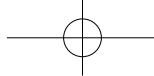


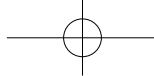
# CONTENTS

## 基础篇

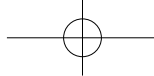
Passage 1	Sleep and Exercise .....	1
Passage 2	Emotions and Health .....	2
Passage 3	Sunshine in a Box .....	3
Passage 4	An Unexpected Help .....	5
Passage 5	Snow .....	6
Passage 6	Yawning Is Contagious .....	7
Passage 7	Green Plants and Deserts .....	9
Passage 8	The Story of the Ice Cream .....	10
Passage 9	The Travel of the American People .....	11
Passage 10	Where to Live .....	12
Passage 11	Who Pays for the Meal? .....	14
Passage 12	Nature .....	15
Passage 13	Language and Brain .....	17
Passage 14	Teenagers Need Friends .....	18
Passage 15	The Use of “Cool” .....	19
Passage 16	May I Have a Rain Check? .....	21
Passage 17	The Computer .....	22
Passage 18	The FA Cup of England .....	23
Passage 19	<i>Titanic</i> .....	25
Passage 20	Australia .....	26
Passage 21	Stamps .....	27
Passage 22	Michael Jordan .....	29
Passage 23	Nasreddin and the Beggar .....	31
Passage 24	Weather Satellite .....	32
Passage 25	Danny’s School Life .....	33
Passage 26	Arbor Day in America .....	35
Passage 27	Good Memory .....	37
Passage 28	Tree Rings .....	38
Passage 29	English Family Names .....	40



Passage 30	<b>An Absent-minded Professor</b> .....	41
Passage 31	<b>Meal Time</b> .....	43
Passage 32	<b>Postcard</b> .....	45
Passage 33	<b>Batteries</b> .....	46
Passage 34	<b>The Antarctica</b> .....	48
Passage 35	<b>Football</b> .....	50
Passage 36	<b>How the Name Canada Came About</b> .....	52
Passage 37	<b>O. Henry</b> .....	53
Passage 38	<b>Lightning</b> .....	55
Passage 39	<b>About Drinking Tea</b> .....	57
Passage 40	<b>A Letter to My Sister</b> .....	58
Passage 41	<b>Time Zones</b> .....	60
Passage 42	<b>Mother's Day</b> .....	62
Passage 43	<b>The Ways to Stop Quarreling</b> .....	63
Passage 44	<b>An Unexpected Meeting</b> .....	65
Passage 45	<b>Psychological Space Needs</b> .....	67
Passage 46	<b>The Oldest College Student</b> .....	69
Passage 47	<b>Ways of Traveling</b> .....	71
Passage 48	<b>The Television Advertisements in America</b> .....	72
Passage 49	<b>The Driver's Answer</b> .....	74
Passage 50	<b>Bottled Milk</b> .....	76
Passage 51	<b>The Courage of an AIDS Child</b> .....	77
Passage 52	<b>Ideas for Inventions</b> .....	79
Passage 53	<b>The Rich Man and the Poor Man</b> .....	81
Passage 54	<b>Mid-autumn Festival</b> .....	82
Passage 55	<b>Water Shortage</b> .....	83
Passage 56	<b>Eating Habits</b> .....	85
Passage 57	<b>To Be a Brave New Girl</b> .....	86
Passage 58	<b>Owner-builders</b> .....	87
Passage 59	<b>A Curious Accident</b> .....	89
Passage 60	<b>On Buying Clothes</b> .....	91
Passage 61	<b>Ways of Communications</b> .....	92
Passage 62	<b>Jane</b> .....	94
Passage 63	<b>Bamboo</b> .....	95
Passage 64	<b>Newspapers</b> .....	97
Passage 65	<b>Pollution and Green Food</b> .....	98
Passage 66	<b>The Cost of Medicine in the U.S.A.</b> .....	100
Passage 67	<b>Advantages of Watching TV</b> .....	102



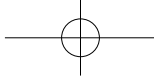
Passage 68	Sign Language .....	103
Passage 69	Superstar .....	105
Passage 70	Part-time Jobs Can Cost Dear .....	107
Passage 71	A Real Job for Teachers .....	109
Passage 72	Happiness .....	110
Passage 73	Love Story .....	112
Passage 74	Earthquakes .....	114
Passage 75	A Journey in a Balloon .....	115
Passage 76	Internet .....	117
Passage 77	Meeting the English Family .....	119
Passage 78	Homesick .....	121
Passage 79	Sailing .....	122
Passage 80	Gardening .....	124
Passage 81	The Two Meanings of “Day” .....	126
Passage 82	The Girl from the Street .....	127
Passage 83	Freezing .....	130
Passage 84	Editor’s Note .....	131
Passage 85	A Lottery Ticket .....	133
Passage 86	Mobile Phone .....	135
Passage 87	The Change of English Language .....	136
Passage 88	The Bill of 100 <i>Yuan</i> RMB .....	138
Passage 89	Ads .....	140
Passage 90	Christmas Gift .....	142
Passage 91	News .....	143
Passage 92	Understanding People Is an Art .....	145
Passage 93	Mark Twain .....	147
Passage 94	A Different Kind of Doctor .....	149
Passage 95	The Dream of Flying .....	150
Passage 96	Great Inventions .....	152
Passage 97	GM Foods .....	153
Passage 98	An Unpleasant Experience .....	155
Passage 99	The New Traffic Law .....	157
Passage 100	A New Dictionary .....	158
Passage 101	The Main Use of Colors for Animals and Pests .....	160
Passage 102	Teleshopping .....	162
Passage 103	No-teacher Exam .....	164
Passage 104	The History of Greenwich .....	166
Passage 105	How America Got Its Name .....	168



Passage 106	Save the Children .....	170
Passage 107	Changes in American Families .....	171
Passage 108	I Wish You Enough .....	174
Passage 109	A New Kind of School .....	175
Passage 110	Saving Paper .....	177
Passage 111	Blacksmith in New York .....	179
Passage 112	Love for Strangers .....	181
Passage 113	Lures in a Supermarket .....	183
Passage 114	Customs of Different Countries .....	184
Passage 115	Ways of Making Fire .....	186
Passage 116	Neighborhood Watch Group .....	188
Passage 117	Groundwater—the Polluted Resource .....	190
Passage 118	Rooftop Gardening .....	192
Passage 119	New Rules and Behavior Standards .....	194
Passage 120	The Importance of Being on Time Differs Among Cultures .....	196

### 提高篇

Passage 121	The Origin of the Jeans .....	199
Passage 122	Brain .....	201
Passage 123	Some Ideas for Some Foods .....	202
Passage 124	Migration .....	204
Passage 125	The First Computer Art Museum in the World .....	205
Passage 126	Wall Street .....	207
Passage 127	Stephen Hawking in China .....	209
Passage 128	Anesthetic .....	211
Passage 129	Louis Braille and His Success .....	213
Passage 130	The Art of Apologizing .....	215
Passage 131	The Sense of Taste .....	217
Passage 132	The Laugh Lab Project .....	219
Passage 133	The Temple of Heaven .....	221
Passage 134	The Sea .....	223
Passage 135	How to Teach the Students to Learn a Poem .....	225
Passage 136	Auction Sales .....	227
Passage 137	What a Bad Experience .....	229
Passage 138	Two Women Astronauts .....	231
Passage 139	A Single Culture .....	233
Passage 140	About Snowblindness .....	235
Passage 141	General Tom Thumb .....	237



<b>Passage 142</b>	<b>The Generation Gap</b> .....	239
<b>Passage 143</b>	<b>A Poem Changes My Father’s Bad Habit</b> .....	241
<b>Passage 144</b>	<b>The Transfer of Heat</b> .....	243
<b>Passage 145</b>	<b>Disney’s Dream</b> .....	245
<b>Passage 146</b>	<b>Alcohol and the Culture</b> .....	247
<b>Passage 147</b>	<b>An Unknown Dance</b> .....	250
<b>Passage 148</b>	<b>Unreality of TV</b> .....	252
<b>Passage 149</b>	<b>Sam and His Youngest Son</b> .....	255
<b>Passage 150</b>	<b>Salt</b> .....	258
<b>Key to Exercises</b> .....		261