



**运用之妙，存乎一心**

——“教学之星”大赛

**助力教师成长**

刘亚兰

钟山职业技术学院

南京 2016.4.13

# 教师成长的实现途径



教师培训  
研修课程

申请课题

出国访学

教师大赛

日常教学

# 教师大赛和日常教学



2015年参加“教学之星”大赛

选用《捷进英语》

全国高职高专院校英语教学发展与创新研修班  
暨外研社“教学之星”大赛

微课在翻转课堂中的应用

主办单位： 中国外语教育研究中心  
外语教学与研究出版社

2015年8月·杭州



# 一些收获



微课  
翻转课堂.....

教学模式

02

难度和互动  
拓展及延伸.....

课堂授课

04

01

专业素质

知识储备  
全英文授课.....

03

教学设计

合理设计  
激发兴趣.....

05

教学手段

技术运用.....

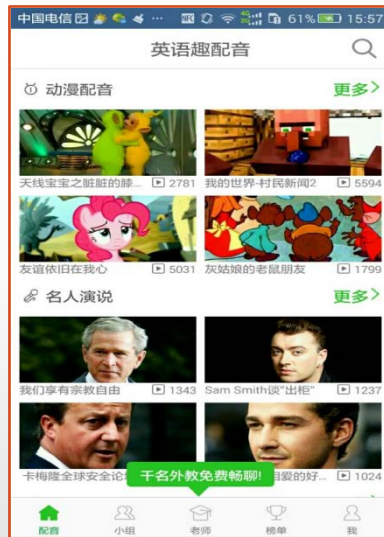
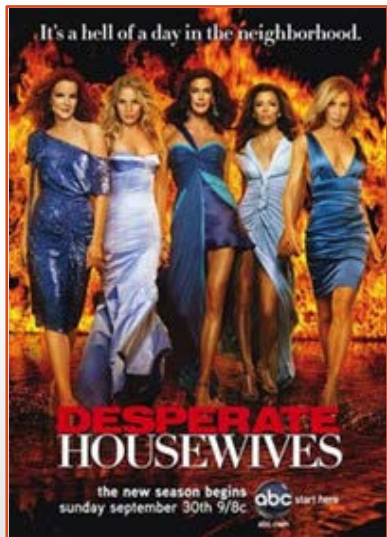
# 什么是“教学之星”大赛？



大赛采用“微课在翻转课堂中的应用”主题，要求参赛者基于初赛的微课，在复赛与决赛中进行翻转课堂的现场授课。从学习过程来看，由微课到翻转课堂，接近完整的教学式，有参与、有反馈、有作业、有讨论和评价，促进了学生的有效学习。同时，也能够从各方面促进我们参赛教师自身的发展。

# 1. 专业素养

参赛教师得有一定的语言知识储备，得不断地锤炼内力，提升自己的语言专业素养。



初赛的“微课”、复赛跟决赛的现场“翻转课堂”授课，都要求全英文授课。这无形中逼着我们自觉去提升自己的专业素养。

## 2.教学模式



要想在大赛中取得成绩，参赛教师还得具备过硬的专业知识，得不断地学习与跟进微课跟翻转课堂这些新型教学模式的相关知识，不断与时俱进。

什么是微课？  
什么不是微课？  
与传统课堂的区别？  
为什么要微课？

## 2. 教学模式



### 微课何用？

微课与慕课（MOOC）、翻转课堂和私播课（SPOC）有什么相互关联？

（无论是慕课、翻转课堂还是私播课，其中的**核心资源都是微课**。因此，翻转课堂是否成功，微课的质量是基础。）



# 微课的制作流程



01

选点

02

写教学设计

03

制作PPT

关键，背景要简单

04

写讲稿

组织语言，与课件同步，勿多勿少

05

录制

鼠标勿乱动

## 2. 教学模式



### 什么是翻转课堂？

翻转课堂的教学环节应该包括哪些？

翻转课堂对教师和学生都有什么样的要求？？



### 3. 教学设计



要想在大赛中取胜，无论微课还是翻转课堂，**过人的教学设计**至关重要。

教学内容的选择与设计决定一节微课的成败。同样，合理的教学设计能够让翻转课堂充分体现我们高等职业教育的实践性与应用性特点。



微阅读

微写作

“微学习”

微活动

微视频



clap



← Back to Vocabulary

v. 拍手；鼓掌

*e.g. One hand alone can't clap—it takes two to make a quarrel.*

一个巴掌拍不响。



← Back to Text



VS

返回 打卡页面

百词斩 (好评: 6331) 免费下载

我用百词斩的记忆法

今日过招单词	已坚持天数
78	19

That guy~ the other day...  
That one is into you~  
He likes you...

**gossip** v. 闲聊, 传播流言蜚语  
The two girls really like to gossip about other people.  
麦克斯和卡洛琳真的很喜欢聊别人的八卦。

exit  
This is the ap  
这是房-

A young woman with brown hair and bangs is shown from the chest up, wearing a white top and a red necklace. She has her eyes closed and her arms raised in a gesture of joy or inspiration. She is standing in a vast field of bright yellow flowers, likely rapeseed, under a clear blue sky with a few white clouds. In the background, there are some green trees.

4

Inspiring Others

# GUIDED WRITING

## Describing People (人物描写)

**Task 1** → Label (标注) the pictures with words from the boxes. You don't need them all. Some words have already been labeled for you.

straight

curly

bald

blonde

black

fat

glasses

moustache

long

short

### Answers

#### Picture 1

He's a **fat** man with a **beard**, **moustache** and a **bald** head.

He's wearing **glasses** and has got quite a big nose. He's wearing a checked **shirt**.

#### Picture 2

She's a young woman with **long**, **blonde**, **curly** hair. She's **slim**, with a small nose and big eyes.



[Answers](#)

# GUIDED WRITING

## Task 2

Read the descriptions about different people. Do you have someone in your mind who matches each description? Draw the descriptions if you can and show them to your partner.

- 1 A tall man with glasses and straight black hair.
- 2 A young woman with curly hair.
- 3 An old man with a beard and brown eyes.
- 4 A short girl with blonde hair and big blue eyes.
- 5 A fat girl with long straight hair.
- 6 A tall and slim girl wearing glasses.
- 7 A short man with a bald head and a small moustache.



# GUIDED WRITING

## Task 3

Laura is to pick up a visitor named Paolo from Rome. They have never met before. Look at the pictures of Laura and Paolo. Write down words or phrases to describe them.



### Possible answers

Laura: short, blonde hair, blue eyes, glasses, wearing a red skirt,  
black sweater, red jacket

Paolo: tall, bald, brown eyes, a beard, wearing a grey suit, white  
shirt, black tie



[Answers](#)

# GUIDED WRITING

## Task 4

Use Paolo's picture in Task 3 to complete his email to Laura.

Hi Laura,

My train will arrive at 11 am. I have (1) short hair and (2) brown eyes. I'm quite (3) tall (180cm) and will be wearing (4) a grey suit with a white shirt and a black tie.

What do you look like and what will you be wearing?

Best wishes,

Paolo



# GUIDED WRITING

**Task 5** → Write an email to Paolo from Laura. Use Laura's picture in Task 3 to help you.

## Model answer

Hi Paolo,

I'm quite short with short blond hair. I have glasses and blue eye. I will be wearing a red skirt, red coat, black top, sandals and a necklace.

Look forward to seeing you soon.

Best wishes

Laura



[Answers](#)

## 4. 课堂授课

- 第一步 观看视频
- 第二步 简要复习
- 第三步 知识的应用巩固
- 第四步 拓展和预习



[Describing Hair](#)

# 收获和总结

专业素质

教学理念

教学设计

课堂授课

教学手段

创新的大赛  
优质的教材

个人荣誉，学校荣誉

教学目标，教学评价

教师发展



THANK YOU FOR ATTENTION

刘亚兰



钟山职业技术学院



[yalan73@qq.com](mailto:yalan73@qq.com)

