

# UNIT 1 Self-discovery

## Part I Listening Comprehension (20 minutes)



### Section A

*Directions:* In this section, you will hear three news reports. At the end of each news report, you will hear two or three questions. Both the news report and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A, B, C and D.

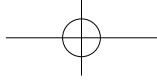
**Questions 1 and 2 are based on the news report you have just heard.**

1. A. To practice English.  
B. To attend an activity called “show and tell”.  
C. To develop the ability of public speaking.  
D. To work for the organization called Toastmasters.
2. A. To help people practice public speaking.  
B. To offer members a chance to hold weekly meetings.  
C. To give advice about students’ study.  
D. To help employees know about their mistakes.

**Questions 3 and 4 are based on the news report you have just heard.**

3. A. To promote the program called “Let Girls Learn”.  
B. To accompany her husband Barack Obama to visit Japan and Cambodia.





10. A. It's an opportunity to realize the woman's dream.
- B. It is a great loss for the school.
- C. It is an honor for both the woman and the school.
- D. It's really beyond his expectation.

## Section C

*Directions: In this section, you will hear a short passage. At the end the passage, you will hear some questions. Both the passage and the questions will be spoken only once. After you hear a question, you must choose the best answer from the four choices marked A, B, C and D.*

**Questions 11 to 13 are based on the passage you have just heard.**

11. A. His family valued education a lot.
  - B. His family motto was "Live every day fully."
  - C. His family cared about politics and people living a hard life.
  - D. His family had no faith.
12. A. His brothers were generous and kind.
  - B. His brothers loved sports and reading.
  - C. His brothers believed that girls, football and money were the most important things to them.
  - D. His brothers dreamed of going to college after secondary school.
13. A. Ben loved to read philosophy books.
  - B. Ben loved business and wished to make a fortune.
  - C. Ben found a great joy in doing sports.
  - D. Ben would love to go to church every Sunday.

## Part

## II Vocabulary

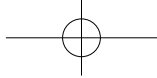
(10 minutes)



*Directions: For this part, there are 15 incomplete sentences. You are required to complete each one by deciding on the most appropriate word or words from choices marked A, B, C and D.*







and personal characteristics. These 37 use different techniques but all achieve the same goal: helping you find the right job or career.

Color career 38 is one of them. Instead of asking questions, the test uses color preference to determine your most successful career paths. The assessment is estimated to take less than three minutes and scientifically predicts your career satisfaction.

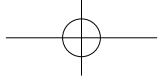
- |              |                |              |                 |              |
|--------------|----------------|--------------|-----------------|--------------|
| A. indicator | B. considering | C. benefits  | D. uncover      | E. resources |
| F. strengths | G. priority    | H. lifestyle | I. occupational | J. creating  |
| K. enjoy     | L. property    | M. prefer    | N. given        | O. discover  |

## Section B

*Directions: In this section, you are going to read a passage with ten statements attached to it. Each statement contains information given in one of the paragraphs. Identify the paragraph from which the information is derived. Each paragraph is marked with a letter. Please choose the corresponding letter. You may choose a paragraph more than once.*

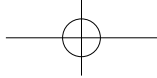
### Wild: An Adventure in Self-Discovery

- A. At 22, Cheryl Strayed thought she had lost everything. In the wake of her mother’s death, her family scattered and her own marriage was soon destroyed. About 4 years later, with nothing more to lose, she made the most impulsive decision of her life. With no experience or training, driven only by blind will, she would hike more than a thousand miles of the Pacific Crest Trail (太平洋山脊径) from the Mohave Desert (莫哈韦沙漠) through California and Oregon to Washington State—and she would do it alone.
- B. Following Cheryl Strayed on her solitary, 1100-mile hike along the Pacific Crest Trail in her inspiring memoir (传记) (recently made into a movie starred by Reese Witherspoon), we learn a lot about fear—fear of dangers we cannot see, fear of becoming lost when we can’t find the trail posts and fear of the unknown.
- C. And we also learn about pain—about the pain of grief and the pain of a broken marriage. We walk with her through the nuances of these seemingly bottomless losses as new pain seems to arise with each step. We learn about the pain of too small boots that leave her with feet covered in blisters (水泡) and black, fragile toenails that she begins to lose, one by one, the pain of hunger and thirst and



exhaustion, the pain of feeling rootless yet stuck in her past, and the heavy pain of carrying one's whole life, packing it all somehow into a huge backpack stuffed with bare essentials for hundreds of miles.

- D. But none of that mattered in the end compared to the potential pain of failing to reach the end of the trail. Cheryl constantly struggled to avoid being defeated, cut off from hope. And she found something hopeful at the end of the trail that few of us ever discover: She found a way to face herself.
- E. Facing ourselves is ironically difficult in a culture drenched with apps that can track our every move. The more self-absorbed we become, the less we seem to know who we are. Perhaps the most glaring (闪耀的) lesson in the wild is that moving beyond ourselves is the path to self-discovery. Going out into the wild, connecting with others, overcoming our fears. We don't see ourselves through our reflections. We cannot weigh our value on our scales. We don't find our strengths through the apps that tell us how far we have come. Instead we come to know ourselves through our actions, by what we do when a wild moose (驼鹿) comes charging at us from around the bend and by how we react when 100-degree temperatures suddenly drop when we reach the next mountain, and there is so much snow blocking our way that we are sinking to our knees. Who are we at that moment?
- F. The *Sefer Hachinuch* teaches us that we create our identities by how we act in every situation: "It is after one's action that one's heart is pulled." What do we do when we wake up in a sopping (湿透的) tent? How do we move on after one of our boots falls off the edge of a cliff? When you keep going despite all the obstacles in your way, you discover who you really are. When you bandage up your aching feet at the end of the day and keep climbing, when you tape up your broken sandals (凉鞋) because you've lost your boots and don't look back, you get in touch with the deepest part of yourself.
- G. How can we live this way in our own lives? How do we move beyond ourselves and create authentic identities?
- H. Nature teaches us awe. The majesty of the mountains, the multitude (大量) of creatures both below our footsteps and above our heads, the glittering lakes and blue sky. When the world awakens us to this sense of wonder, we begin to sense that there is something within us too that is more vast and more beautiful than we once knew and that there is far more to us than what is on the surface. The awesome depth of the world reflects back to us the infinite greatness within our souls.
- I. It is hard to forgive someone for hurting us. But it is even harder for us to forgive ourselves—for mistakes that we made, the opportunities we let go and for relationships that we lost, for the children we were and for the adults that we have become. We cannot know ourselves without moving past the surface of our regrets. We need to forgive ourselves for being afraid, for feeling stuck, for thinking "What have I gotten myself into?" Focus instead on what now? See your mistakes as experiences that made you stronger and helped bring you to this point in your journey.
- J. Keep going. There is a way through. Rebbeztin Tzipora Heller teaches us that the challenges we



are given in life are tools from our Creator. “All people come into this world to become great human beings. Therefore, the Creator provides them the exact number and type of challenges necessary to develop that greatness.” The obstacle in your way is tailor made for you. The climb builds our muscles. Who we become by sticking with the trail is far more important than reaching the end.

- K. Appreciate the greatness of who you can become. There is no insignificant word or action, and there is no insignificant person. You are here to change the world. There is no one else like you. You are loved and treasured by your Creator who expects you to live up to the extraordinary possibilities embedded within you.
- L. The trail is not always marked. And we won't ever know all there is to know about the world or ourselves. But at the very least we will know that we are moving forward, that we are still searching, still climbing, and still discovering who we can become.

- 39. The challenges we have in our life are to make us stronger, so hold on!
- 40. Learning to accept your mistakes and knowing who you are will make you stronger.
- 41. The greatness of nature will let us see the greatness within our souls.
- 42. We will see our true hearts only after we take some actions.
- 43. The more we care about ourselves, the less we know about ourselves.
- 44. Cheryl Strayed decided to hike through the Pacific Crest Trail after her life became too miserable.
- 45. Reese Witherspoon starred in the movie adapted from Cheryl Strayed's autobiography.
- 46. Cheryl Strayed experienced a lot of pain, as well as hunger, thirst and exhaustion.
- 47. After struggling and feeling hopeless, Cheryl began to find a way to face herself.
- 48. It would be hard to try to find ourselves by apps.

## Section C

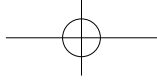
*Directions: There are 2 passages in this section. Each passage is followed by some questions or unfinished statements. For each of them there are four choices marked A, B, C and D. You should decide on the best choice.*

### Passage One

**Questions 49 to 53 are based on the following passage.**

Today, we are seeing more and more people wanting to have their own businesses. They want to take control of their lives. The thought behind wanting to have their own business is to remain





independent and work for the people themselves rather than working for someone else.

Not only is there a scope of earning much more money, but also the independence and the leverage to work on one's own terms is beyond any materialistic thing that you might get by working in a big company.

It is not only that they think of only themselves, but they also try to create opportunities for those who wouldn't have the resources or the risk taking ability to venture out into this arena of entrepreneurship (企业家精神).

Outsiders, who don't belong to the former category, think that people in the former category have got lucky enough to be enjoying the lifestyle that they are. But I must tell you that it is only after hours, months and years of hard work that an entrepreneur is able to achieve what looks to the outsiders like a rosy picture. Only one in around 1000 companies is able to do what it initially had as aim in its mind. An entrepreneur emerges out as successful or not, one needs to have immense amount of patience and a motivation to put in hard work day-in-day-out.

They say, once an entrepreneur, always an entrepreneur. If you talk to these entrepreneurs, they will tell you that it is like tasting blood for a tiger. Once it does it, it is not able to survive without it. Talking to entrepreneurs can indeed be a very pleasurable experience. The kind of joy that you can see on their faces is much more than you would see. They are people who go after their dreams and try to make them come true.

These people have been able to carve out a different world for themselves, which they cherish to the core. They are the masters, they are the servants. They say that they are truly living their lives and doing what they want to do.

I sometimes wonder, if this is not living life on one's own terms then what is! Hats off to the dreamers!

**49.** Why do more and more people want to have their own businesses?

- A. Because they are eager to be independent and work in their own way.
- B. Because they hope to make money more than to live a life they desire.
- C. Because they want to help people who are less capable.
- D. Because they have a great pleasure in creating something new.

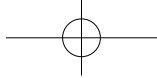
**50.** How do entrepreneurs achieve success?

- A. They are lucky enough to have their own businesses.
- B. They are committed to their businesses and work hard for a long time.
- C. They are independent and they work for themselves rather than for others.
- D. They don't think of themselves and try to create opportunities for others.

**51.** Which of the following statements is NOT true?

- A. Entrepreneurs are people who go after their dreams and try to make them come true.
- B. Entrepreneurs work hard but not many can succeed.





54. Which statement about my grandfather is true?
- A. My grandfather became a professional cyclist soon after the Second World War.
  - B. My grandfather quit cycling in 1954.
  - C. My grandfather was enthusiastic about cycling.
  - D. The biggest victory my grandfather gained was in the European Tour.
55. Why did the writer's grandfather love cycling?
- A. Because he could go cycling in Europe.
  - B. Because he could observe many differences and similarities while travelling around Europe.
  - C. Because being an international professional cyclist is glorious.
  - D. Because during cycling he had created the so-called European Citizenship.
56. What could the writer NOT gain from his grandfather's cycling description?
- A. The differences and similarities of traveling in Europe.
  - B. The concept of European Citizenship.
  - C. The importance of learning from each other.
  - D. How to develop his professional career.
57. According to the author, what is essential for one person?
- A. Cycling in Europe.
  - B. Teaching Italian in Paris.
  - C. Learning from grandfather.
  - D. An international mobility experience.
58. What is the aim of the organization di Firenze?
- A. To help people travel around Europe.
  - B. To help people to grow, learn and discover their own potentials.
  - C. To help people understand the importance of learning from each other.
  - D. To help people become aware that it's compulsory for every person to experience international mobility.



