The way to success

Part one

Vocabulary and structure

1 \	Νo	rd building
Comp	let	e the following sentences with the proper form of the words in bold.
prece	de	
	1	With the gradual recovery of the local economy, I made more money this month than in the whole of the quarter.
	2	It will bring about opportunities to the economic and trade cooperation between China and various countries and regions in the world.
	3	Saving the children takes over anything else during the accident.
expen	ıd	
	4	In response to the current situation, the government intends to increase the of money on environment protection.
	5	In the current times when people are becoming more and more concerned with sustainable development, areas of grassland are no longer
	6	He finished the exploration at the of his health.
comm	ien	d
	7	They should be warned not to let success and make them conceited and self-satisfied.
	8	Leading the team into the finals and winning the gold medal, the coach was highly by his colleagues.
	9	Current efforts to develop alternative energy sources are steps that will decrease pollution and environmental degradation.
dedica	ate	
1	10	He was a legend in the news industry because of his remarkable, energy and determination of getting to the most difficult assignments.
1	11	Mr. Smith was considered to be a qualified teacher mainly because he was a teacher in the eyes of students.

12	intellectual value, teacher plays an irreplaceable role in education.
amaze	interfectual variety teacher plays an irreplaceable role in education.
	I heard with that one student in my class won the first prize in the
	National English Contest for College Students.
14	If you want to make great achievements in your career, you must have
	extraordinary ability and willpower.
15	Both the teacher and the students were to find that a lazy boy had
	gained a mark of 100 in an important test.
16	Survey shows that the Inuit people have an low heart attack and heart
	disease rate, despite having a diet rich in fat.
patriot	
17	The crowd sang "Land of Hope and Glory" and other songs, which
	aroused his missing of his motherland.
18	He was a common and quiet country boy who had joined the army out of a sense
	of and adventure.
19	It is an overwhelming and dangerous phenomenon that bloodthirsty
	are immersed in political persecution.
transcen	d
20	A problem of national importance was the development and control
	of nuclear energy.
21	This chamber music has such a capacity to stir the heart of people that the audience
	fell immediately from a secular (世俗的) world into a realm.
22	The sustainable development is another significant of human being in
	the civilized progress, especially in modern time.
consider	
23	The local government has wasted a(n) amount of time and money on
	this dam project and caused a lot of complaints from the residents.
24	It was very kind and of you to give me the encouragement when I was
	so depressed at that time.
25	You've done quite well in this job interview, your educational
	background and the adverse circumstances.
26	Nowadays, it is inevitable for potential car buyers to take fuel consumption into
C	before making an actual purchase.
fortune	
27	Even today when some Westerners see a black cat sitting in the middle of a
	street, they will try to take a detour (绕道) because it is regarded as an omen of
20	
28	he was sent to the hospital in time – if he had been delayed half an
20	hour, he would not have been still alive.
29	The minister made the mistake of promising that he would quit if the
	budget deficit was still out of control.
intensify	
	The news has aroused interest among the investors all over the world.
31	Last night she was critically ill in the hospital with highly skilled medical
	professionals offering care.
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32	High	training,	also	popularly	called HIT,	, is a speci	fic method	of
	strength training th	at was po	pular	rized by Art	hur Jones in	the 1970s.		
			_					

33 The country was on the edge of collapse because of the _____ of violent rebel attacks in some rural regions.

2 Phrasal verbs

Fill in the blanks with the proper form of the phrasal verbs given below.

fall apart: to be in bad condition so that parts are breaking off; to have so many problems that it is no longer possible to exist or function

fall down: to fall to the ground; to fail because of not being satisfactory for a particular purpose

fall behind: to go more slowly than others; to become less successful than others

take on: to begin to have (a particular quality, appearance, etc.); to employ sb.

take away: to remove sth. from where it was and put it somewhere else; to make a particular quality or feeling disappear

	particular quality or feeling disappear
1	The book in the library has been borrowed so many times that it is
2	The "correct" way of constructing a building can never be such, because it will immediately when it is completed.
3	Their marriage had already even before his wife went abroad to look after their grandson.
4	The government has been accused of in its duty to prevent material from being sold abroad for the manufacture of weapons.
5	That country has its competitors in the manufacture of cheap cotton goods and is now trying to find a solution to the problem.
6	When this contract expired, the company the added facilities without changing the conditions of the office building.
7	The urbanization speed the growth of the economy in some parts of the country.
8	The company him because he was enthusiastic and good at dealing with interpersonal relationship.
9	She really dislikes smokers in the restaurant since they usually he appetite and make her feel sick.
10	The neighborhood has a fresh look since the new park was buil several years ago.
	give away: to give sth. to sb. without asking for payment; to let sb. know sth. that should be kept secret
	give in: to admit that you have been defeated by sb. / sth.; to agree to do sth. that you do not want to do
	give off: to produce sth. such as heat or a smell
	give out: to tell people about sth. or broadcast sth.; to be completely used up; (of an
	engine, a motor, etc.) to stop working
	give up: to stop doing sth., especially sth. that you do regularly; to use your time for one activity instead of another

11	Jane tried to keep up a calm appearance in front of her boss, but her trembling voice her
12	If you must, have a television in the room, but it is best not to watch it for too long, as the warmth of the set makes its plastic components fumes.
13	He begged his parents until they finally and registered him for skating classes.
14	The manager is a hard-working person who has so much of his time to this project that he won't stop now.
15	When the new editions just come out, as usual they've let Radio Oxford have a copy to as a prize.
16	She was an aggressive and stubborn woman. Although she knew she had lost the argument, she wouldn't to the opponent.
17	The food is very different from what you would get at home, but once it is brought to the boil, it a very delicious smell.
18	Our facial expressions, the way we hold our arms and body, all of these messages, sometimes to supplement our voice and sometimes to replace them.
19	They had planned to stay in the desert for two months. However, their food supplies only after a month.
20	It's surprising that the young man, whose doctor had hope for his life, completely recovered.
	n one collocation is possible.
cria	Nouns frequently used with <i>commit</i> :
1	Nouns frequently used with commit: suicide, mistake, error, fund, crime, offence Many leading manufacturers have committed substantial to developing
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8	Before you start a transcendental meditation, you should take a deep breath first in
_	order to attain a(n) of calm.
9	She was the first woman to attain the of president in the highly
_	competitive multinational company.
0	Dolphins, though also mammals as human, can attain such in water that
_	man can not yet emulate.
1	To attain this long-term, we must rely on our own efforts, on correct
•	principles and policies, and on specific effective measures.
2	Attaining in the military means getting promoted, along with higher pay,
	more responsibilities and usually more respect.
	Common the conferred records
	Commonly confused words
tuc	dy each pair of the given words and fill in each blank with the correct one.
	substantial <i>adj.</i> 数目大的,可观的,大量的
	substantive adj. 重要的,实质的,本质的
	, 1500, 7000
1	The media needed this kind of story so they don't have to cover something far more
	·
2	As we discussed in our previous book, there is a body of evidence in favor
	of the latter alternative.
3	The company is slow to restructure, and its problems could carry over into another
	profit decline in the future.
ŀ	Wall Street had expected a modest rise in the company's domestic sales and earnings,
	and more increases in overseas results.
5	The president announced that there would be a change in the university
	this year.
	consistent adj. 固守的,坚持的;一致的,一贯的
	compatible adj. 能共存的,协调一致的
Ó	The government hasn't been too in the way it's treated unemployment and
	rising prices.
7	You can create as many joins as you want, but each pair of joined fields must be of the
	same or data type.
3	Tom and his wife are very His wife is interested in the things that interest
	Tom as well.
)	The goal of any trader is to get profits on a regular basis, yet so few people ever really
	make money.
)	No plan should be inflexible, and the services offered and the demands of clients should
	be monitored constantly to ensure that both are
	slim adj. 纤细的,苗条的,修长的;微小的
	slight adj. 微小的,少量的;轻微的
	Siight day. 版为du,文里du,在版du
1	Suddenly, there was a trembling sound from below, and the captain went
	down to see what had happened.

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12	-		o, indicated only	increases in US
13		nsplant he would sur	rvive only hours, and the	e chances of finding a
14		that a cup of coffee	e does give an individua	al a jolt
15			duals can still function. hair, build,	regular features and
5	Cloze			
		• .	ge. For each blank the est fits into the passage	
self- seri	esteem and low self-cous, damaging and de	onfidence, the pain bilitating. It can ha	e. Especially, in the case and fear <u>1</u> with a very a lasting and cripple otential and realizing the	failure is much more ling2 Failure
pro		other, we have to fi	ur lives, as long as we and healthy ways to5	
failu you is in and you	are or problem in your rabilities, you can over surmountable to human9 way. You have	life. Confidence is the come any failure in you intelligence. You care the power, you have their impact11	6 you have the abine key. If you have 7 your life. 8 tough it deal with every failure in the skills and you have the your life and actions, jut 12 of mind.	in yourself and in t may be, no problem a positive, intelligent he strength to10_
resp	onsibility, before it cor	nsumes you 14 mon sense, you can	n, objectivity, awaren its raw force of negativit find solutions <u>16</u> t 17 your goals.	y and makes you feel
wot with	ald not last long, unles	ss you19 to ye	eel <u>18</u> , ignored or our fears and worries. The name of the uncompared to be uncompared to	The best way to deal
1	A associated	B together	C attached	D assisted
2	A effort	B affect	C efficiency	D effect
3	A with	B to	C about	D for
4	A inconceivable	B inseparable	-	ble D incompatible
5	A dwell	B do	C deal	D delete
6	A and	B but	C as	D like

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7	A	confession	B	competence	\mathbf{C}	complex	D	confidence
8	A	However	В	Nonetheless	\mathbf{C}	No matter	D	Whoever
9	A	deliberate	В	delighted	\mathbf{C}	decisive	D	deceptive
10	A	condemn	В	confront	\mathbf{C}	conflict	D	confess
11	A	of	В	with	\mathbf{C}	to	D	upon
12	A	frame	В	intelligence	\mathbf{C}	time	D	sphere
13	A	sense	В	cause	\mathbf{C}	mind	D	state
14	A	about	В	with	\mathbf{C}	on	D	for
15	A	unlucky	В	helpless	\mathbf{C}	heartless	D	clueless
16	A	with	В	on	\mathbf{C}	to	D	of
17	A	setting	В	keeping	\mathbf{C}	having	D	realizing
18	A	depended	В	disturbed	\mathbf{C}	defeated	D	distorted
19	A	overcome	В	succumb	\mathbf{C}	survive	D	surmount
20	A	reasonably	В	reflectively	C	intellectually	D	rationally

Part two

Translation

- 1 Translate the following sentences into Chinese.
- 1 Had he not made great achievements before, he probably would have been removed from the army for deviating from the rules.
- 2 Personal history, educational opportunity, individual dilemmas none of these can inhibit the young girl who is committed to success.
- 3 His strong will intensified and enabled him to triumph over the difficulties of getting into the company.
- 4 Despite all of her hard work, she was still rejected from the entire basketball association as teams preferred to hire less qualified men rather than risk hiring a female coach, which was unprecedented.
- The football players got into the finals because they had the will to overcome profound obstacles and to work diligently in the pursuit of their goals.

6	With hard work, determination, dedication and preparation, the poor boy transcended all the difficulties and finally achieved success!
7	The prospective opportunities for his future looked slim to others, but not to him because he knew that he was destined to be a DJ.
8	He kept his goals close to his breast and remained wrapped up in his own world, living his dream as a renowned musician.
9	The guide caters to tourists' every need at work, and works overtime whenever necessary, which eventually helps her win tourists' trust.
10	The nurse stayed close to the patient in case there was some way she might help alleviate his pain.
2 ora	Complete the following sentences by translating into English the Chinese given inckets.
1	He is now an admirable general; however, had he not had a glorious Army career he (不会晋升为将军).
2	He prefers to face substantial hardships
3	Bill Gates and some other famous people dropped out; however, they
4	Although the weather is awful, it will not
5	Don't try to (盲目地迎合别人); otherwise you will lose yourself. You should always have faith in yourself.
6	With her strong will, she triumphed over the overwhelming failures and would (不久将以优异的成绩从大学毕业).
7	(尽管一再否认), the rumor continued to spread, which made him feel frustrated.
8	Lincoln attained success – not only because he was very intelligent, but because he (真正地付出努力) in the pursuit of his goal.
9	It's not what degree you earn that matters – it's what you learn(使你很受学生喜欢).

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10	What many girls want is for boys to	(采取主动),
	and only by doing so can the girls' vanity be gratified.	
3	Translate the following paragraph into English.	
要是色中	医学起源于中国,涵盖了多种医学实践。作为中华民族灿烂文化的重来源于实践,并在实践中不断得到充实和发展。作为医学的瑰宝和我国的学科之一,中医学已经形成了一套诊断和治疗疾病的独特体系。医医学的一部分,已在全世界范围内得到了广泛的应用。此外,中医脉要的诊断方法,历史悠久。	最有优势、最具特 学实践——针灸是

Part three

Reading comprehension

1 Multiple choice questions

There are two passages followed by several multiple choice questions. Read the passages and choose the best answer to each question.

Passage 1

A successful man is always asked "What is the secret of your success?" People never ask a man who is a failure "What is the secret of your failure?" It is quite easy to see that they are not interested. People all want to know how to open the secret door to success. For each man there is success, but it seems to be behind a door or wall.

If you are a failure and resent the success of someone else, you are keeping away your own success. I have given the following statement to neutralize (抵消) envy and resentment: What God has done for others, He now does for me and more.

A good character and a smile often open the secret door. The Chinese say, "A man without a smiling face must not open a shop." The success of a smile was brought out in a French movie in which Chevalier took the lead; the movie was called *With a Smile*. One of the

characters had become poor and frustrated. He said to Chevalier, "What good has my honesty done me?" Chevalier replied, "Even honesty won't help you, without a smile." So the man changed on the spot, cheered up, and became very successful.

Living in the past and complaining of your misfortunes build a thick wall keeping you away from your success. Talking too much about your affairs and scattering your complaints bring you up against a high wall. Here is a man of brains and ability, who was a complete failure. He lived with his mother and aunt, and every night when he went home to dinner, he told them all that had taken place during the day at the office; he discussed his hopes, his fears, and his failures.

It was said to him, "You scatter your complaints by talking about your affairs. Don't discuss your business with your families. Silence is golden!" He took the advice. During dinner he refused to talk about his business. His mother and aunt were in despair. They loved to hear all about everything, but his silence proved golden! Not long after, he was given a position at 100 dollars a week, and in a few years, he had a salary of 300 dollars a week.

- Why is the secret of failure seldom asked?
 - A Because failure is not as important as success.
 - B Because everyone seeks success not failure.
 - C Because failure is a worthless and helpless topic.
 - D Because people are reluctant to talk about failure.
- Those who resent the success of someone else should
 - A stop thinking about their own affairs and work harder
 - B stop complaining about being unfairly treated
 - C keep praying for better luck in the future
 - D adopt a different attitude and think differently
- What does the author think of smile?
 - A A smiling face is a must for shop owners in China.
 - B Smile helps to build up friendly relations.
 - C Smile helps us to succeed.
 - D We can change our characteristics and put on smiling faces.
- The man who had once talked too much about his work with his families finally succeeded in his business because
 - A he stopped complaining of his misfortunes
 - B he stopped talking about what his family members were not really interested in
 - C he chose to keep silent and refused to talk to his mother and aunt
 - D he got a better position which offered a better salary
- What can be inferred from the passage about success?
 - A Success is easily accessible if we can change ourselves.
 - B Failure in the past can be good lessons for future success.
 - C Our family members are of no help when we are depressed.
 - D Success can be achieved if we have a positive attitude.

Passage 2

It is true that young men should start at the beginning and take the most subordinate (级别 低的) positions. Many of the leading businessmen of Pittsburgh had a serious responsibility forced upon them at the very beginning of their career. They were introduced to the broom, and spent the first hours of their business lives sweeping out the office. I notice we have cleaners now in offices, and our young men unfortunately miss that beneficial branch of a business education. But if by chance the professional sweeper is absent any morning, the boy who has the genius of the future partner in him will not hesitate to try his hand at the broom. It does not hurt the newest comer to sweep out the office if necessary. I was one of those sweepers myself.

Assuming that you have all obtained employment and are fairly started, my advice to you is "aim high". I would not give a fig for the young man who does not already see himself the partner or the head of an important firm. Do not rest content for a moment in your thoughts as head clerk or general manager in any concern, no matter how extensive. Say to yourself, "My place is at the top." Be king in your dreams.

And here is the prime condition of success, the great secret: Concentrate your energy, thought, and capital exclusively upon the business in which you are engaged. Having begun in one line, resolve to fight it out on that line and lead in it, adopt every improvement, have the best machinery, and know the most about it.

The companies that fail are those which have scattered their capital, which means that they have scattered their brains also. They have investments in this, or that, or the other, here, there, and everywhere. "Don't put all your eggs in one basket" is all wrong. Put all your eggs in one basket, and then watch that basket. Look around you and take notice; men who do that do not often fail. It is easy to watch and carry only one basket. It is trying to carry too many baskets that breaks most eggs in this country. He who carries three baskets must put one on his head, which can easily trip (绊倒) him up. One fault of the American businessmen is the lack of concentration.

- 1 What does the author think of the most subordinate positions?
 - A It is good to start with subordinate places because many businessmen take such positions at the beginning.
 - B It can be a good starting point if we can learn something useful from such experience.
 - C We don't have such positions nowadays because professional sweepers are hired in offices.
 - D They used to be a serious responsibility in Pittsburgh for young starters in business.
- What does the author mean by saying "the boy who has the genius ... try his hand at the broom" (Lines 6–8, Paragraph 1)?
 - A A promising young man will do less important work when needed.
 - B A wise starter will do whatever necessary so as to keep his position.
 - C Anyone who wants to be successful should take some trivial work first.
 - D The newest comers ready to sweep out the office will be successful.

What does the phrase "not give a fig for" (Line 2, Paragraph 2) probably mean?

A not understand

B not comment on

C not be interested in

- D look down upon
- The author disagrees with the old saying "don't put all your eggs in one basket" because
 - A it is a waste of energy and capital
 - B it will be impossible for us to look after so many baskets
 - C many American businessmen fail because they have invested too much
 - D it is easier to do well when we focus our energy on one thing at one time
- Which of the following is the most important for success?
 - A Start with the subordinate positions.
- B Aim for the highest.
- C Concentrate on what you are doing.
- D Invest carefully.

2 Sentence blank filling

There are two passages in this part. Each passage is followed by five incomplete statements. Read the passages carefully and complete the statements.

Passage 1

There are many ways of defining success. It is accurate to say that each of us has our own concept of success to the extent that each of us is responsible for setting our own goals and determining whether we have met these goals satisfactorily. Since each of us possesses unique differences in genetic ability and favorable environments in which to express these abilities, then is there a "success personality" - some winning combination of qualities that leads almost inevitably to achievement? If so, exactly what is that secret success formula, and can anyone develop it?

At the Gallop Organization we recently focused in depth on success, probing the attitudes of 1,500 prominent people selected at random from Who's Who in America. Our research finds out a number of qualities that occur regularly among top achievers. Here is one of the most important - common sense.

Common sense is the most prevailing quality possessed by our respondents. Seventy-nine percent award themselves a top score in this quality. And 61 percent say that common sense was very important in contributing to their success.

To most, common sense means the ability to present sound, practical judgments on everyday affairs. To do this, one has to sweep aside extra ideas and get right to the core of what matters. A Texas oil and gas businessman puts it this way: "The key ability for success is simplifying. In conduction of meeting and dealing with industry, reducing a complex problem to the simplest term is highly important."

Is common sense a quality a person is born with, or can we do something to increase it? The oil man's answer is that common sense can definitely be developed. He attributes his to learning how to debate in school. Another way to increase our store of common sense

is to observe it in others, learning from their – and our own – mistakes. Besides common sense, there are many other factors that influence success: knowing our field, self-reliance, intelligence, the ability to get things done, leadership, creativity, relationships with others, and of course, luck. But common sense stands out. If we develop these qualities, we'll succeed. And we might even find ourselves listed in *Who's Who* someday.

1	It can be known from the passage that can be found in Who's Who in America.
2	According to the author, common sense is something that enables one to
3	It can be inferred from the passage that in order to present sound and practical judgements, a successful businessman has to refuse extra ideas and
4	According to the author, we can develop our common sense by
5	The passage is mainly concerned with, one of the most important qualities of success.

Passage 2

The greatest results in life are usually attained by simple means, and the exercise of ordinary qualities. The common life of every day, with its cares, necessities, and duties, affords ample opportunities for acquiring experience of the best kind; and its most beaten paths provide the true worker with abundant scope for effort and room for self-improvement. The road of human welfare lies along the old highway of steadfast well-doing; and they who are the most persistent, and work in the truest spirit, will usually be the most successful.

Fortune has often been blamed for her blindness; but fortune is not so blind as men are. Those who look into real life will find that fortune is usually on the side of the industrious, as the winds and waves are on the side of the best navigators. In the pursuit of even the highest of human inquiry, the common qualities are found to be the most useful – such as common sense and perseverance.

Genius may not be necessary, though even genius of the highest sort does not despise the use of these ordinary qualities. The very greatest men have been among the least believers in the power of genius. Some have even defined genius to be only common sense intensified. A distinguished teacher and president of a college spoke of it as the power of making efforts. John Foster held it to be the power of lighting one's own fire. Buffon said of genius, "It is patience."

Newton has unquestionably a mind of the very highest order, and yet, when asked by what means he had worked out his extraordinary discoveries, he modestly answered, "by always thinking unto them." At another time he thus expressed his method of study: "I keep the subject continually before me, and wait till the first dawnings open slowly, by little and little into a full and clear light." It was in Newton's case, as in every other, only by diligent

application and perseverance that his great reputation was achieved. Even his recreation consisted in change of study, laying down one subject to take up another. To Dr. Bentley he said: "If I have done the public any service, it is due to nothing but industry and patient thought."

1	According to the first paragraph, the greatest success in life is usually attained by
2	In the pursuit of even the highest of human inquiry, are found to be more important than genius.
3	In the third paragraph, genius is even defined as by some people.
4	According to the passage, are two most important common qualities.
5	According to what Newton told to Dr. Bentley, his great reputation was achieved by

Part four Writing

1 General writing

Write a composition of no less than 200 words based on the following outline. Use the useful words and expressions given in the box as many as possible.

No one succeeds without a strong will

- 意志之于成功的重要性
- 意志对于成功重要的原因
- 大学生应该培养坚强的意志

Useful words and expressions		
end up insurmountable concentrate on hang on to	turn out to be persevere maximize one's full potential prevail over all obstacles	proceed enable sb. to challenge tend to

2 Practical writing

Writing a letter of recommendation

Something should be noted while writing a letter of recommendation

- 1 说明写信的目的
- 2 需介绍推荐人与被推荐人的关系
- 3 描述被推荐人的受教育背景、性格特点及推荐人对被推荐人的看法等

Sample

To whom it may concern,

It is my pleasure to recommend Fang Wang to be a PhD candidate in your Linguistics Program. Fang pursued her MA studies in English Language and Literature during the academic year of 2008–2011, for which I am her supervisor.

Fang has been a very able student. She has shown a good ability to grasp concepts and engage in analytical reasoning; she has also shown a capacity for original thoughts, and an ability to apply theory to practice over a sustained period of time. She was responsive to supervision and able to work independently and collaboratively. She made a good contribution to group discussions. I consider that she has demonstrated good potential to undertake further research work.

I am happy to recommend her and to provide further information if required.

Yours sincerely, Shan Lin shanlin@jiaotong.edu.cn

Study the following points carefully, and then write a letter of recommendation (about 150 words) following the sample provided. Use the useful words and expressions given in the box as many as possible.

- 1 Prof. Anne Wallace推荐比较文学专业的学生Sophie Dupont成为某大学的助理研究员
- 2 Sophie Dupont成绩优异,理解和分析能力强,与人沟通和合作能力强;她喜爱思考与钻研,因此想申请助理研究员岗位
- 3 她勤奋踏实,有创新能力。如果她能申请到助理研究员岗位,将为研究工作作出贡献

Useful words and expressions

To whom it may concern recommend ... to be a candidate for show a good ability to original thoughts make a contribution to

It is my pleasure to pursue one's MA study in show a capacity for work independently and collaboratively demonstrate potential to