

Unit 1

Leisure Activities



PART 1

Word tips

magician 魔术师
upright 直立地
twist 扭转
grain of salt 盐粒

Listening, Understanding and Speaking

Listening I

- 1 Listen to a passage about some tricks and check (✓) the statements that are true.
 - 1 You may entertain your friends at a somewhat boring party with some tricks.
 - 2 For the successful performance of the tricks, you need special materials.
 - 3 You have to practice a lot to give successful performance.
 - 4 The magician takes the coin before he pulls the handkerchief off his hand.
 - 5 The magician can learn what is on the audience's mind when he looks at them.
 - 6 There is no chicken in the egg at all.
- 2 Listen to the passage again and choose the best answer to each of the questions you hear on the recording.
 - 1 A To take out the handkerchief.
B To feel the coin under the handkerchief.
C To take the coin away from under the handkerchief.
D To put a coin under the handkerchief.

- 4 A Developing strong arms.
B Becoming a good swimmer.
C Learning to be independent.
D Acquiring a good sense of balance.
- 5 A Self-confidence.
B Interest and skill.
C Qualifications.
D Proper training.

2 Listen to the interview again and decide whether the following statements are true (T) or false (F).

- 1 Both Adrienne and her family travel a lot.
- 2 Adrienne considers jewelry a good thing to start a conversation.
- 3 Jonathan loves canoeing because he likes water.
- 4 The trouble with canoeing is that it is difficult to find the right place for canoeing.
- 5 We can infer from the interview that both Jonathan and his father like canoeing.
- 6 Jonathan has made canoeing his career.
- 7 Adrienne would like to have a canoeing center herself someday.
- 8 Adrienne has received formal training in jewelry design.

3 Work in groups to discuss the following questions.

- 1 What are your hobbies? Why do you like them?
- 2 Do you think your hobbies and your career are an either or situation for you? If so, why? If not, how could you make your hobbies into a career?

Listening III

1 Listen to a conversation between Gerry and Judy and complete the following sentences with the information you get.

- 1 I don't think I would like to see the film. It would _____ for me.
- 2 Really? Oh, give me a film _____.
- 3 _____, if I had to choose between the film of a story and the book of it, I'd _____.
- 4 Yes, it's much more real. You can get the _____ better. You know, the _____ and _____ shots, _____ costumes, the right _____.
- 5 Anyway, I think you get much more _____ when you read a book.
- 6 I know, but it's a _____. It's fun.
- 7 All right. Let's _____.

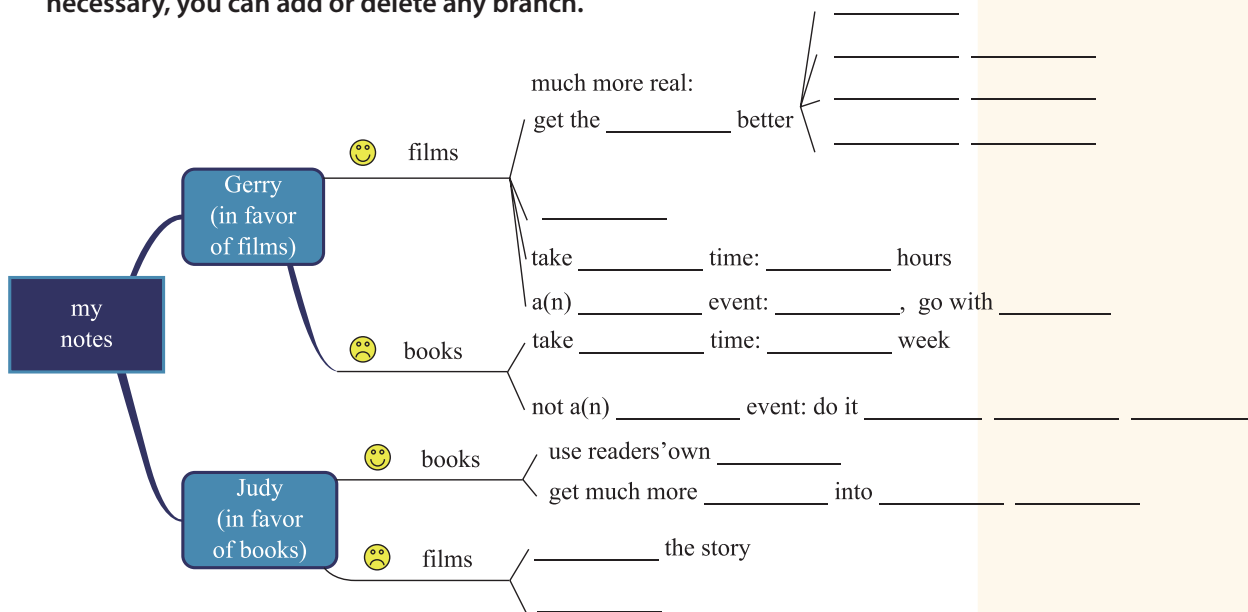
Word tips

photography 摄影

location shot 外景镜头, 实景拍摄

period costume 具有特定时期或时代特点的服装

2 Listen to the conversation again and summarize Gerry's and Judy's ideas respectively, including both pros and cons for reading books and for watching movies. The following mind map is for your reference. If necessary, you can add or delete any branch.



3 Work in groups to discuss the following questions.

- 1 Which do you prefer: reading a novel or watching a movie? Recommend a novel or movie that you like best to your group members.
- 2 How would you feel if your favorite novel were made into a movie?

Listening IV

1 Listen to a talk about different types of parties and check (✓) the statements that are true.

- 1 Sally's parents-in-law pay for the wedding reception.
- 2 There is a band in the wedding reception and everyone dances.
- 3 There is a garage in Pete and Rose's new house.
- 4 In the housewarming party, the guests eat a big meal and have a great time.
- 5 In the open house party, the hosts serve a cake and all the guests get a piece.
- 6 In the neighborhood party, people dance and have conversations.

2 Listen to the talk again and complete the following sentences with the information you get.

- 1 Wedding Reception: All the guests eat _____. There is a _____ and, after dinner, everyone _____. At the end of the reception, Sally and her new husband cut the wedding cake and all the guests get a _____.
- 2 Housewarming Party: Everybody comes to see the new _____. Pete and Rose serve _____, sandwiches, and _____.

Word tips

Sally Marino 莎莉·马里诺 (人名)

reception 招待会

housewarming party 欢庆乔迁新居的宴会

Sarah Robinson 莎拉·鲁滨逊 (人名)

open house 家庭招待会

pretzel 椒盐饼干

- 3 Open House Party: During Christmas time, Ted and Sarah Robinson _____ their friends to an open house. The guests _____ and leave whenever they want. About _____ people come to the open house.
- 4 Neighborhood Party: Mr. and Mrs. Todd ask their neighbors to come to an evening party. They don't serve much food, just _____. _____ is important with people asking questions like "What's _____ _____?"

3 Work in groups to discuss the following questions.

- 1 What are the major types of parties that you are familiar with? What do people usually do at these parties?
- 2 When everybody wants a bit of fun but nothing really happens at a party, besides doing tricks, what else can you think of to entertain the party? Try to make sure your game will get everyone involved.
- 3 Which party is the most memorable one for you? It can be a TV party or a party that you organized or were involved in organizing.

PART 2

Viewing, Understanding and Speaking

Topic

Talking About DVDs

Characters

Julia (girl)
Nathan (boy)
Dora (girl)
Jason (boy)

Setting

In the school gymnasium

(In the school gymnasium after the spring break, Julia, Dora and Jason are exercising. Nathan comes.)



Word tips

refreshed 精神振作的; 恢复活力的

crutch 拐杖

Crouching Tiger, Hidden Dragon 《卧虎藏龙》

1 Watch a video in which four people talk about the spring break and match their spring break activities in Column A with those in Column B.

Column A

- 1 Nathan: I didn't go anywhere.
- 2 Jason: I had a great time with friends.
- 3 Julia: I visited a friend in Yiwu.
- 4 Dora: I did some schoolwork.

Column B

- A I went on a ski trip.
- B I watched movies on my DVD player.
- C I had a DVD party at my place.
- D I watched some DVDs at home.

2 Watch the video again and complete the following sentences with the information you get.

- 1 You look _____ after the spring _____.
- 2 I went North with some friends for a _____. We also had a great time, _____ Bill broke his left leg and we had to carry him _____ down the ski _____. He's still on _____ now.
- 3 Then I had a DVD party at my place with _____ of friends.
- 4 I did some schoolwork I had to _____.
- 5 Unfortunately the DVD player couldn't _____.
- 6 If you want to _____ of movies, then you should go to the cinema.
- 7 It is convenient for young couples to _____.
- 8 Young lovers have _____ being together in the movie theater.
- 9 It's called an E-DVD player. It has better sound and _____ than a DVD player.
- 10 That's too expensive for me. I'll _____ my DVD player for now.

3 Repeat a few important lines and try to imitate the speakers' pronunciation and intonation.

- 1 You guys have to go there someday.
- 2 Watching them is becoming very popular.
- 3 You can replay it as many times as you like.
- 4 Of course, you can rent DVDs. That's even cheaper.
- 5 It costs much less to watch DVDs at home than to go to the movies.
- 6 I think it's more relaxing to watch DVDs.
- 7 You don't have to worry about bothering others, especially if the movie is sad and makes you feel like crying.
- 8 Well, you have to get good DVDs.
- 9 That's one of the reasons why people still go to the movies.
- 10 I think it is more romantic to go to the cinema.
- 11 That's why many young couples like to go to the movies.
- 12 For one thing, I don't have a girlfriend, and seeing couples around makes me feel sad.
- 13 Sometimes they may talk loudly. And that really bothers me.
- 14 So you prefer to watch DVDs at home?
- 15 You don't have too many choices when you go to the cinema.
- 16 Do you think that DVDs might take the place of movies in the future?
- 17 Oh, here's a newspaper. You can find out more about it yourself.
- 18 Perhaps we could exchange our DVD movies.

4 Work in groups to discuss the following question.

How do people watch movies now and what do you think will be the future of movies?

Video Appreciation



■ About the video clip:

Dr. Jeff Gardere is a clinical psychologist, and an *NBC Today Show* contributor. In this video clip, he informs us of the definition and signs of Internet addiction. Then, he offers tips for us to cut back on Internet use if we are spending too much time on it.

Word tips

mainstream 主流的
skyrocket (非正式) 急升, 剧增
susceptible 易受影响的, 易受损害的
porn 色情电影

1 Watch a video clip about Internet addiction and decide whether the following statements are true (T) or false (F).

- 1 We can do almost anything from the comfort of our computers now according to Dr. Jeff Gardere.
- 2 Internet use has increased greatly since the 1980s.
- 3 Five to 10 percent of the population is addicted to the Internet according to some reports.
- 4 The medical community considers the overuse of the Internet a psychological disorder.
- 5 A person spending a lot of time on the Internet has an addiction.
- 6 People with depression, anxiety or other mental illnesses are more likely to be addicted to the Internet.

- 7 It is easier for people to socialize online than getting out of the house to socialize.
- 8 One should talk to a mental help professional to learn how to reduce the time spent on the Internet.

2 Watch the video clip again and complete the following table with the information you get.

Wide use of the Internet	People use it in schools, 1) _____, at home, in the car, at the 2) _____, or at the 3) _____.
Problems with the use of the Internet	Compulsive Internet use can interfere with school, work, 4) _____, and 5) _____.
Signs of Internet addiction	<ul style="list-style-type: none"> • Feeling 6) _____ about one's computer use and 7) _____ of family, friends, or 8) _____ in order to spend time online; • Thinking about it frequently when not on the computer and trying to figure out ways one can 9) _____ the Internet; • Looking for 10) _____ from school, work or family events; • Feeling anxious, 11) _____ or 12) _____ when one can't be on the Internet; • Lying to family and friends about how much time 13) _____; • Trying to 14) _____ on the computer and usually fail.
Ways to cut back on the use of the Internet	<ul style="list-style-type: none"> • Scheduling time with friends and family members. Inviting them out for 15) _____ or a 16) _____ and leaving one's iPhone, Blackberry or other smart phone at home; • Giving oneself 17) _____ where one is allowed to use the Internet. Making a list of one's Must Dos like 18) _____, or 19) _____, and getting these done first; • Setting a timer and make sure one 20) _____ when time is up.

3 Work in groups to discuss the following questions.

- 1 What are the common things we do on the Internet? How may they cause addiction?
- 2 Have you ever been addicted to the Internet?
- 3 Which tip(s) on getting rid of Internet addiction as mentioned in the video clip do you think might be the most helpful? Why?
- 4 Besides the tips mentioned in the video clip, what other suggestions would you give on how to avoid or cure Internet addiction?

Singing for Fun

■ About the song:



Written by Tim Nichols and Craig Wiseman and performed by American country music singer Tim McGraw, “Live Like You Were Dying” appeared on Tim’s *Live Like You Were Dying* album in 2004. The album spent seven weeks at No. 1 on the Billboard 200 chart. It was also the No. 1 country music song for the year 2004.

Listen to the song “Live Like You Were Dying” and learn to sing it.

PART 4

Further Speaking and Listening

Further Speaking

Work in groups to do the following activities.

A pictiory (picture + dictionary)

Match each of the following items with a related picture.

- | | | | |
|-------------------|--------------|-----------------|-----------------|
| A. voluntary work | B. gardening | C. a bar | D. a casino |
| E. pool | F. art | G. rugby | H. horse racing |
| I. car racing | J. cycling | K. bodybuilding | L. newspaper |
| M. polo | N. books | O. chess | P. photography |



1. _____ 2. _____ 3. _____ 4. _____



5. _____ 6. _____ 7. _____ 8. _____

Step
ONE



9. _____ 10. _____ 11. _____ 12. _____



13. _____ 14. _____ 15. _____ 16. _____

Step ONE

Discover how the British spend their leisure time and report your findings. The picti-nary in step one and the following questions are for your reference.

- 1 Do people there generally use their free time to relax?
- 2 What are the general indoor activities? What about those outdoor activities?
- 3 Does season change have a huge impact on their leisure activities?
- 4 Is pet ownership popular there?
- 5 Does reading play an important role in their life?
- 6 How do people enjoy their social life?
- 7 How do people usually spend their weekends?
- 8 Do families often enjoy their leisure time together?

Step TWO

Prepare a speech to a group of British visitors, telling them how people in your country enjoy their leisure activities. You may start the speech with something interesting, like a story or a description of how people are enjoying their leisure activities.

Step THREE

Word tips

aerobic 有氧运动（指跑步、散步、游泳等加强心肺等循环功能的运动）

Word tips

keen on 热衷于，对……着迷

Steve 斯蒂夫（人名）

nevertheless 仍然，不过

foreign currency 外币

fancy 喜欢

Further Listening

Listening I

Listen to a conversation between Cathy and a receptionist and choose the best answer to each of the questions you hear on the recording.

- A In a fitness center. B In a shopping center.
C In a movie theater. D In a high school.
- A Two. B Three. C Four. D Five.
- A 5:30. B 6:30. C 7:30. D 8:30.
- A £1. B £2.5. C £3.5. D £4.5.
- A The 8:30 class. B The 12:30 class.
C The 5:30 class. D The 6:30 class.
- A She lives in London. B She is in London for a short time.
C She is good at dancing. D She loves jazz.

Listening II

1 Listen to a conversation between Juliet and Steve about their holiday plan and choose the best answer to each of the questions you hear on the recording.

- A Italy. B France. C Britain. D Spain.
- A Sunshine. B Cost. C Language. D Transportation.
- A Weather. B Food.
C Time difference. D Foreign currency.
- A Meeting new people. B Getting suntanned.
C Practicing foreign languages. D Getting to know Britain better.
- A It has too much sunshine. B It is cold.
C It is beautiful. D It is warm.
- A He doesn't speak foreign languages.
B He doesn't need to practice his French.
C He doesn't like to travel alone.
D He doesn't have long holidays.

2 Listen to the conversation again and complete the following sentences with the information you get.

- I'm not all that _____ traveling really. I'd rather stay at home.
- _____ having a holiday here in Britain is that it's cheaper. And _____, traveling in Britain would be easier. No boats, planes or any thing.
- _____, what I can't stand is _____ foreign currency, changing money and all that when we go abroad. And, it's so _____.
- I just don't _____ another cold English summer.

Listening III

Listen to a passage about football and choose the best answer to each of the questions you hear on the recording.

- 1 A In the 16th century. B In the 18th century.
C In the early 19th century. D Before the 16th century.
- 2 A About 12. B About 50.
C About 100. D About 200.
- 3 A It was very rough.
B It was similar to a modern football game.
C Very few people enjoyed the game.
D It was played only in schools.
- 4 A Because they were too rough and were forbidden then.
B Because only football club members could play the game.
C Because there were no set rules then.
D Because they often provoked fighting in the audience.
- 5 A Football matches became popular all over the world.
B Frenchmen agreed to join the Football Association.
C The first set of rules for all football clubs was agreed upon.
D England became a member of the Rugby Union.

Listening IV

1 Listen to a story about three friends and choose the best answer to each of the questions you hear on the recording.

- 1 A Mike. B Pat. C Bob. D None.
- 2 A To put his hand on a solid wall. B To hit the wall.
C To hit Pat's hand. D To hit Bob's hand.
- 3 A Mike. B Pat. C Bob. D None.
- 4 A Pat. B Bob.
C Pat and Bob. D Neither Pat nor Bob.
- 5 A On a rock. B On a solid wall.
C Over his face. D Over Pat's face.
- 6 A He was worried. B He was unconscious.
C He was dead. D He was satisfied.

2 Listen to the story again and check (✓) the statements that are true.

- 1 Pat, Mike and Bob didn't get along well.
- 2 Pat was brighter than Mike.
- 3 When Bob hit Mike's hand, Mike forgot to pull his hand away.
- 4 Bob was knocked to the ground by Mike.
- 5 Bob was worried while Mike was lying on the ground, unconscious.

Word tips

Roman (古) 罗马的
rough 粗鲁的, 粗暴的
Rugby Union (每队15人的) 业余英式橄榄球
Football Association 足球联合会

Word tips

longtime 长时间的, 为时甚久的
dull 愚钝的, 愚蠢的
sidewalk 人行道
blow 重击, 击打
unconscious 失去知觉的, 神智不清醒的
recover 恢复(健康、知觉、情绪等)