

Map of the book

Unit	Get on board	Experience the world		Understand the world
		Listening	Skills	Listening / Viewing
1 Person to person <i>p2</i>	Statements on communication: Agree or disagree <i>p3</i>	Listening 1 Personal space in different cultures <i>p4</i> Listening 2 How to avoid arguments <i>p6</i> Language in focus <i>p8</i>	Conversation skill Using hesitation strategies in a conversation <i>p5</i> Pronunciation skill Sound linking (II) <i>p9</i>	Listening 1 Suspended coffee <i>p10</i> Viewing Body language <i>p12</i> Listening 2 – Voice of China The new trend of splitting the bill in China <i>p14</i>
2 Healthy and happy <i>p22</i>	Healthy activities that I do <i>p23</i>	Listening 1 Dealing with pressure <i>p24</i> Listening 2 Understanding “health” <i>p26</i> Language in focus <i>p28</i>	Conversation skill Giving and responding to advice in a conversation <i>p25</i> Pronunciation skill Consonant clusters <i>p29</i>	Listening 1 The perfect body shape <i>p30</i> Viewing The healing power of nature <i>p32</i> Listening 2 – Voice of China The traditional Chinese exercise qigong <i>p34</i>
3 My life, my style <i>p42</i>	A lifestyle that appeals to you <i>p43</i>	Listening 1 Slash youth <i>p44</i> Listening 2 The Danish concept of “hygge” <i>p46</i> Language in focus <i>p48</i>	Conversation skill Confirming understanding in a conversation <i>p45</i> Pronunciation skill Schwa <i>p49</i>	Listening 1 Lifestyle brands <i>p50</i> Viewing Space: Tiny house <i>p52</i> Listening 2 – Voice of China Why elderly people in China go to public parks <i>p54</i>

	Over to you		Further listening
Skills	Projects	Skills	
<p>Listening skill Listening for transition words and phrases <i>p10</i></p> <p>Critical thinking skill Making inferences <i>p13</i></p> <p>Intercultural skill Analyzing one's own cultural heritage <i>p15</i></p>	<p>Project Telling a story about an interpersonal conflict <i>p16</i></p>	<p>Presentation skill Creating suspense <i>p17</i></p>	<p>Conversation <i>p18</i> Passage 1 <i>p18</i> Passage 2 <i>p19</i> Passage 3 <i>p20</i></p>
<p>Listening skill Distinguishing between facts and opinions <i>p30</i></p> <p>Critical thinking skill Relating content to personal experiences <i>p33</i></p> <p>Intercultural skill Mediating between different interpretations of a phenomenon <i>p35</i></p>	<p>Project Giving a talk about a healthy practice <i>p36</i></p>	<p>Presentation skill Appealing to emotions <i>p37</i></p>	<p>Conversation <i>p38</i> Passage 1 <i>p39</i> Passage 2 <i>p39</i> Passage 3 <i>p40</i></p>
<p>Listening skill Understanding a speaker's viewpoints <i>p50</i></p> <p>Critical thinking skill Assessing options <i>p53</i></p> <p>Intercultural skill Comparing the different lifestyles of different cultures <i>p55</i></p>	<p>Project Giving a speech on lifestyle choices <i>p56</i></p>	<p>Presentation skill Making your speech persuasive <i>p57</i></p>	<p>Conversation <i>p58</i> Passage 1 <i>p58</i> Passage 2 <i>p59</i> Passage 3 <i>p60</i></p>

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		Listening	Skills	Listening / Viewing
4 Living with nature <i>p62</i>	How nature affects people's lives <i>p63</i>	Listening 1 Life in extreme environments <i>p64</i> Listening 2 The effects of natural forces <i>p66</i> Language in focus <i>p68</i>	Conversation skill Giving and responding to compliments in a conversation <i>p65</i> Pronunciation skill Strong and weak forms of auxiliary verbs <i>p69</i>	Listening 1 Surviving the Bam earthquake <i>p70</i> Viewing Rising sea levels in Florida <i>p72</i> Listening 2 – Voice of China The Chinese idea of <i>tianren heyi</i> <i>p74</i>
5 For the sake of art <i>p82</i>	Art types you are interested in <i>p83</i>	Listening 1 The effects of film soundtrack <i>p84</i> Listening 2 An introduction to Vincent van Gogh <i>p86</i> Language in focus <i>p88</i>	Conversation skill Asking follow-up questions in a conversation <i>p85</i> Pronunciation skill Stress shifts with suffixes <i>p89</i>	Listening 1 Why the world loves William Shakespeare <i>p90</i> Viewing The street artist David Zinn <i>p92</i> Listening 2 – Voice of China An introduction to Cai Guoqiang <i>p94</i>
6 Embrace the unknown <i>p102</i>	Human beings' efforts to explore the unknown <i>p103</i>	Listening 1 Life on the space station <i>p104</i> Listening 2 A race to be the first to reach the South Pole <i>p106</i> Language in focus <i>p108</i>	Conversation skill Giving and taking turns naturally in a conversation <i>p105</i> Pronunciation skill Sentence stress <i>p109</i>	Listening 1 Solarpunk – a new genre of science fiction <i>p110</i> Viewing The exploration of Mars <i>p112</i> Listening 2 – Voice of China The Chinese explorer Zheng He <i>p114</i>
U校园智慧教学云平台使用指南 <i>p122</i>				

	Over to you		Further listening
Skills	Projects	Skills	
<p>Listening skill Following a narrative <i>p70</i></p> <p>Critical thinking skill Formulating multiple solutions to a problem <i>p73</i></p> <p>Intercultural skill Applying ancient wisdom to modern life <i>p75</i></p>	<p>Project Giving a mini lecture on a natural disaster <i>p76</i></p>	<p>Presentation skill Using figures and statistics <i>p77</i></p>	<p>Conversation <i>p78</i> Passage 1 <i>p78</i> Passage 2 <i>p79</i> Passage 3 <i>p80</i></p>
<p>Listening skill Identifying the structure of a text <i>p90</i></p> <p>Critical thinking skill Questioning assumptions <i>p93</i></p> <p>Intercultural skill Drawing on cultural traditions for inspiration <i>p95</i></p>	<p>Project Giving a presentation on your favorite artwork <i>p96</i></p>	<p>Presentation skill Using slides <i>p97</i></p>	<p>Conversation <i>p98</i> Passage 1 <i>p98</i> Passage 2 <i>p99</i> Passage 3 <i>p100</i></p>
<p>Listening skill Organizing your notes <i>p110</i></p> <p>Intercultural skill Identifying and articulating cultural similarities <i>p113</i></p> <p>Critical thinking skill Questioning claims <i>p115</i></p>	<p>Project Making a podcast about someone famous for exploring the unknown <i>p116</i></p>	<p>Presentation skill Using descriptive language <i>p117</i></p>	<p>Conversation <i>p118</i> Passage 1 <i>p118</i> Passage 2 <i>p119</i> Passage 3 <i>p120</i></p>