nuclear generator.

During the Covid-19 pandemic, young people have been risking their lives to combat this deadly disease. More than 5.5 million of them in 320,000 task groups have worked on the front lines of this combat, providing medical care, transporting supplies, and building facilities. They have made a tremendous contribution to the all-out people's war on the virus. Of the 28,600 nurses from the medical teams sent to Hubei, 90 percent were born between 1980 and 1999. During the construction of the Huoshenshan and Leishenshan hospitals in Wuhan, young workers, who accounted for 60 percent of the workforce, established 13 task groups to spearhead the project. With an iron will and boundless courage, they created an engineering miracle. This was a shining example of how young Chinese can hold their own in the face of difficulties, face down threats, and rise to the challenge at critical moments.

(三) 在基层一线经受磨砺

新时代中国青年把基层作为最好的课堂,把实践作为最好的老师,将个人奋斗的"小目标"融入党和国家事业的"大蓝图",将自己对中国梦的追求化作一件件身边实事,在磨砺中长才干、壮筋骨。

在农村为乡亲们排忧解难,在社区为邻里们倾心服务,在边疆为祖国巡逻成 边……越来越多的青年深入基层、投身现代化建设最需要的地方,在复杂艰苦环 境中成就人生。2021年,中共中央、国务院表彰的1981名全国脱贫攻坚先进个 人和1501个先进集体中,就有许多青年先进典型。1800多名同志将生命定格在 了脱贫攻坚征程上,其中很多是年轻的面孔。在乡村振兴战略实施中,青年领办 专业合作社、推广现代农业科技、壮大农村新产业新业态,带头移风易俗、改善 农村人居环境、倡导文明乡风,带动农民增收致富,助力农村焕发新貌。截至2021 年,47万名"三支一扶"人员参加基层支教、支农、支医和帮扶乡村振兴(扶 贫),数百万青年学生参与"三下乡"社会实践活动,为脱贫攻坚和乡村振兴提 供新助力。

(3) Tempering Themselves Through Community Service

The local community is the best place to temper young people in the new era, where they can learn through practice. By aligning their personal ambitions with the grand goals of the state and the Party, young people turn their pursuit of the Chinese Dream into pragmatic work, and hone their skills and increase their abilities through trial and experimentation.

Helping villagers solve problems in rural areas, providing services to residents in cities, and patrolling and guarding the frontiers ... More and more young people are now working in communities and in the places where they are most needed, fighting hardship to drive China's modernization and realize their dreams.

Of the 1,981 individuals and 1,501 groups commended by the central authorities in 2021 who had stood out in China's poverty alleviation campaign, many were young people. More than 1,800 people have died in the battle against poverty, and many of them were young people.

As the country implements the rural revitalization strategy, young people have led the efforts to establish specialized cooperatives, apply modern agricultural technologies, and develop new industries and new forms of business in rural areas. They have taken the lead in abandoning outdated social mores, nurturing civil social norms of conduct, and improving rural living environments, and helped villagers increase their incomes. All of these have contributed to giving rural areas a bright new image.

By 2021, 470,000 college graduates had worked in rural areas on posts related to teaching, agriculture, medical service and poverty alleviation, and during their vacations, millions of college students had conducted surveys or taken part in cultural

activities and other activities to spread understanding of science and technology and information on health in the countryside. Through these efforts, young people have offered their support to China's poverty alleviation and rural revitalization.

(四) 在创新创业中走在前列

新时代中国青年富有想象力和创造力,思想解放、开拓进取,勇于参与日益 激烈的国际竞争,成为创新创业的有生力量。

受益于党和国家的好政策,在经济、社会、科技、文化等领域,青年以聪明 才智贡献国家、服务人民,奋力走在创新创业创优的前列。在国家创新驱动发展 战略的引领和"揭榜挂帅"、"赛马"等制度的激励推动下,一批具有国际竞争力 的青年科技人才脱颖而出,在"天宫"、"蛟龙"、"天眼"、"悟空"、"墨子"、"天 问"、"嫦娥"等重大科技攻关任务中担重任、挑大梁,北斗卫星团队核心人员平 均年龄 36 岁,量子科学团队平均年龄 35 岁,中国天眼 FAST 研发团队平均年龄 仅 30 岁。在工程技术创新一线,每年超过 300 万名理工科高校毕业生走出校门, 为中国工程师队伍提供源源不断的有生力量,他们用扎实的学识、过硬的技术, 持续创造难得的"工程师红利",有力提升了中国的发展动力和国际竞争力。在 国家持续出台创业扶持政策的大背景下,青年积极投身大众创业、万众创新热潮, 踊跃参加"创青春"中国青年创新创业大赛、"中国国际互联网+"大学生创新创 业大赛等创业交流展示活动,用智慧才干开创自己的事业。2014 年以来,在新登 记注册的市场主体中,大学生创业者超过 500 万人。在信息技术服务业、文化体 育娱乐业、科技应用服务业等以创新创意为关键竞争力的行业中,青年占比均超 过 50%,一大批由青年领衔的"独角兽企业"、"瞪羚企业"喷涌而出。中国青年 自觉将人生追求同国家发展进步紧密结合起来,在创新创业中展现才华、服务社 会。

(4) Taking the Lead in Innovation and Entrepreneurship

In the new era, China's youth have shown rich imagination and creativity, openmindedness, and a pioneering spirit. They have the spirit to engage in the field of international competition as it grows ever fiercer, and have become a strong force driving innovation and entrepreneurship.

Backed by policy incentives of the Party and the state, young people take the lead in innovation, starting businesses, and striving for excellence, serving the country and the people with their ingenuity and expertise in economic, social, technological and cultural fields. Under the innovation-driven development strategy and open competition mechanisms, a large number of world-class young scientists have come to the fore in major sci-tech programs, including China's space station Tiangong, deep-sea manned submersible Jiaolong, the five-hundred-meter aperture spherical telescope (FAST) Tianyan, the dark matter probe satellite Wukong, the quantum science satellite Mozi, the Mars probe Tianwen-1, and the lunar mission Chang'e. The average age of the core members of the research groups on the Beidou Navigation Satellite System is 36; the corresponding figures are 35 for Mozi and 30 for Tianyan. Every year more than 3 million science and technology and engineering students graduate from Chinese universities, which continuously replenish the country's ranks of engineers. Welleducated and highly-skilled, they give China an "engineering bonus", adding impetus to the country's development and improving its standing in international competition.

China has introduced a raft of policies supporting business startups, and young people are responding warmly. They are active in entrepreneurship programs like the China College Students' Entrepreneurship Competition, China International "Internet+" College Students Innovation and Entrepreneurship Competition, carving out careers with their knowledge and ingenuity. Among the founders of market entities registered since 2014, more than 5 million are college students and new graduates. In creative industries such as IT services, culture, sports, entertainment and sci-tech, young people account for half or more of the workforce, and are at the helm of many unicorn and gazelle companies. Aligning individual inclination with national development, young people are putting their talents to use in innovation and starting businesses, and serving society in the process.

(五) 在社会文明建设中引风气之先

新时代中国青年顺应社会发展潮流,适应国家治理体系和治理能力现代化要求,在社会文明建设中引领时代新风,争当正能量的倡导者、新风尚的践行者。

无论在城镇还是乡村、企业还是学校,青年都自觉把正确的道德认知、自觉 的道德养成、积极的道德实践紧密结合起来,带头倡导向上向善社会风气、塑造 社会文明新风尚。在城乡社区建设中,越来越多的青年投身社区治理和服务体系 建设,主动参加"社区青春行动",加强实践锻炼、提升服务贡献。在各行各业, 青年秉承"敬业、协作、创优、奉献"的理念,踊跃创建"青年文明号",大力弘 扬新时代职业文明,展现新时代职业形象。广大青年运动员弘扬体育道德风尚, 以良好的赛风赛纪和文明礼仪,获得竞技成绩和精神文明双丰收。1993年"中国 青年志愿者行动"启动以来,志愿服务成为青年参与社会治理、履行社会责任的 一面旗帜,成为青年在奉献人民、服务社会中锻炼成长的重要途径。截至2021年 底,全国志愿服务信息系统中14岁至35岁的注册志愿者已超过9000万人,他 们活跃在社区建设、大型赛事、环境保护、扶贫开发、卫生健康、应急救援、文 化传承等各个领域,弘扬"奉献、友爱、互助、进步"的志愿精神,在全社会形 成团结互助、平等友爱、共同前进的新风尚。中国青年志愿者扶贫接力计划研究 生支教团、大学生志愿服务"西部计划"连续18年派遣41万余名研究生、大学 毕业生,到中西部2100多个县(市区旗)开展扶贫支教、卫生医疗等志愿服务。 青年始终是大型赛会志愿服务的主体力量,给千家万户乃至全世界留下深刻印象。

(5) Spearheading Cultural and Ethical Progress

In the new era China's youth advance with the times, adapt to the need to modernize China's system and capacity for governance, and set the pace in making cultural and ethical progress. They advocate and follow new, positive trends.

In both urban and rural areas, in the workplace or on campus, young people embrace good moral values and ethical conduct. They champion pursuit of excellence and the greater good, and set healthy trends. A growing number of young people are engaged in community governance and services in both urban and rural areas. By participating in programs like Youth Action in Communities launched by the CYLC Central Committee, they gain practical experience, and improve their ability to serve society. In all sectors of the economy, young people work in a spirit of dedication, collaboration, excellence and contribution, and have created many model worker teams. They represent the work ethic and professionalis m of the new era. Young athletes, demonstrating good sportsmanship, score excellent results at games.

Since the China Young Volunteers initiative was launched in 1993, volunteering has become an important avenue for young Chinese to participate in social governance, fulfill social responsibilities, and temper themselves in the course of serving the people and society.

As of the end of 2021, more than 90 million people aged between 14 and 35 had registered at the volunteering platform Chinavolunteer.mac.gov.cn. They are active in community affairs, large sport events, environmental protection, development-driven poverty alleviation, healthcare, emergency response and cultural preservation. By spreading the spirit of volunteerism - contribution, friendship, mutual aid and progress - they promote unity, equality, amity, mutual aid, and common progress across the society.

Over the past 18 years, China's "Go West" Program has dispatched 410,000 postgraduates and college graduates to 2,100 counties in central and western regions to

support poverty reduction endeavors there through teaching and healthcare service. Young people have always been the mainstay of volunteers providing services in largescale events. They have made a deep impression on the world.

四、新时代中国青年胸怀世界、展现担当

IV. Having a Global Vision and a Strong Sense of Responsibility

青年是国家的未来,也是世界的未来。新时代中国青年既有家国情怀,也有 人类关怀,秉承中华文化崇尚的四海一家、天下为公理念,积极学习借鉴各国有 益经验和文明成果,与世界各国青年共同推动构建人类命运共同体,共同弘扬和 平、发展、公平、正义、民主、自由的全人类共同价值,携手创造人类更加美好 的未来。

The younger generation is the future of a country and the hope of the world. China's youth in the new era care about their family and country, and share that concern for the rest of humanity. They uphold the beliefs advocated by Chinese culture that all peoples are one family and the world is a commonwealth. They actively draw inspiration from the experience and achievements of other countries and civilizations. They work along with their peers from around the world to build a global community of shared future, and advocate peace, development, equity, justice, democracy and freedom, which are the common values of humanity, for the purpose of creating a better future for all.

(一) 更加开放自信地融入世界

随着中国对外开放的大门越开越大,新时代中国青年以前所未有的深度和广度认识世界、融入世界,在对外交流合作中更加理性包容、自信自强。

"走出去"的道路越来越宽。通过留学、务工、旅游、考察等方式,中国青年以极大的热情和包容的心态,全方位、深层次了解世界、融入世界、拥抱世界, 学习借鉴其他国家的有益经验和文明成果。出国留学是中国青年了解世界的重要 途径。1978年,中国选派出国留学人员仅 800 余名;2019年,超过 70万人出国 深造,40多年来各类出国留学人员累计超过 650万人;1978年回国留学人员仅 248人,2019年超过 58万人学成回国,40多年来回国留学人员累计达 420余万 人。与此同时,大批中国青年通过旅游、考察、商务、劳务等方式走出国门、感 知世界,2019年国内居民出境达 1.7亿人次,中国青年认识世界的渠道更加广 阔、国际视野不断拓展。

沟通合作的"朋友圈"越来越大。在各种国际舞台上,中国青年讲述中国故 事、参与全球青年事务治理,在双多边框架下积极交流互动、促进合作共赢。中 国青年参与双边交流机制更加广泛深入,与各有关国家青年走得越来越近、友谊 越来越深。在"中国青年全球伙伴行动"框架下,中国与100多个国际组织及外 国政府青年机构、政党和非政府青年组织建立交流合作关系。在中俄、中美、中 欧、中印、中日等中外人文交流机制框架下,中国青年在教育、科学、文化、艺 术、体育、媒体等领域对外互动合作活跃。中国青年不仅与周边国家和广大发展 中国家青年伙伴开展亮点纷呈的人文交流,还通过创新创业、经贸往来、技术交 流等方式实现互惠互利。中国青年更加主动地加入国际组织、参加国际会议、参 与全球治理,树立了更加亮丽的国际形象。在联合国和其他国际组织中,数百名 中国青年为世界和平与发展事业付出辛劳、作出贡献;在联合国青年论坛、联合 国教科文组织青年会议和相关多边机制框架下,在亚洲青年理事会等国际性青年 组织中,中国青年更加自信地发出中国声音、阐述中国观点,成为沟通中外友好 的青年使者。

(1) Embracing the World with Greater Openness and Confidence

As China opens its doors wider to the outside world, the country's young people today are building a greater understanding of international exchanges and cooperation. They are embracing the world, pursuing broader and deeper integration with others, and showing greater rationality, inclusiveness, self-confidence and self-reliance, by studying, working, traveling, and participating in visiting programs abroad.

Studying abroad is the most important way for Chinese youngsters to learn about the world. In 1978, China sent just over 800 students abroad. In 2019, more than 700,000 Chinese students went abroad to undertake education courses. Over the past four decades, the total number of Chinese people studying abroad has exceeded 6.5 million. The number of Chinese overseas returnees grew from 248 in 1978 to more than 580,000 in 2019. The total number of overseas returnees has exceeded 4.2 million in the past more than four decades. In addition, a large number of Chinese young people go abroad for travel, visiting programs, business tours, and labor cooperation, which enable them to better understand the world. In 2019 alone, Chinese citizens made 170 million

overseas trips. The channels for Chinese youth to know about the world continue to expand, and their global vision is steadily broadening.

The "circle of friends" with whom China can communicate and cooperate continues to grow. China's youth seize every opportunity to tell China's stories and participate in global governance of youth affairs in various international arenas, and promote winwin cooperation through active exchanges and interactions under bilateral and multilateral frameworks. As young Chinese people take a more active part in bilateral exchange mechanisms, they become closer to their peers in other countries and build deeper bilateral ties. Under the framework of the Chinese Youth Global Partnership, China has established exchange and cooperation relationships with more than 100 international organizations, government youth agencies, political parties, and nongovernmental youth organizations. Chinese youth are engaged in frequent international exchanges in fields like education, science, culture, arts, sports, and the media under the cultural and people-to-people exchange mechanisms between China and other countries and regions such as Russia, the United States, Europe, India and Japan. China's youth and their partners in neighboring countries and developing countries carry out cultural and people-to-people exchanges that bring fruitful results; they also achieve mutual benefit through incubating startups, promoting economic and trade cooperation, advancing technological exchange, and other efforts. China's young people have become more active in joining international organizations, attending international conferences, and participating in global governance. As a result, they have succeeded in enhancing the international image of China's youth.

Hundreds of young people from China work hard for the UN and other international organizations and contribute to world peace and development. China's young people are growing in confidence as they spread China's voice and express China's ideas at the UN Youth Forum, the UNESCO Youth Forum, and other multilateral mechanisms and in international youth organizations such as the Asian Youth Council. This allows them to serve as young ambassadors of Sino-foreign friendship.

(二)展现构建人类命运共同体的青春担当

新时代中国青年深刻地认识到,每个民族、每个国家的前途命运都紧紧联系 在一起,应该风雨同舟、守望相助,努力把共同的地球家园建成一个命运与共的 大家庭。

在心与心的交流对话中汇聚青春共识。中国青年积极倡导、努力践行构建人 类命运共同体理念,围绕脱贫减贫、气候变化、抗疫合作等主题,征集世界各国 青年故事、传播世界各国青年声音、凝聚世界各国青年共识。2020年,在联合国 有关机构、世界卫生组织共同举办的应对新冠肺炎疫情网络会议上,中国青年代 表向全世界介绍参与抗疫志愿服务的感人故事、分享科学应对疫情的经验做法。 在上海合作组织、金砖国家、G20 等国际机制青年领域合作文件的制定过程中, 中国青年积极贡献智慧、提出主张,为保障世界各国青年的生存权、发展权、受 保护权、参与权贡献智慧。在 2022年北京冬奥会、冬残奥会上,各国青年运动 员和青年志愿者,超越语言的障碍、文化的差异,用笑容播撒温暖、用拥抱传递 友谊、用心灵汇聚力量,共同搭建起"一起向未来"的桥梁,以青春特有的方式 向全世界传递了构建人类命运共同体的理念。 在手拉手的并肩前行中绘就美好图景。推动构建人类命运共同体,中国青年 铭于心,更笃于行。中国青年积极投身"一带一路"建设,践行共商共建共享理 念。几十万名海外中资机构青年员工在异国他乡辛勤工作,为当地经济社会发展 作出贡献;开展志愿服务、慈善捐赠、文化交流,增进与所在国青年之间的友谊 与合作。以青年为主体的国际中文教师志愿者在 100 多个国家服务,帮助各国青 年学习中华文化。"中国青年志愿者海外服务计划"累计派出超过 700 名青年志 愿者,在亚洲、非洲、拉丁美洲的 20 多个国家,开展医疗卫生、农业技术、土 木工程、工业技术、经济管理、社会发展等方面服务。中国军队青年官兵积极参 加联合国维和行动,胸怀人间大爱,恪守维和使命责任,秉持人道主义精神,为 世界和平与发展注入更多正能量。截至 2020 年,4 万余人次中国军人为和平出 征,16 名中国军人在维和行动中牺牲、平均年龄不到 30 岁。中国青年用行动向 世人证明,只要世界各国人民同心同向、携手共进,人类命运共同体的前景必将 更加美好。

(2) Meeting the Responsibility to Build a Global Community of Shared Future

Young Chinese of the new era are fully aware that the future of each and every nation and country is interlocked. We should stand together and help each other in the face of adversity, and endeavor to build this planet of ours into a single family of shared future.

Building consensus among youth through heart-to-heart communication and dialogue. Young Chinese actively advocate and practice the idea of building a global community of shared future. They are committed to telling the stories of global youth, spreading the voice of global youth, and building consensus among global youth on issues such as poverty alleviation, climate change, and anti-Covid cooperation. In 2020, at an online seminar on Covid-19 organized by the World Health Organization and other UN agencies, a young representative of China shared her moving story as a volunteer, recounted some experiences, and explained China's science-based response to the epidemic. Young Chinese also contribute their wisdom and ideas for safeguarding global youth rights to subsistence, development, protection and participation in the process of formulating documents on youth cooperation under international mechanisms such as the Shanghai Cooperation Organization, BRICS, and G20. During the Beijing 2022 Olympic and Paralympic Winter Games, the youth volunteers of China and young athletes from many countries overcame language barriers and cultural differences as they expressed goodwill with smiles, build friendships through personal contact, and pooled their strengths through heart-to-heart communication. Those young people worked together to build bridges towards a shared future, and spread the vision of building a global community of shared future around the workd in their own way.

Hand in hand on the journey towards a brighter future. China's youth firmly bear in mind the concept of building a global community of shared future, and actively implement it in practice. They devote themselves to the construction of the Belt and Road while following the principles of "extensive consultation, joint contribution and shared benefits". Hundreds of thousands of young employees in Chinese companies operating overseas work hard in foreign lands far from home, contributing to local economic and social development. They also take an active part in volunteer services, charitable donations, and cultural exchanges, building friendships and cooperation with

young people in the host countries. At present, many volunteer Chinese teachers, most of whom are young people, are working in more than 100 countries to help youth in other countries to study Chinese culture. The China Youth Volunteer Overseas Service Program has sent more than 700 young volunteers to over 20 countries in Asia, Africa, and Latin America to provide services in areas like medical care, agricultural technology, civil engineering, industrial technology, economic management, and social development. Demonstrating a great love for humanity and upholding a spirit of humanism, young Chinese soldiers actively participate in UN peacekeeping missions; they have made their contributions to defending world peace. By 2020, China had dispatched more than 40,000 peacekeepers, and 16 of them, under the age of 30 on average, had sacrificed their lives. The actions of Chinese youth have demonstrated that as long as people around the world unite with one heart and one mind and move forward hand in hand, we will build a global community with a brighter future.

(三)中国青年的全球行动倡议

人类已经进入互联互通的新时代,各国利益休戚相关、命运紧密相连。当今 世界面临越来越突出的治理赤字、信任赤字、和平赤字、发展赤字,混乱、撕裂、 不公愈演愈烈。百年变局和世纪疫情叠加,给世界经济发展和民生改善带来严重 挑战。和平还是战争,光明还是黑暗,人类在进步和倒退的十字路口面临着重要 抉择。时代呼唤全世界青年团结一心,加强彼此了解、相互取长补短,用欣赏、 互鉴、共享的观点看待世界,携手构建人类命运共同体。为此,中国青年向全世 界青年倡议: ——坚持向美向上向善的价值追求。立正心、明大德、行大道,崇德向善、 追求美好,热爱生活、奉献社会,在一点一滴中弘扬真善美、传播正能量。

——展现朝气蓬勃的精神风貌。自信自强、昂扬向上,不断自我提升、自我 超越,努力做最好的自己,实现青春梦想和人生价值。倡导健康生活,锻炼强健 体魄,涵养阳光心态,保持青春活力。

——为国家发展进步奋斗担当。以主人翁的姿态,刻苦学习本领、发挥聪明才智、大胆创新创造,始终保持拼搏向上、奋斗进取的精神,始终走在时代最前列,担负起国家发展进步的历史责任。

——为世界和平发展贡献智慧力量。胸怀世界、胸怀未来,秉持全人类共同价值,顺应时代潮流和历史大势,站在历史正确的一边、人类进步的一边,维护世界和平,促进共同发展,弘扬公平正义,捍卫民主自由,为建设繁荣美好的世界作出积极贡献。

中国青年真诚希望世界和平稳定、发展繁荣,真诚希望每个国家和地区都能 为青年发展提供良好条件,真诚希望全世界青年能够携起手来,为建设一个持久 和平、普遍安全、共同繁荣、开放包容、清洁美丽的世界贡献智慧力量、展现青 春担当。

(3) Global Action Initiative of China's Youth

Humanity has entered a new era of interconnection, with countries sharing common interests and their futures closely linked. Across the globe greater deficits of governance, trust, peace and development are emerging, and we are seeing escalating chaos, discord and injustice. Profound changes of a scale unseen in a century, together with the Covid-19 pandemic, are presenting grave challenges to the global economy and people's prospects of a better life. Humanity has found itself at a crossroads: peace or war, light or darkness, progress or regression - there are significant choices that we need to make. The era calls on global youth to unite with one heart, strengthen mutual understanding, learn from each other, view the world from the angle of mutual appreciation, mutual learning, and mutual benefit, so as to jointly build a global community of shared future. China's youth therefore call on young people around the world:

- To uphold the values of beauty, uprightness, and goodness. Young people should set themselves lofty ideals and conduct themselves with moral integrity. They should follow the right path, value kindness, goodness, and beauty, have an ardent love for life, and contribute to society. They should make every possible effort to promote truth and spread positive energy.

- To maintain a spirit of youth and vigor. Young people should be self-confident, selfreliant, and high in spirits. They should seek to improve and extend themselves, fulfill their dreams, and show their worth, and strive to present themselves in the best possible light. They should advocate healthy lifestyles, pursue physical and mental health, foster a sound outlook, and maintain vigor. - To shoulder the responsibility for national development. Young people, as masters of their respective countries, should study hard to improve their skills and abilities, leverage their wisdom, and be bold in innovation. Ready to struggle and willing to work hard, they should be at the forefront of the times and shoulder the historic mission to realize the development and progress of their countries.

- To contribute wisdom and strength to world peace and development. With the world and the future in mind, young people should uphold the common values of humanity, set the trends of history and lead the tides of the times, and stand on the side of fairness, justice, and human progress. They should safeguard world peace, promote common development, defend democracy and freedom, and make a greater contribution to building a prosperous, beautiful world.

China's youth look forward to a world of peace, stability, development and prosperity. They expect every country and region to provide favorable conditions for youth development, and hope all young people across the globe will shoulder their responsibilities and contribute their wisdom and strength to building an open, inclusive, clean, and beautiful world that enjoys lasting peace, universal security, and common prosperity.

结束语

Conclusion

青年一代有理想、有本领、有担当,国家就有前途,民族就有希望。中国的 未来属于青年,世界的未来也属于青年。

未来的中国青年,必将"以青春之我,创建青春之家庭,青春之国家,青春 之民族,青春之人类,青春之地球,青春之宇宙",在实现民族复兴的伟大实践 中放飞青春梦想。

未来的中国,必将在一代又一代青年的接续奋斗中,实现物质文明、政治文 明、精神文明、社会文明、生态文明的全面提升。中国人民将享有更加幸福安康 的生活,中华民族将以更加昂扬的姿态屹立于世界民族之林,伟大的中国梦一定 能够变成现实。

未来的世界,关系到每一名青年的前途命运,更取决于每一名青年的拼搏奋 斗。只要各国青年团结起来、同向同行,坚持平等协商、开放创新、同舟共济、 坚守正义,就一定能远离战火硝烟、倾轧斗争,真正建设一个和平发展、亲如一 家的"地球村",共同开创共赢共享、发展繁荣、健康安全、互尊互鉴的美好未 来,实现全人类的共同梦想。

中国青年愿同世界各国青年一道,为推动构建人类命运共同体、建设更加美好的世界贡献智慧和力量。

①截至 2020 年底,全国备案博物馆共 5788 家,"十三五"期间平均每 2 天 就新增 1 家。 ②即学前教育、义务教育、高中阶段教育、本专科教育和研究生教育所有学 段全覆盖,公办民办学校全覆盖,家庭经济困难学生全覆盖。

A country will be full of hope and can look forward to a bright prospect when its young generation has ideals, abilities, and a strong sense of responsibility. The future of China and the future of the wider world both belong to the young.

In the future, the young Chinese generation will "with their youthfulness, create a vibrant family, country, nation, human community, Earth and the universe." They will make their youthful dreams come true.

In the future, with successive efforts from one generation of young people to the next, China will scale new heights in every dimension, achieving economic, political, cultural, ethical, social, and eco-environmental progress. The Chinese people will enjoy a happier and healthier life and the Chinese nation will become a proud and active member of the community of nations. The great Chinese Dream will eventually become a reality.

The future of the world is related to the destiny of every young person, and it also depends on the efforts that every young person makes. If young people from all countries unite for the common goal, uphold justice, work in harmony, help each other, conduct consultation as equals, and commit to openness and innovation, we will be able to steer clear of strife and war, build a "global village" that pursues peaceful development and harmony, jointly create a future of prosperity, health, safety, mutual respect, mutual learning, and shared benefits, and ultimately realize the common dream of all of humanity.

China's youth stand ready to work with their counterparts from all over the world and contribute their wisdom and strength to building a global community of shared future and a better world.