

Map of the book

Unit	Scenario	Active reading
1 Get your foot in the door <i>P2</i>	Present your career plan at a meeting held by your university's Student Career Center <i>P3</i>	Text <i>P4</i> Are you the right person for the job? Analyzing writing techniques: Using figurative language to liven up articles Sharing your ideas: Talk about the career skills and relevant experience you have or lack
2 Strength from within <i>P28</i>	Respond to someone with an interpersonal relationship problem as a volunteer of the Mental Health Support Center at your university <i>P29</i>	Text <i>P30</i> How empathy originates and develops Analyzing writing techniques: Using concrete examples to explain abstract ideas Sharing your ideas: Talk about how empathy originates, develops, and improves relationships
3 Sports for all <i>P54</i>	Recommend a sport for the International Day of University Sport <i>P55</i>	Text <i>P56</i> Eric the Eel: A unique tale of hope and struggle Analyzing writing techniques: Using action verbs and quotes in profile features Sharing your ideas: Talk about the sportsmanship demonstrated by an athlete
4 Horns of a dilemma <i>P82</i>	Post a reflective journal about a moral lesson from <i>After twenty years</i> on an online English learning forum <i>P83</i>	Text <i>P84</i> After twenty years Analyzing writing techniques: Giving a twist ending to a story Sharing your ideas: Write a comment about a decision by Jimmy, a character from <i>After twenty years</i>
5 Time off <i>P110</i>	Discuss with your classmates the impacts of inactive lifestyles and recommend interesting and active leisure activities <i>P111</i>	Text <i>P112</i> Leisure "inactivities": How to relax and do nothing Analyzing writing techniques: Expressing opinions in a humorous way Sharing your ideas: Write about the impacts of inactive lifestyles
6 Science empowers <i>P138</i>	Talk about the power of science in a university English radio program <i>P139</i>	Text <i>P140</i> Living in China's age of technological miracles Analyzing writing techniques: Writing about big changes using small details Sharing your ideas: Talk about technological achievements China has made and how they have improved your life

Further exploration

Project

Extended reading

Text P11

Sharing overseas internship experiences

Audio P13

The rise of entrepreneurship among university students

Sharing your ideas: Talk about the preparations needed for your future career

Give a presentation **P15**

Communication skill: Engaging the audience with personal anecdotes

Text P18

The mindset of a lifelong learner

Text P37

Keep smiling

Audio P39

How to turn social anxiety into excitement

Sharing your ideas: Talk about strategies to overcome social anxiety and improve interpersonal relationships

Respond to a voicemail message **P41**

Communication skill: Showing empathy to better offer help

Text P43

The joy of sadness

Text P63

Traditional sports in different cultures

Video P66

China's fitness craze

Sharing your ideas: Talk about the role sports play in defining a country's culture and promoting public fitness

Write a proposal **P68**

Communication skill: Making strong arguments using facts and statistics

Text P71

Sports in ancient Greece and ancient China

Text P92

The moral dilemma of Jean Valjean

Video P94

Moral awareness

Sharing your ideas: Talk about the moral message you get from literary works

Write a reflective journal **P96**

Communication skill: Writing a reflective journal in an instructive way

Text P99

Should we avoid or engage moral dilemmas?

Text P119

A love of words

Video P121

Queen's Dance Club

Sharing your ideas: Talk about interesting and active leisure activities

Have a group discussion **P124**

Communication skill: Moving forward a group discussion

Text P127

Why your leisure time is in danger

Text P148

How the world can better embrace science

Video P151

Science literacy

Sharing your ideas: Talk about how science shapes the way we understand the world and how to better embrace science

Give a talk **P153**

Communication skill: Adding a personal touch to a talk

Text P156

Can bad luck be explained?