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UNIT	TOPIC	WARMING-UP	LISTENING & SPEAKING	GUIDED READING & WRITING
1 P2	LEARNING	<ul style="list-style-type: none"> An extract from "Of studies" Various learning approaches 	<ul style="list-style-type: none"> Sentence reproduction Gap filling: English-speaking suggestions Note taking: Lisa's secret of enlarging English vocabulary Expressing hopes and wishes Having a dialog: final exams 	<ul style="list-style-type: none"> The bulb lit up How did I create a rich English environment for myself?
2 P22	ORGANIZATIONS	<ul style="list-style-type: none"> An extract from "Man is here for the sake of other men" Different societies 	<ul style="list-style-type: none"> Sentence reproduction Gap filling: signing up for clubs Note taking: benefits of joining a student club Expressing intentions and plans Having a dialog: student societies 	<ul style="list-style-type: none"> Joining a society in college The election speech for the president of the Students' Union
3 P42	HEALTH	<ul style="list-style-type: none"> An extract from "Three days to see" Do you live a healthy life? 	<ul style="list-style-type: none"> Sentence reproduction Gap filling: stress relief Note taking: how to stay healthy in college Expressing worries and relief Having a dialog: weight loss 	<ul style="list-style-type: none"> Home alone: the first time I got sick in college Why am I willing to have cosmetic surgery?
4 P62	HOBBIES	<ul style="list-style-type: none"> An extract from "Find something you love and enjoy" Different and common hobbies 	<ul style="list-style-type: none"> Sentence reproduction Gap filling: respective hobbies Note taking: hobbies that can make us smarter Making an invitation Having a dialog: hobby cultivation in college 	<ul style="list-style-type: none"> How I spend my leisure hours Are interests and hobbies the same thing?

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INDEPENDENT READING & WRITING	EXTENDED READING	PRACTICAL READING	PRESENTATION
<ul style="list-style-type: none">• The list• An essay about "learning"	The value of e-books in the digital learning experience	Elective courses	A certain special skill
<ul style="list-style-type: none">• The importance of joining student organizations in college• An election speech	Some strange student societies	Student organizations	Welcome to our society
<ul style="list-style-type: none">• Why you don't have to exercise every day• An essay about "health"	Five big health issues on campus	The health products with cutting-edge design	First aid
<ul style="list-style-type: none">• Why don't the Millennials have hobbies anymore?• An essay about "hobbies"	Degree vs desire: how to keep your hobbies in college	The podcast for gardening lovers	Hobbies of college students