

Map of the book

Unit	Scenario	Active reading
1 Knowing yourself <i>P2</i>	Record a significant personal growth story for an English-language podcast <i>P3</i>	Text <i>P4</i> Catching crabs Analyzing writing techniques: Keeping the narrative flowing Sharing your ideas: Talk about one of your critical growth moments
2 Beyond the horizon <i>P32</i>	Participate in an English-speaking contest on the topic "My unforgettable trip" <i>P33</i>	Text <i>P34</i> Life in the lanes Analyzing writing techniques: Making vivid descriptions Sharing your ideas: Talk about one of the most unforgettable trips you have taken
3 Informed or misinformed? <i>P60</i>	Share how to be a smart social media user to help UNESCO promote media and information literacy <i>P61</i>	Text <i>P62</i> Is social media good for us? Analyzing writing techniques: Engaging the audience Sharing your ideas: Talk about your understanding of social media
4 The heartbeat of a city <i>P88</i>	Present a city at an exposition during the World Culture and Tourism Forum <i>P89</i>	Text <i>P90</i> The beautiful blue Danube Analyzing writing techniques: Highlighting features when introducing a city Sharing your ideas: Write a paragraph about one feature of your city
5 Journey to the stars <i>P118</i>	Introduce China's space exploration for international students at the China Space Museum <i>P119</i>	Text <i>P120</i> Sailing the ocean of stars Analyzing writing techniques: Using a specific lead-in to introduce a grand theme Sharing your ideas: Write down China's achievements in space exploration
6 Path to prosperity <i>P146</i>	Share China's poverty alleviation efforts with international visitors in a workshop <i>P147</i>	Text <i>P148</i> Meeting poverty head-on Analyzing writing techniques: Improving credibility by using authoritative sources Sharing your ideas: Talk about the significance of alleviating and ultimately eliminating poverty

Further exploration

Speaking guide

Project

Extended reading

Text P11

The passage to adulthood

Video P14

Eight stages of development

Sharing your ideas: Talk about the significance of your moment

Telling a personal growth story via a podcast **P16**

Tell a personal growth story **P17**

Communication skill: Using vocal variety in podcast storytelling

Text P20

Helpful ways to know yourself

Text P41

Adventures of a lifetime

Video P44

The point of travel

Sharing your ideas: Talk about your views on the meaning of your trip

Giving a prepared speech in a speaking contest about an unforgettable trip **P46**

Make a speech **P47**

Communication skill: Starting your speech with impact

Text P50

The armchair traveller

Text P69

Social media literacy: The five key concepts

Audio P72

How to choose your news

Sharing your ideas: Talk about how to use social media smartly

Making a vlog on social media literacy **P74**

Make a vlog **P75**

Communication skill: Using body language effectively

Text P78

Making the headlines

Text P97

Wuzhen: Past and present

Video P100

How to make an attractive city

Sharing your ideas: Talk about a feature of your city related to its development and planning

Giving a presentation about your city at an exposition **P102**

Give a presentation **P103**

Communication skill: Using visual aids effectively

Text P106

Cities: Past and future

Text P127

Apollo 13

Audio P130

Staying healthy in space

Sharing your ideas: Role-play an interview about an astronaut's experience in space

Giving a guide's talk on China's space exploration **P132**

Give a talk **P133**

Communication skill: Making your talk interactive

Text P136

Fire!

Text P156

Global innovations for poverty alleviation

Video P159

A case of China's targeted poverty alleviation

Sharing your ideas: Make a list of China's strategies for poverty alleviation

Giving a talk in a workshop on poverty alleviation **P161**

Give a talk **P162**

Communication skill: Handling listeners' questions effectively

Text P165

Live-streaming helped a flower farmer thrive