



UNIT
1

Chinese Food

Unit Objectives

After studying this unit, you are able to:

- book a table for guests
- recommend Chinese dishes
- take orders
- know different ways of payment



Warming-up

Task 1 A waiter is serving Chinese food to guests. Match the service steps with their corresponding pictures.

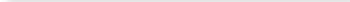
recommending dishes



taking orders



dealing with the bill



Task 2 Match the following pictures with the corresponding flavor words given in the box.

hot

sour

sweet

bitter

fresh

salty



Task 3 Do you know the four major Chinese cuisines? What are their features? Discuss your favorite cuisine or food with your partner with the help of the words in Task 2.



Reading

Task 1 Before reading the passage, see how much you know about Chinese food and cooking by answering the following questions.

1. Why does Chinese food appeal to the Western people?
2. What are the key elements in Chinese cooking?

Chinese Food and Cooking

Do you know that more than a third of the world's population eat Chinese food daily? Even if it was eaten regularly by some only, Chinese cooking would still be recognized as one of the greatest and original cuisines of the world. There is an ever increasing interest in and appreciation of Chinese food in the West. The fact that Chinese restaurants are growing quickly in the West is evidence of the variety and quality of Chinese food.

The culinary appeal of Chinese cuisine has taken the Western culture by storm because those who have experimented know how good and economical Chinese food can be. They discover how easy it is to create Chinese dishes in their own kitchen and the joy of eating Chinese food can be experienced regularly rather than as an occasional treat.

The art of Chinese cooking does not bring any real difficulty. All the ingredients in Chinese recipes such as bamboo shoots, lotus root, bean sprouts, water chestnuts and so forth can be readily purchased from most food stores and supermarkets.



Color, aroma and flavor are not the only key elements in Chinese cooking; nutrition is also a priority.

Chinese food appeals to the majority and its variety of flavors is so cleverly remained in each dish that there is nothing improper in

the serving of meat and poultry in the same course. Both the cooking and eating of Chinese food are great culinary experiences. Besides appealing to our taste buds and eyes, food prepared in the Chinese manner is highly nutritious, retaining all its vitamins with quick and minimum cooking.

The rewards of Chinese cooking are obvious to anyone who has tasted popular Chinese dishes like a well-cooked "Sweet and Sour Pork", "Kung Pao Chicken" or Chinese dumplings or has been sustained by a plate of steaming "Chow Mein" or "Fried Rice". Easy-to-cook and delicious Chinese recipes will make your cooking experience easy and fun.

Task 2 Match the following phrases with their Chinese meanings.

1. Kung Pao Chicken
2. bamboo shoot
3. lotus root
4. Fried Rice
5. Chow Mein
6. Chinese dumpling
7. Sweet and Sour Pork
8. water chestnut

- a. 豆芽
- b. 炒饭
- c. 咕噜肉
- d. 莲藕
- e. 宫保鸡丁
- f. 竹笋
- g. 炒面
- h. 饺子

Task 3 Read the passage again and match the answers in Column B with the questions in Column A.**Column A**

1. What are the qualities of Chinese food attracting the Western people?
2. What are the key elements in Chinese cooking?
3. What are the popular Chinese dishes?

Column B

- a. color
- b. easy-to-cook
- c. aroma
- d. Sweet and Sour Pork
- e. flavor
- f. economical
- g. vitamins retained
- h. Kung Pao Chicken
- i. nutrition

Task 4 Decide whether the following statements are true (T) or false (F) according to the passage.

<input type="checkbox"/> 1. Chinese cooking is one of the greatest and original cuisines in the world.
<input type="checkbox"/> 2. Chinese restaurants are mushrooming in the West only because Chinese food is economical.
<input type="checkbox"/> 3. It is not easy to create Chinese dishes in one's own kitchen because the ingredients in Chinese recipes are hard to find.
<input type="checkbox"/> 4. Nutrition is also a very important key element in Chinese cooking besides color, aroma and flavor.



Listening

Task 1 Listen to five short dialogs and mark (✓) where each dialog takes place.



	At the Bar	At the Café	At the Restaurant	At the Cafeteria	At the Banquet Hall
Dialog 1					
Dialog 2					
Dialog 3					
Dialog 4					
Dialog 5					

New Words

opening ceremony 开幕式
 banquet *n.* 宴会
 cocktail *n.* 鸡尾酒
 buffet *n.* 自助餐
 cafeteria *n.* 自助餐厅
 hostess *n.* 餐厅领位员
 private room 包房

Task 2 Mr. Green wants to book a table for dinner. Listen to the conversation and fill in the card with the information you hear.



Information Card

Guest Name: Mr. Green

Restaurant Name: _____

Number of People: _____

Arrival Time: _____

Table Number/Private Room: _____

Telephone Number: _____



 **Task 3** Listen to the conversation in Task 2 again and fill in the blanks with the words or phrases provided in the box.

private room	expect	absolutely	looking forward to
peak time	Lily Hall	confirm	on time

Restaurant Hostess (H): Good morning, Garden Restaurant. May I help you?

Mr. Green (G): Yes, I'd like to book a table for the dinner.

H: Certainly. How many people?

G: Two, my wife and I.

H: OK. What time can we 1 _____ you?

G: Around 7:30 p.m.

H: Would you like a table in the hall or in a 2 _____?

G: I prefer a private room.

H: Please wait a moment... We will have 3 _____ reserved for you. Is that OK?

G: Yes, my wife will love it because Lily is her name.

H: That's great! May I have your name and telephone number, please?

G: Sure. My name is Green, and my number is 66881020.

H: Thanks, Mr. Green. We will keep the room till 8:00 p.m. and we hope you will arrive 4 _____ since it will be the 5 _____.

G: I see.

H: I'd like to 6 _____ your reservation: Lily Hall for Mr. Green at 7:30 p.m.; the telephone number is 66881020. Is that correct?

G: 7 _____ correct. Thank you.

H: You are welcome, Mr. Green. We are 8 _____ your coming.



 **Task 4** Listen to a conversation between a diner and a waiter in the restaurant and answer the following questions.

1. What are the four major Chinese cuisines?

2. What are the features of Guangdong food?

3. According to the waiter, where is the Sichuan Restaurant?

 **Task 5** Listen to the conversation in Task 4 again and decide whether the following statements are true (T) or false (F).

New Words

distinctive *adj.* 独特的

imperial *adj.* 皇家的, 皇室的

representative *n.* 代表

material *n.* 食材

cutting technique *n.* 刀工

recommendation *n.* 推荐

Mapo Tofu 麻婆豆腐

Yu-Shiang Shredded Pork 鱼香肉丝

- 1. Some dishes of the Shandong cuisine are taken as imperial dishes in the Qing Dynasty.
- 2. Huaiyang food is famous for its cutting technique and original flavor.
- 3. Sichuan dishes are hot and spicy, and taste different.
- 4. Mapo Tofu and Yu-Shiang Shredded Pork are the representatives of Guangdong food.



Speaking

Task 1 Work in groups. Read and practice the following conversation.



Waitress (W): Good evening, sir and madam. May I take your order now?

Mr. Green (Mr.): Er... Can you give us some suggestions? It's our first time to China. We are not familiar with Chinese food.

W: No problem, sir. Chinese food can be classified into four cuisines. We serve Huaiyang, Sichuan, and Shandong cuisines in our restaurant. I'd recommend Braised Shredded Chicken with Ham and Dried Tofu. It's our chef's recommendation and tastes very fresh.

Mr.: Yes, I heard it's one of the famous dishes of Huaiyang cuisine. It embodies the excellent cutting technique of Huaiyang cuisine.

W: You are quite right, sir. Fish-Flavored Shredded Pork is also our specialty. Would you like to have a try?

Mrs. Green (Mrs.): Is it cooked with fish?

W: No, madam. It has nothing to do with fish; it is cooked with special fixings and spices. So it tastes like fish.

Mrs.: It's amazing! Ah, we also want some soup. What soup do you have?

W: We have Sweet Corn and Chicken Soup, Minced Beef Soup and Three Fresh Delicacies Soup. Three Fresh Delicacies Soup consists of shrimps, mushrooms, egg and cucumber. It is very delicious and worth a try.

Mrs.: It sounds nice. We'll have it.

W: What would you like to drink? We have Moutai and Wuliangye.

Mr.: We'd like two bottles of Tsingtao Beer.

W: OK. You've ordered a Braised Shredded Chicken with Ham and Dried Tofu, a Fish-Flavored Shredded Pork, a Three Fresh Delicacies Soup and two bottles of Tsingtao Beer. Do you want anything else?

Mr.: No, thanks.

W: Your dishes will come soon. Hope you'll enjoy your meal.



New words

Braised Shredded Chicken with Ham and Dried Tofu 大煮干丝

fixing *n.* 配料

spice *n.* 调味品

Sweet Corn and Chicken Soup

玉米鸡浓汤

Minced Beef Soup 西湖牛肉羹

Three Fresh Delicacies Soup 三鲜汤

Task 2 Work in groups. Mr. Fort goes to a restaurant with his colleagues to have lunch. Practice taking orders according to the conversation in Task 1 and act it out. The expressions give in the box are for your reference.

Waitress

- May I take your order now, sir?
- I'd recommend Beijing Roast Duck.
- The Shelled Shrimps with Longjing Tea is our chef's recommendation.
- Sliced Beef in Hot Chili Oil is also our specialty today.
- Kung Pao Chicken consists of chicken, pepper and peanuts.
- Would you like to have a try?
- Chicken Soup with Corn is very delicious and worth a try.
- What would you like to drink?
- Your dishes will be ready soon.
- Hope you'll enjoy your meal.

Mr. Fort

- Can you give us some suggestions?
- Yes, I heard it's one of the famous dishes in China.
- It sounds nice. We'll have it.
- What soup do you have?
- We'd like a bottle of Moutai.

Task 3 Work in pairs. Mr. Fort and his colleagues have finished their meal. He waves to the waitress to pay the bill. Role-play the conversation between Mr. Fort and the waitress. Expressions for the waitress are provided in the following box.

- ❖ One moment, sir.
- ❖ Your bill amounts to 690 *yuan*, including the service charge.
- ❖ The service charge is 15% of the total.
- ❖ You may sign the bill if you are a registered guest.
- ❖ We accept American Express, Diners Club, MasterCard and Visa Card.
- ❖ May I have your card, sir?
- ❖ Sir, here is your card and the receipt.
- ❖ Thank you, sir. I hope you've enjoyed yourselves.



Task 4 Work in pairs. Miss Bryant has finished her meal and wants to pay the bill. Role-play the situation according to the steps provided in the boxes.



Miss Bryant

- Ask for the bill.
- Ask the waitress to explain the wine and drink costs.
- Point out one mistake.
- Ask the ways of payment.
- Pay in cash and give tips.



Restaurant Waitress

- Bring the bill to the guest.
- Explain the wine and drink costs item by item.
- Apologize to the guest for the mistake and bring a new bill.
- Tell the guest she can sign the bill since she is a VIP guest.
- Thank the guest.



Writing

Task 1 Mr. Jordan and his wife go to a Chinese restaurant to have dinner. Read their conversation and practice.

Hostess (H): Good evening. Do you have a reservation?

Mr. Jordan (Mr.): Yes. I have booked a table for two under the name of Jordan.

H: One moment please, Mr. Jordan... Oh, I'm afraid that there is no reservation marked in your name, sir.

Mr.: Impossible! I booked the table myself in the morning.

H: There must be some mistakes. I do apologize for that, Mr. Jordan. Let me arrange another table for you and I'm sure you will be satisfied. This way, please... Do you like Table 18 by the window?

Mrs. Jordan (Mrs.): Yes. Thank you.

H: You are welcome. Please take your seats. Here is the menu. The waitress will come to take your order in a few minutes.

(After a while the waitress comes to take the order.)

Waitress (W): Good evening, sir and madam. May I take your order now?

Mr.: Yes, please. We'd like some cold dishes. Deep-fried Peanuts Pickled in Vinegar and Crispy Celery.

W: OK. How about the hot dishes?

Mr.: We want a Fried Sea Cucumber with Minced Chicken.

W: It tastes fresh and delicious and is rich in nutrition.

Mrs.: I would like some shrimps. Could you make some recommendations?

W: How about the Chef's Crispy Shrimps. It is today's special, with a 40% discount.

Mrs.: Very nice. Can you tell me what ingredients in it?

W: It consists of shrimps, gingers, egg and broccoli.

Mrs.: We will try it. Thank you.

W: You are welcome. What drinks would you like?

Mr.: A bottle of Tsingtao Beer and a glass of watermelon juice.

W: No problem. You've ordered... (The waitress repeats the order.) Anything else?

Mr.: No, thank you.

W: Your dishes will be ready soon. Hope you'll enjoy your meal.

New Words

Deep-fried Peanuts Pickled in Vinegar 老醋花生
Crispy Celery 爽口西芹
Fried Sea Cucumber with Minced Chicken 鸡茸海参
broccoli *n.* 西兰花



Task 2 The following form is the order for Mr. and Mrs. Jordan. Fill in the order with the information given in Task 1.

Restaurant Order		
Table Number:	_____	
Guests Number:	_____	
	Type	Number
Cold Dishes:	Deep-fried Peanuts Pickled in Vinegar _____	1 1
Hot Dishes:	_____	1
	Chef's Crispy Shrimps	1
Drinks:	_____	1 bottle
	_____	1 glass





Project

Project Guidelines

This project aims to go through the process of serving Chinese food. The whole task is divided into three steps. Step One focuses on a research of a local Chinese restaurant. Step Two is a presentation about the Chinese food service procedure. Step Three calls for a complete role-play of serving Chinese food.

Please follow the **Task Description** to complete the project.



Task Description

1 Step One

- Organize small groups of 3 or 4 students in your class;
- Choose a local Chinese restaurant and make an investigation, including booking tables, receiving guests, taking orders, serving dishes and drinks;
- Focus on how the receptionist books tables for guests, what procedure the waitress takes when taking orders, how to recommend dishes to guests, etc.

2 Step Two

- Work out a Chinese food menu;
- Prepare a presentation about the procedure for serving Chinese food based on the investigation results you have got in Step One;
- Choose one student in each group to give the presentation, with PPT if possible.

3 Step Three

- Divide each group into two sides: one side being the guests dining in the restaurant, the other being the restaurant waiter/waitress;
- Take turns to play each role in the process of serving Chinese food, following the steps you have learned in this unit;
- Make a comment on each other's role-play and summarize the useful expressions in serving Chinese food.



Self-evaluation

Rate your progress in this unit.

D	M	P	F*
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I can book tables for guests.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can tell the differences among four Chinese cuisines.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I know how to receive guests.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I know how to recommend Chinese dishes to guests.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can explain some Chinese dishes to guests.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can take orders for guests.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can handle bills in a restaurant.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can explain bills to guests.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I know how to investigate the serving procedure in a Chinese restaurant.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can do a presentation on the serving procedure in a Chinese restaurant.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I can role-play the whole process of serving Chinese food to guests.	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

*Note: Distinction, Merit, Pass, Fail



New Words and Expressions

Reading

New Words

original /ə'ridʒənəl/ *adj.* 最早的, 有独创性的
 cuisine /kwi'zi:n/ *n.* 烹饪, 风味, 菜肴
 variety /və'reiəti/ *n.* 品种多样
 culinary /'kʌlɪnəri/ *adj.* 烹饪的
 appeal /ə'pi:l/ *n.* 吸引力
 experiment /ɪk'sperɪment/ *v.* 尝试, 实验
 economical /i:kə'nɒmɪkəl/ *adj.* 经济实惠的, 节省的
 occasional /ə'keɪʒənəl/ *adj.* 偶尔的
 treat /tri:t/ *n.* 款待, 招待
 ingredient /ɪn'grɪ:djənt/ *n.* 配料, 材料
 recipe /'resipi/ *n.* 食谱, 烹饪法
 aroma /ə'rəʊmə/ *n.* 芳香, 香味
 nutrition /nju:tʃən/ *n.* 营养
 priority /prar'brəti/ *n.* 重点, 优先
 majority /mə'dʒɔ:rəti/ *n.* 多数, 大多数

poultry /'pəʊltri/ *n.* 家禽
 retain /rɪ'teɪn/ *v.* 保持, 保留
 vitamin /'vɪtəmɪn/ *n.* 维他命
 dumpling /'dʌmplɪŋ/ *n.* 饺子, 汤团
 sustain /sə'steɪn/ *v.* 支撑, 维持

Phrases and Expressions

take... by storm 强烈感染, 完全征服 (观众等)
 rather than而不.....
 bamboo shoot 竹笋
 lotus root 莲藕
 bean sprout 豆芽
 water chestnut 莲子
 and so forth 等等, 诸如此类
 color, aroma and flavor 色、香、味
 taste bud 味蕾



Vocabulary and Structure

Task 1 Match the words in the box with their definitions.

hostess nutrition recommend buffet ingredient

1. _____	• a meal at which guests serve themselves from various dishes on a table
2. _____	• a woman employed in a restaurant to welcome customers and lead them to the seats
3. _____	• say that something or someone is good, or suggest them for a particular purpose or job
4. _____	• one of the foods that you use to make a particular food or dish
5. _____	• giving or getting the right type of food for good health and growth

Task 2 Write the Chinese names of the following dishes.

A. Shelled Shrimps with Longjing Tea
B. Yu-Shiang Shredded Pork
C. Sweet and Sour Pork
D. Sweet Corn and Chicken Soup
E. Kung Pao Chicken
F. Steamed Grass Carp in Vinegar Gravy
G. Beijing Roast Duck
H. Fried Sea Cucumber with Minced Chicken

Task 3 Fill in each blank with the appropriate form of the word given in brackets.

1. Mapo Tofu and Yu-Shiang Shredded Pork are _____ (represent) of Sichuan cuisine.
2. I am greatly sorry for the inconvenience we have caused, sir. I do _____ (apology) for it.
3. I'm afraid that the private rooms are not available now. Would you mind _____ (take) a table by the window, please?
4. We are not familiar with Chinese food. Can you _____ (recommendation) some to us?
5. Huaiyang cuisine _____ (emphasis) its cutting technique and original flavor.

Task 4 Complete the following sentences with the phrases given in the box, changing the form if necessary.

instead of due to at least consist of amount to

1. The restaurant may be a bit far from the downtown area, but _____ it has the best Chinese dishes.
2. Yu-Shiang Shredded Pork _____ pork, carrot, pepper and black fungus (黑木耳).
3. Sichuan food is hot and spicy mainly _____ the ingredients such as chili.
4. Let's go to the Chinese restaurant _____ KFC.
5. Your bill _____ 528 yuan, with 15% service charge.

Task 5 Choose the best Chinese translation for each sentence.

1. There is an ever increasing interest in and appreciation of Chinese food in the West.

- A. 在西方国家, 人们对中餐的兴趣和赞赏日益增加。
- B. 在西部地区, 人们对中餐一直抱有欣赏的态度。
- C. 在西方国家, 一直增长的人口对中餐的需求很大。
- D. 在西部地区, 人们激发了对中餐的兴趣和赞赏。

2. The art of Chinese cooking does not bring any real difficulty.

- A. 中国厨师不会带来任何麻烦。
- B. 中国艺术不会在烹饪上有任何麻烦。
- C. 中国烹饪的艺术并没有任何繁琐困难之处。
- D. 中国烹饪在艺术上不会带有任何困难。

3. Color, aroma and flavor are not the only key elements in Chinese cooking; nutrition is also a priority.

- A. 色、香、味不只是中国烹饪的要素, 营养才是最重要的。
- B. 中国烹饪的要素并不包括色、香、味, 营养才是最重要的因素。
- C. 色、香、味不是中国厨师的要素, 营养才是最重要的。
- D. 中国烹饪的要素并不仅仅包括色、香、味, 营养也是一个重要因素。

4. Easy-to-cook and delicious Chinese recipes will make your cooking experience easy and fun.

- A. 简单又好吃的中国招待菜会使您的旅程充满乐趣。
- B. 简单易学的中餐能使您的行程充满美味体验的乐趣。
- C. 简单易做而且美味的中餐菜谱可以使您体验烹饪的简单和乐趣。
- D. 简单易学的中餐非常美味, 将会使您的厨师变得有趣。

Useful Expressions

1. Booking a Table

(1) Under whose name is the reservation made?	预订在谁的名下?
(2) We'll keep your reservation till 8:00 p.m.	我们将保留您的预订至晚上8点。
(3) How many people are there in your party?	请问共有几位?
(4) When would you like your table?	您要订几点的餐桌?
(5) I'm sorry, sir. There aren't any tables left for two.	很抱歉,先生。两人桌没有了。

2. Seating the Diner

(1) Good evening, sir. Welcome to our restaurant. Do you have a reservation?	晚上好,先生。欢迎到我们餐厅就餐。请问您有预订吗?
(2) Is this table fine?/How about this table?	这张餐桌可以吗?
(3) A waitress will come soon to take your order.	服务员很快会来为您点餐。
(4) Do you need a booster seat for your child?	需要给您的孩子找一个儿童座椅吗?

3. Taking Orders

(1) It is our chef's recommendation and really worth a try.	这是我们大厨的推荐菜,真的值得一试。
(2) Today's specialty is..., with a 40% discount.	今天的特色菜是……,有6折优惠。
(3) It is served by person.	这道菜是按位出售的。
(4) It is a well-known delicacy in Chinese cuisine.	它是中国菜中一道有名的佳肴。
(5) Would you like to try our house specialty?	您想尝尝我们店的招牌菜吗?
(6) Which flavor would you prefer, sweet or chili?	您喜欢哪种口味,甜的还是辣的?
(7) This is the complete course, and a dim sum to follow.	菜已上齐,还有一道点心要上。

4. Paying Bills

(1) We honor American Express, Diners Club, Visa, MasterCard.	我们接受美国运通卡、大莱卡、维萨卡和万事达卡。
(2) Would you like to sign it to your hotel bill?	请问您是否签单?
(3) It's complimentary./That would be on the house.	这是免费赠送的。
(4) It is free of charge.	这是不收费的。