

Map of the book

Unit	Taking in	
	Listening to China	Viewing world cultures
1 How we behave is who we are <i>p2</i>	Listening skills: Identifying the meaning of a new word or term <i>p4</i> Listening passage: The Five Constant Virtues <i>p5</i>	Program: Observations of human behavior <i>p7</i>
2 Getting older, getting wiser? <i>p16</i>	Listening skills: Organizing your notes <i>p18</i> Listening passage: The Chongyang Festival <i>p19</i>	Program: How to live to 101 <i>p21</i>
3 Discovering your dream holiday <i>p32</i>	Listening skills: Listening for procedures <i>p34</i> Listening passage: “Two Dams and One Gorge” cruise tour on the Yangtze River <i>p36</i>	Program: One thing you’d like to do in your lifetime <i>p37</i>
4 Art expands horizons <i>p48</i>	Listening skills: Understanding idioms and phrases <i>p50</i> Listening passage: The preservation of the Mogao Caves through digital technology <i>p52</i>	Program: What artists do all day <i>p53</i>
5 Solving problems & seeking happiness <i>p62</i>	Listening skills: Identifying supporting details <i>p64</i> Listening passage: China’s remarkable achievements in environmental protection <i>p66</i>	Program: The happiness formula <i>p68</i>
6 Books light up our mind <i>p78</i>	Listening skills: Listening for comparisons and contrasts <i>p80</i> Listening passage: The Chinese invention of moveable type printing <i>p82</i>	Program: The Durrell family <i>p84</i>

	Speaking out		Further listening
Watching street interviews	Group discussion	Public speaking	
Video podcast: What do you think about social behavior? <i>p9</i>	Talking about a difficult decision <i>p11</i>	Public speaking skills: Persuasive speeches – Methods of persuasion <i>p12</i>	- Conversation - Passage - Lectures <i>p14</i>
Video podcast: What was the best period of your life? <i>p24</i>	Discussing life at different ages <i>p26</i>	Public speaking skills: Persuasive speeches – Organizational pattern (I): The problem-(cause-) solution order <i>p28</i>	- Conversation - Passage - Lectures <i>p30</i>
Video podcast: What's the perfect way to switch off? <i>p40</i>	Talking about leisure activities and their meaningfulness <i>p42</i>	Public speaking skills: Persuasive speeches – Organizational pattern (II): The motivated sequence <i>p44</i>	- Conversation - Passage - Lectures <i>p46</i>
Video podcast: What areas of the arts do you enjoy? <i>p55</i>	Talking about movies <i>p57</i>	Public speaking skills: Impromptu speeches <i>p59</i>	- Conversation - Passage - Lectures <i>p60</i>
Video podcast: Does money make you happy? <i>p70</i>	Conducting a happiness survey <i>p72</i>	Public speaking skills: Formal toast speeches <i>p74</i>	- Conversation - Passage - Lectures <i>p76</i>
Video podcast: What kind of news stories interest you? <i>p86</i>	Talking about writing a book <i>p88</i>	Public speaking skills: Farewell speeches <i>p90</i>	- Conversation - Passage - Lectures <i>p92</i>