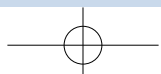
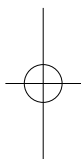
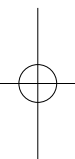


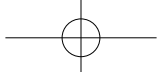
**UNIT** **1**

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**Striving to  
succeed**

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# Warm-up

**Directions:** You will listen to someone talking about keys to success. After listening, complete the exercises in “What did you hear?” and “How would you respond?”

## 1 What did you hear?

Choose the best answer(s) to the following questions based on the information you have heard. Remember you may have more than one choice.

- 1) What makes people successful according to the talk?
  - A) Unbelievably good luck.
  - B) Strong will and determination.
  - C) A responsible preparation for the future.
  
- 2) Why should we look toward those people who have successfully overcome challenging situations?
  - A) To ask those people for some good advice.
  - B) To learn how luck contributed to their success.
  - C) To get inspired from the success stories of those people.

## 2 How would you respond?

- 1) The following is a list of elements for success. Rank the elements according to their importance to you, with 1 meaning the most important and 5 the least important.

Elements for success	Rank of importance
Determination	
Full preparation	
Good luck	
Action	
Money	

- 2) Share with your partner which element is the most important to you and which one is the least important.



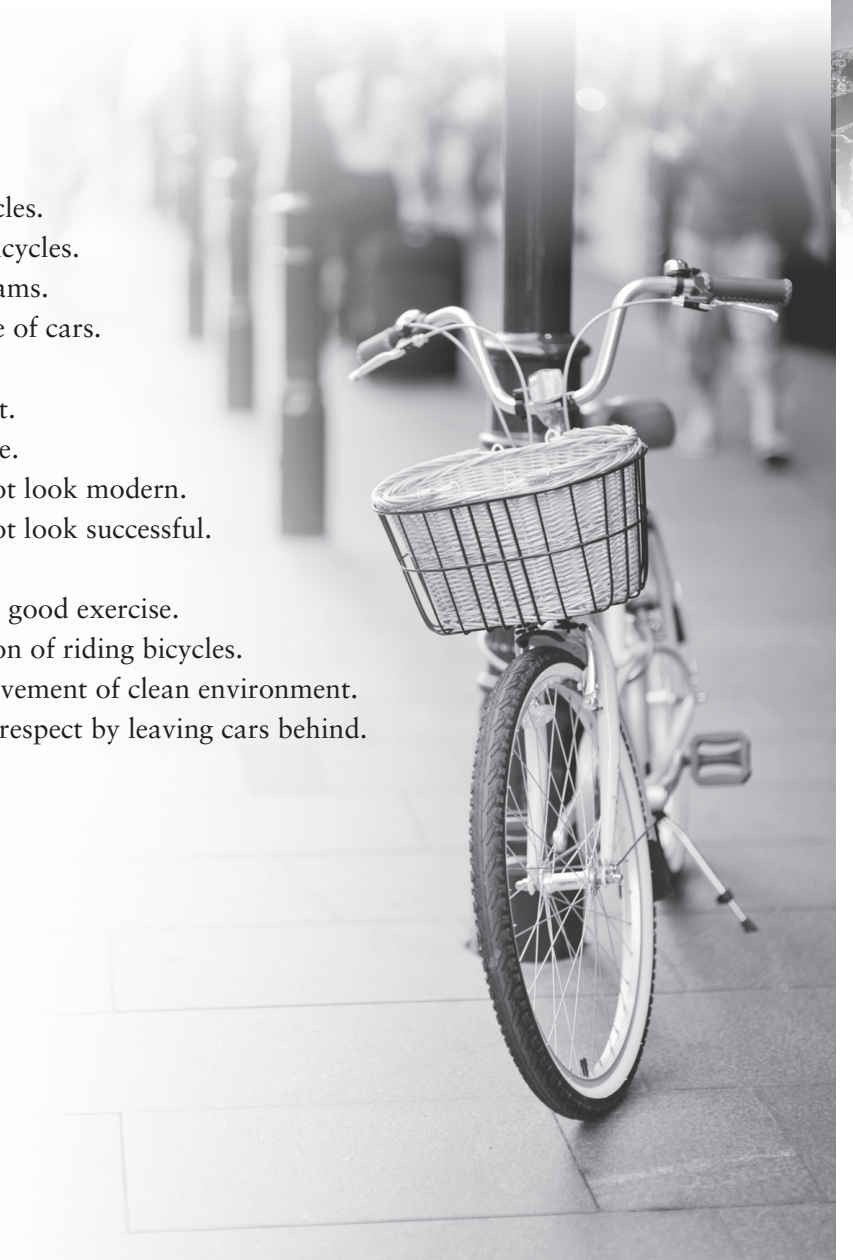
# Listening

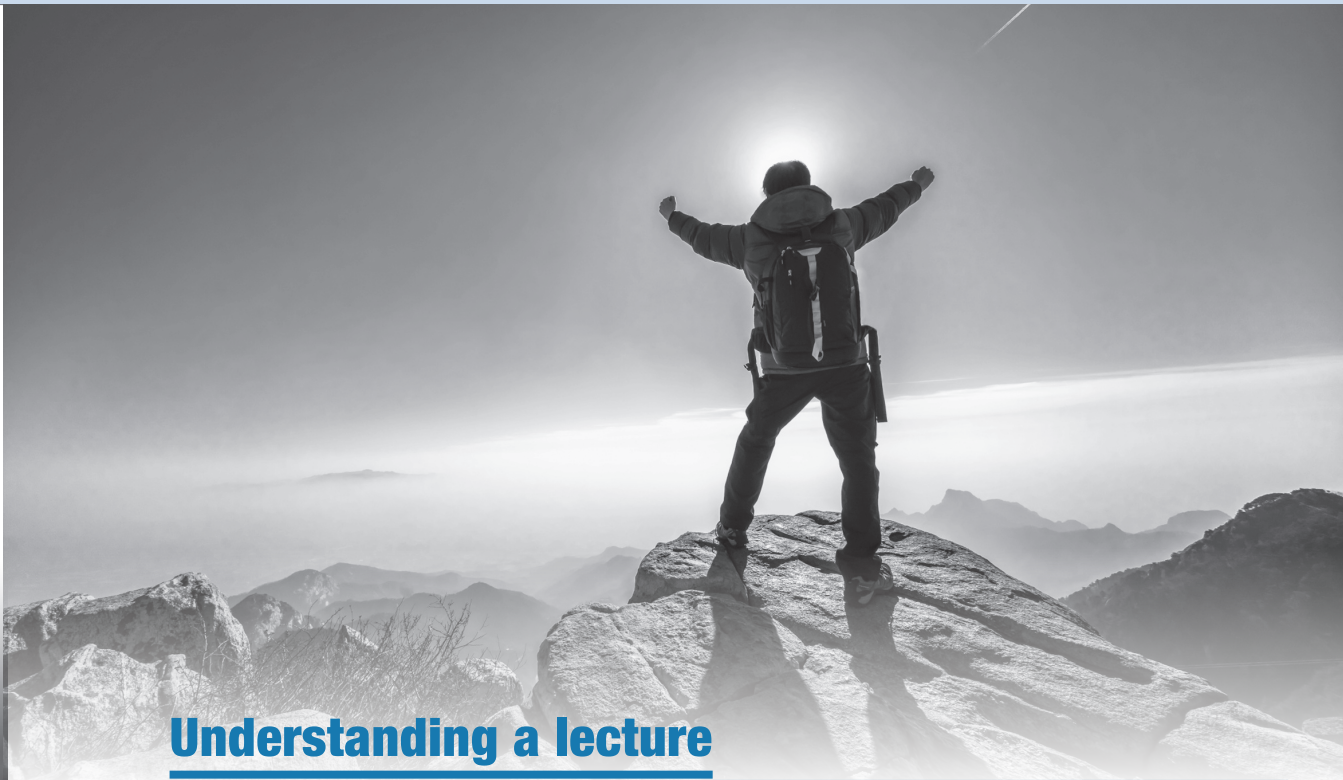
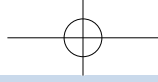
## Understanding a passage

**Directions:** Listen to a passage and choose the best answer from the four choices provided for each question.

The following questions are based on what you have just heard.

- 1    A) To reduce accidents.  
      B) To avoid traffic delays.  
      C) To increase sales of cars.  
      D) To encourage road sharing.
  
- 2    A) Open special lanes for bicycles.  
      B) Encourage citizens to use bicycles.  
      C) Establish car-sharing programs.  
      D) Control the sudden increase of cars.
  
- 3    A) Because bicycles are not fast.  
      B) Because bicycles are not safe.  
      C) Because bicycle riders do not look modern.  
      D) Because bicycle riders do not look successful.
  
- 4    A) They have taken riding as a good exercise.  
      B) They have caught the fashion of riding bicycles.  
      C) They have launched the movement of clean environment.  
      D) They have earned a special respect by leaving cars behind.





## Understanding a lecture

**Directions:** Listen to a lecture and choose the best answer from the four choices provided for each question.

The following questions are based on what you have just heard.

- 1** A) Introducing a great research project.  
B) Giving an account of his own success story.  
C) Presenting an award to a research psychologist.  
D) Giving a speech on the significance of persistence.
- 2** A) The question of how to make her students successful.  
B) The search for ways to help students achieve success.  
C) The finding that math alone did not help her students succeed.  
D) The wonder why her best students were not her smartest students.
- 3** A) How to study or teach in a difficult school.  
B) How to measure a person's level of intelligence.  
C) How to deal with challenging learning environments.  
D) How to become successful by developing persistence.
- 4** A) Angela's devotion to her students.  
B) Angela's repeated courage to face any difficulties.  
C) Angela's great contribution from years of hard work.  
D) Angela's reminders of staying persistent in our goals.

# Speaking

## Practicing conversational skills

### Useful expressions: Asking for and giving directions

#### Asking for directions

Excuse me. Can/Could you tell me how to get to the post office?  
Excuse me. Can/Could you please tell me how I can get to Main Street?  
Excuse me. Can/Could you tell me where the community center is?

Excuse me. How do I get to Oxford Street?  
Excuse me. How can I get to the local market?

Excuse me. Where is the closest bookstore?  
Excuse me. Where is the nearest supermarket?  
Excuse me. Which is the best way to get on the highway?  
Excuse me. What's the best way to get to your office?

Excuse me. I'm looking for Hope Road. Can you tell me where it is?  
Excuse me. I'm trying to get to Downing Street. Which bus should I take?  
Excuse me. I'm looking for the nearest subway station. Do you know how I can get there?

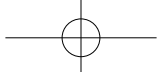
#### Giving directions

The easiest way is to take subway Line 5.  
The best way is to turn left at Main Street.  
The quickest way is to take 3rd Street.  
Go straight ahead till you see the post office and then turn left.  
Go straight ahead after you reach the traffic lights.

Take Park Street.  
Take the second road on the left and you will see the office building on the right.  
Turn left when you see a roundabout.  
Turn right at the end of the road and my office is No.18.  
Turn right at the crossroads. Then keep going for about one mile.

It's two blocks away from here.  
It's about a 10-minute walk.

At the corner of the road you will see a yellow building.  
The post office is opposite the yellow building.  
The supermarket is next to the post office.



## Model dialogues

### Dialogue 1

A: Excuse me. I'm looking for the nearest subway station.

B: OK. Go straight ahead, and then take the second road on the left. It's about 150 meters down the road on your left. You can't miss it!

A: Thanks!

B: You're welcome.

### Dialogue 2

A: Excuse me. Could you tell me where the community center is?

B: It's on Monroe Street.

A: How can I get there?

B: You stay on Main Street. Go straight ahead for three blocks until you get to Monroe Street. Turn left and you'll see a blue building. The community center is just next to the blue building.

A: So I should turn left on Monroe Street and keep walking until I see a blue building.

B: Correct.

A: Thanks a lot!

B: My pleasure.

## Now, it's your turn!

### Situational dialogue 1

“ You are invited to a party held at your friend's apartment. You tell your friend you are driving a car to his/her place and ask him/her about the easiest way to get there. ”

### Situational dialogue 2

“ A stranger is asking you about the way to Royal Bank. Tell the stranger how to get to the bank. Try to refer to some landmarks such as “the roundabout” and “the Grand Theater” so that the stranger can easily find the way. ”

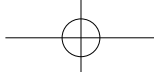


## Listening and speaking: Passage

**Task 1** Listen to a passage. Fill in the blanks with the information you have heard.

- 1) Some people find music \_\_\_\_\_, while others find that music \_\_\_\_\_ them from their work.
- 2) Some scientific studies have shown that listening to music can lead to \_\_\_\_\_, but other scientific studies have shown that music can \_\_\_\_\_ for some people.
- 3) For some people it is \_\_\_\_\_ to listen to music before studying instead of \_\_\_\_\_. So, listen to a good song when you need to \_\_\_\_\_ your studying \_\_\_\_\_!





**Task 2** Listen to the passage again. Decide whether the following statements are true (T) or false (F) according to what you have heard.

- 1) (T/F) There is no simple answer to the question if listening to music helps with studying.
- 2) (T/F) Exciting music is preferable at a dance party.
- 3) (T/F) Listening to fun music may help one concentrate on study.
- 4) (T/F) Many scientists believe that listening to music during a study break can help one get ready for study.
- 5) (T/F) Sounds from nature may help one focus when one finds silence, music or voices distracting.
- 6) (T/F) Nice sounds like rain falling may make one relax more and sleep better.

## Speak out!

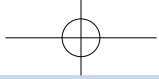
Work in a small group and discuss the following questions.



1. Do you like listening to music while studying? If yes, what kind of music do you usually listen to?
2. What are the positive/negative effects that listening to music has on your study?
3. Is it a good idea to play some background music for students reviewing lessons in the classroom? Please give your reasons.





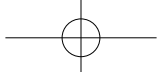


## Listening and speaking: Lecture

**Task 1** Listen to a lecture. The following chart is about the difference and similarity concerning the definition of a good life. Fill in the blanks with the information you have heard.

Definition of a good life	
Difference	1) Having _____ a day and _____ over their head 2) Having a huge house and _____ in the bank
Similarity	A life that is _____.





**Task 2** Now listen to the lecture again. Complete the following outline about the ways to a good life.

**Ways to a good life:**

- 1) The thought of all that work, \_\_\_\_\_, and problems can \_\_\_\_\_ you. ... Life is hard. Accept that. Once you have, you will have \_\_\_\_\_. You will think of your situation as \_\_\_\_\_ to all people, and not \_\_\_\_\_.
- 2) You have responsibility for how you \_\_\_\_\_ to life. So, accept that life is hard, but accept that you can \_\_\_\_\_, too.
- 3) And once you take responsibility for \_\_\_\_\_, you will no longer live life with a negative attitude. At that point, life is still hard, but you make the final decision, which makes life more \_\_\_\_\_ and \_\_\_\_\_.

## Speak out!

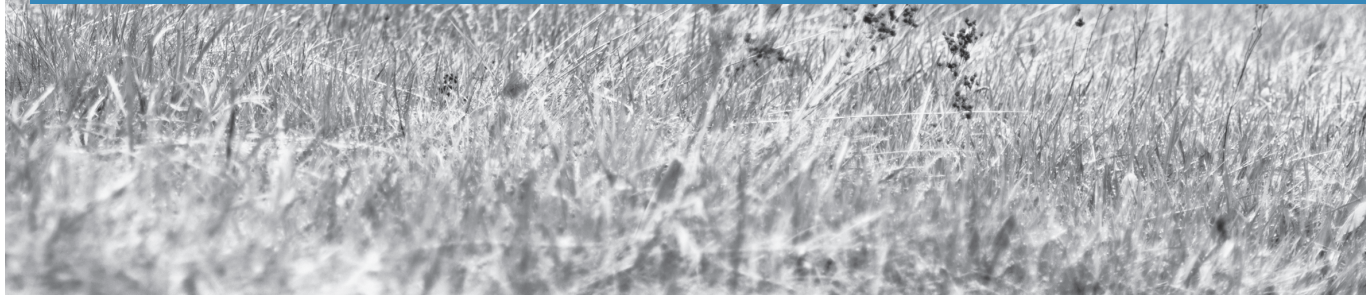
1. Discuss the following questions with your partner.

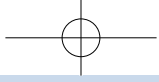


- 1) What is a good life in your mind?
- 2) Do you feel that life is hard? And why?
- 3) What can you do to make your life better?

2. In the lecture the speaker defines a good life in many ways. Now define happiness in terms of an activity that you normally do. Work in groups of four and vote for the best definition of happiness and present it to the class. The following is an example of a simple definition of happiness:

Happiness is when the whole family gathers together to celebrate the New Year.

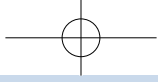




## UNIT REPORT

Prepare a three-minute talk on one of the following topics. You'll be asked to present it in the next class.

1. What success story do you have about yourself? What actually led to your success?
2. Which plays a greater role in one's success, inspiration or perspiration (hard work)?
3. Is it true that nowadays one cannot succeed without a powerful parent or friend?



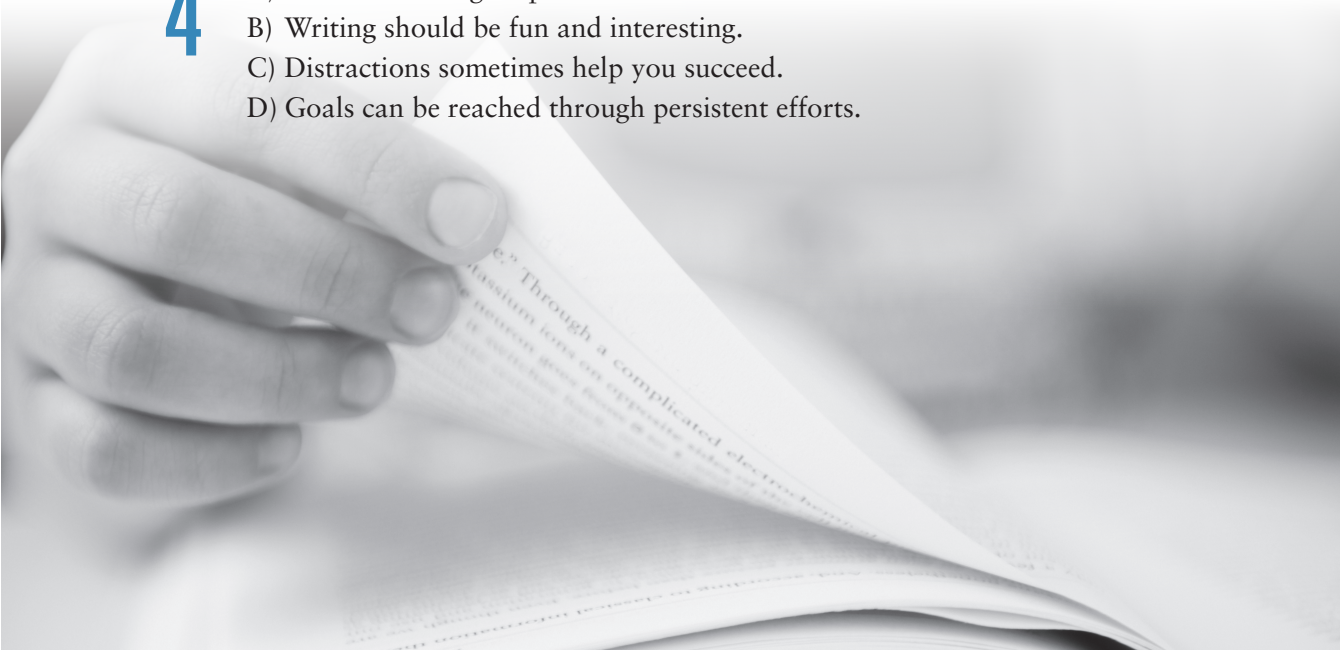
# Homework

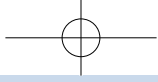
## Section A: Understanding conversations

**Directions:** Now you will hear a conversation. At the end of the conversation, you will hear four questions. After you hear a question, choose the best answer from the four choices.

The following questions are based on what you have just heard.

- 1 A) He has been able to focus on his story.  
B) He has had his first short story published.  
C) He has published 10 stories over the past years.  
D) He has written an exciting story in only three weeks.
  
- 2 A) A friend of the man.  
B) A well-known writer.  
C) A publisher who helped.  
D) A character created by the man.
  
- 3 A) Mr. Smith is inspired by a fly trapped in his room.  
B) Mr. Smith is amused having something stuck in his teeth.  
C) Mr. Smith has to overcome small challenges to reach his goal.  
D) Mr. Smith has a difficult time rejecting his friends' invitations.
  
- 4 A) Life is full of big surprises.  
B) Writing should be fun and interesting.  
C) Distractions sometimes help you succeed.  
D) Goals can be reached through persistent efforts.



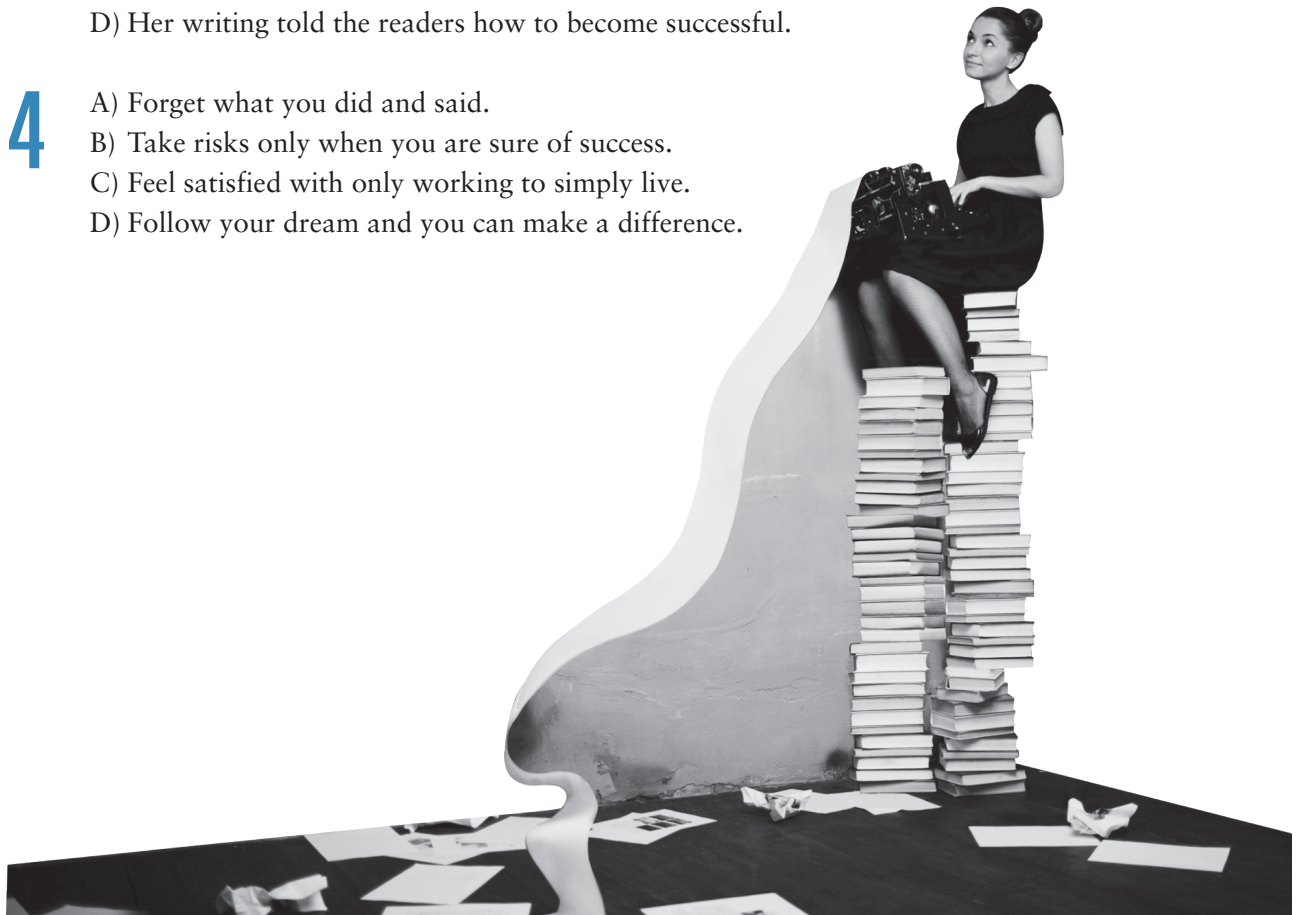


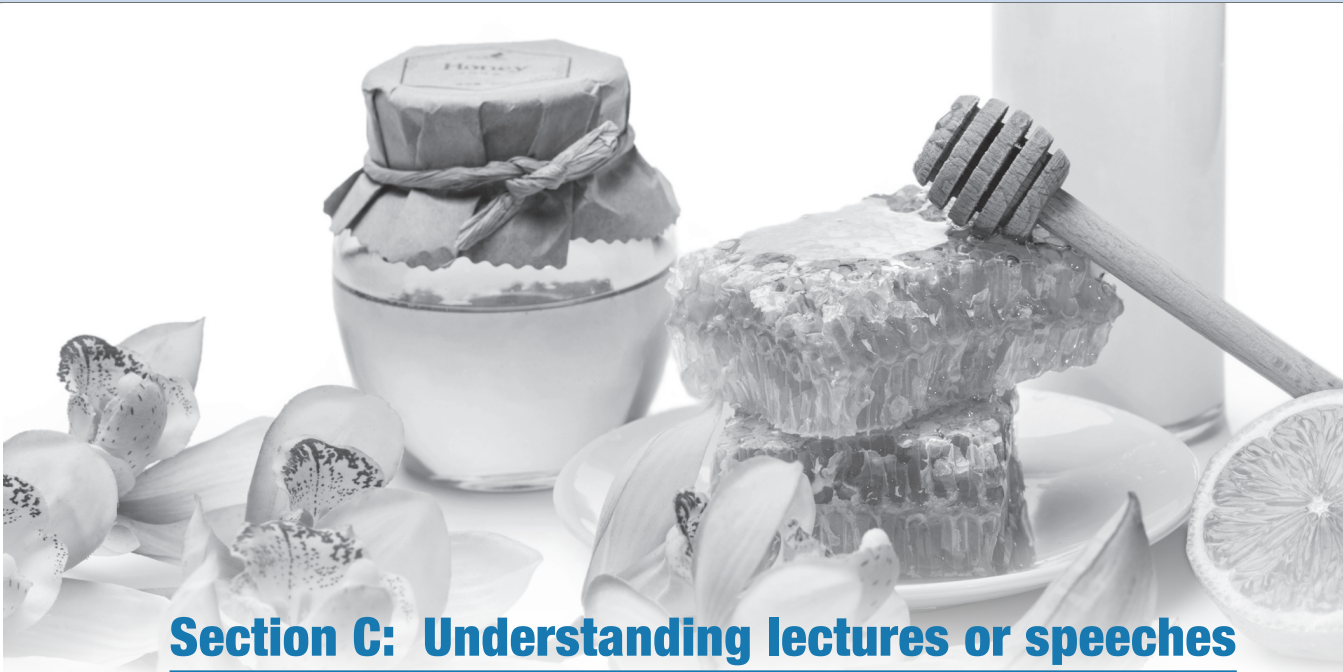
## Section B: Understanding passages

**Directions:** Now you will hear a passage. At the end of the passage, you will hear some questions. After you hear a question, choose the best answer from the four choices.

The following questions are based on what you have just heard.

- 1 A) Because she never dreamed of writing books.  
B) Because she found writing a very difficult thing.  
C) Because she got no inspiration from reading books.  
D) Because she felt only special people could become writers.
- 2 A) Because she found she was born a writer.  
B) Because she wanted to achieve her dream.  
C) Because she regretted not having tried before.  
D) Because she wanted to make a woman of values.
- 3 A) Her writing connected her with her readers.  
B) Her writing was full of her profound regret of life.  
C) Her writing was full of high and important values.  
D) Her writing told the readers how to become successful.
- 4 A) Forget what you did and said.  
B) Take risks only when you are sure of success.  
C) Feel satisfied with only working to simply live.  
D) Follow your dream and you can make a difference.





## Section C: Understanding lectures or speeches

**Directions:** Now you will hear a lecture or a speech. At the end of the lecture or speech, you will hear some questions. After you hear a question, choose the best answer from the four choices.

The following questions are based on what you have just heard.

- 1** A) How important honey is to bears as food.  
B) How wonderful honey is to humans as food.  
C) What a role honey has to bring humans light.  
D) What significant roles honey has played in human history.
- 2** A) Making candles.  
B) Healing wounds.  
C) Sweetening foods.  
D) Serving as a symbol of power.
- 3** A) Make it a symbol of love.  
B) Preserve bodies after people died.  
C) Represent the power of an emperor.  
D) Produce candles to bring light on dark nights.
- 4** A) Honey has become more widely used as a symbol of power.  
B) Honey enjoys greater popularity in its medical use.  
C) Honey has become the most popular sweetener.  
D) Honey stops being enjoyed as a wonderful treat.